Prescribed 300mg Gabapentin 3x daily for muscle spasms. Diagnosed with benign (yeah right) hypermobility syndrome. Large amount of 500mg naproxen left over from previous injury. It would appear from the literature that naproxen and other NSAIDS increase the bioavailability of gabapentin. I generally take 500mg of Naproxen early during a shift so I can work.

Popped 300mg Gabapentin after waking, around 10am. Went to work, started at 11am. Ok, so meal break at 3pm, pop another 300mg of Gabapentin and 500mg of Naproxen. 15-20mins later things are happening. There is noticeable eye twitching, metallic taste in the mouth and all the other symptoms of elevated serotonin. Come back to work and I am flying. Work like a demon, pain free and going for it.

Suddenly it goes beyond the social norm. I’m gushing, chatting crap. Supervisor cautious of me, but doesn’t care as she’s going home at 5pm.

So, another 300mg... I’m working like an idiot. and then at 8pm I get to go home. And manage to sleep.

Wake at 6am to go to an 8am start. This feels like an MDMA comedown, but without the sleeplessness, hangover, etc.

Pop the morning 300mg and bang it’s driving me again. OMG, I want to give it another 300mg or maybe more Naproxen.

Mania (even if only hypomania) is fun.