3,4-methylenedioxy amphetamine HCl Commercial, purified by recrystallized

Ivan's MDA.

7 July 65 10 mg
no effect or very mild

8 July 65 26 mg
taken at 11:15 am, by 12:30, noticeable enhancement in visual
perception, some pupil dilatation, according to companions (Phil).
Elevation of mood, similar to amphetamine but lasting in fullness
Objs brighter, colors more intense. Tapering off by 3:00 pm.
This dose was 0.14 mg/kg, lower limit of effect noted by

14 Feb 67 55 mg
Taken 4:30 pm. Noted beginning of clarity by 5:30, peak 7:00 pm.
Color intensification; enhancement of visual clarity, perhaps describable
as contrast enhancement, which, together with color intensification,
produced a strong total visual effect without distortion (except for
an almost-beginning of warping). Lying down, a feeling of
satisfying contentment, feeling of body and warm effect. Relaxed,
happy, warm with heart beating. No eyes closed imaging; sounds
considerably lessened. Deep intermittent exaltation in breathing, especially
on exhalation. Went to sleep tending at 12:30 am, alternately restless.

March 67 100 mg
A deep intoxication but no perceptual distortion. Had nightmares.
Increased awareness of empathy. Self, them. Light on test; conscious to
LD, drive, etc., no difficulty with concentration or judgement apparent.

Test for the following two three days.
203

+ 20
+ 40
+++ 60 mg 11.25 AM [0.00] AT Oct 26 1976 [0.50] 12th note - pleasant window [1.10]
between two worlds (5 shaded, 1 window) - I would rather the other way about - but I can at least make sense in the one. [1.15 - 2.20] plateau+ let up on both fronts: chemical reality - a sensory physical reality. [3.30] largely cleared - all in all a fine experience - I would not be offended at 2nd effect - lets go 60 mg - MDA is somewhat less potent. MDA seems to sensibilise nature; MDA lets you do something. Both on delightful.

+++ 50 mg 12.00 AM [0.00] AT Oct 28 1976 [0.40] unscheduled - first hint [0.10] such a gentle and friendly human. MDA is a friend. [1.00 - 2.00] steadily building. Blue sky with his head at the top of the dead tree near the lab filled the valley with music. It's erotic without being bizarre. [3.00] taking off. The whole experience was totally controllable, intense but pleasant, drum like. [6.00 - 10.00] slight unwinding - a lingerer effect. As if my senses were slightly askew.

+++ 100 mg 12.15 AM [0.00] AT Oct 28 1976 [0.35] - first trace of windows and gradual from (0.35) to (1.10) to get complete. Some visual hallucinations in periphery. Erotic again, but substantially less intense [2.30] refugees. [3.10] largely out. Throughout evening - no off-effect at all (modest helpful 9 stopped eating) and since leg pain as if I had hiked a few miles yesterday. A little residuum tooth grisy at (0.10) still. No difficultly sleeping. Still miffed in the morning!

+++ 120 mg 9:30 AM [0.00] AT Jan 26 1977 [0.22] 2nd window [0.30] coming on strong - slight nausea [0.32] now so - several compound visions [0.40] diaphanous considerable - still nausea - slight when walking. [0.44] twin slowing [0.55] slowed lab, for started in lab - went to add fuel, still it - just started Jan +++. [0.55] uncontrolled twin slowing [1.00] this is a people drug [2.10] want call - emerge OK and only back in OK. [2.25] dropping in [3.00] completely uncontrolled. But cont. organs - excellent [3.45] dropping only [4.30] all gone except for Krafla-like grind.

+ 150 mg 9:30 AM [0.00] 5/27/77 [0.30] start [0.45] development well underway [1.00] wanderlusted controlled - full + - at chair - walk to PM's - Adi - physical canals nice - [2.10] cleaning [2.30] out except for both kinds - this lasts until [1.10].

+++ 120 mg 9:30 AM [0.00] 4/21/77 [0.23] 1st warning [0.25] start window [0.28 - 0.45] rapid development to hills. - watered down micro shapes but OK some hints of nausea up to +++ by [0.50] [3.30] skill ++ [2.00] ++ or ++ [2.65] drop to ++, eat [4.10] still +, able to yield to resist [7.00] clean minute [10] clear.

8.2 mg. 2:30 PM [0.00] 4TS Nov 7 1976 - slightest effect if any [1:10 - 2:00] at (3:10) 2 mg. (he ++ ) (we ++ ) [25] effect of 0.30. [1:10 - 2:10] talk - same object pulsing - "Kribbeln" [3:10 - 3:50] at normally. No was control [4:10 - 4:20] then render - overall (+) of was y ++ ) D 0 A . gives + at 12 mg 12:18 PM [0.00] 4TS Feb 17 1977 at (9:30) a wave 7.0 mg. but it came upon me slowly and that force - I didn't see it as it came - over - substantially no effects! Two recent findings to consider. Yesterday (1/21/71) 5 mg. N. + DO. Also, 10 mg. above was with someone, and this was alone. Only 10 mg. at (5:30) 3/14/77 at (5:45) hints of light-headedness - at (1:10) at only (1:30) I am obviously functionally tolerant to all window effects - also light chest pain = complete wash-out for a few days.

16 mg. 9:30 AM [0.00] 9/21/77 on subject Atlanta, weeds, table, brushing - some moments of visual - no sleep - not too good an environment to test. Perhaps +.

10 mg. 2:06 AM [0.00] 9/16/76 after 1 more clean (5:00) check (1:00) at +, could be easily sufficiently early evening - (4:00) completely clean - moderate effects - not much window.

10 mg. 6:00 AM [0.00] 9/13/76 [0:30] check (0:05) every little if anything (2:00) at + if anything - fully pleasant - very clean - see fun. yesterday NO ++ .

20 mg + 10 mg. 5/15/76 9:15 PM [0.00] one day of MON [0:50] high at (0:45) development (1:00) fully potent. 00:00 - (1:30) still clean (4:20) at + at least (2:00) clean call in plane - early excc (3:00) coming down - 5F (9:00) clean. + 10 mg. selected effects - wanted (5:42) no similar. 20 mg. 5/14/76 9:55 (0:15) (1:05) moderate index + max. en Vi. 100% window normally.

Gray 20 + (at 2:00) at mg. (1:00) 7/15/78 9:15 AM [0.00] Smelling nice. quiet, sleepy. 4 mg. - (1:00) to + + +, exceedingly intense. (1:40) DB calls - light head - dark - eyes closed - mild adrenalin [1:55] sense - face in window - max. light eyes vision (2:00) fully ++ intense neurological +, strange hallucinations - sleep OK - very

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+++ 5:00g 11/21/76 9:15AM: [0:00] AFS Sunday. [0:35] almost believable [1st] effects [0.60]
going into normal threshold — it occurs to me that the concept of dASC/etc
is more important in a drugs acceptance than the potency [0.85]
cular of [1:50] effects. still developing — beginnings of visual effects.
[2:00] woodsy/morning in fireplace — on the edge of visual hallucinations
the note paper scrawls as I write on it. Tired. kinda just to get it fast
things want stability — moving all the time [3:00] coming of
communication (con. verbal) — this is it — too bad about the visual
obstructions — too bad about the long liveness — but that’s the way it
its intellectual explosion. There is light all around me, visually
everything is bathed in soft light — I can make things flow. However
I wonder if I could could stand others around me, or free as 5?
I would have to select an oath, which could not be violated,

- that they would direct their energy into writing, or into mind
  changing type work on demand, and not try to challenge the
  authority of the demander.

- that they would make no demand upon me that I would
  not be allowed to refuse.

- and if an emergency should come up, I should take control.
With these requirements met, this could be an incredibly tool to
evoke the intellectual unknowns — no one could change unchanged.
This, to another in my presence, would constitute psychology.
[4:10] some drugs and in intensity [5:00] becoming quite lucid —
residual states and muscule dreams. [6:00] still stays —
intellectually normal again at [6:30]. Still forthably, sheet at

+++ 4:00y 2/24/77 1:15AM ARTS (1.4 mg Darre Eberedebin) [6:00] sleep is being cut out
find light window [6:00] — sleepy woman —KL: some call to Joe at [6:00] AFS for
long walk — back at [6:00] — much talk in unusual communication — not too
productive — & with less loss of motor control, then ex — his sensing student.


+++ 5:30y [5:30] — graduated decline -- mildly day -- CP + moment
weakness. no peak effect of alone 11/21/76 bundled with sleep shot further. + + +
- 20 mg 11/30/70 - ATS 9:15AM 5 mg + 15 mg at 10:45 AM - no effects whatsoever.
- 40 mg 12/11/74 - ATS 10:35AM - feel tired. n.e.
- 60 mg 12/13/74 - ATS 2:45 PM - strongest hit at [0.5]? - no effects.
- 80 mg 12/18/75 - ATS 10:50AM - [0.3x] first window - interesting - but not MDMA. I feel as if I am looking at the world [popped eyes] [1:25]. Still SH threshold [10]
[2:10] completely clear - all was a SH but real threshold. At [3:10] a little blurry - as if w/ ft for 24 hrs - perhaps just the coughing from my cold.
- 100 mg 12/23/75 - ATS 9:45AM - m orange [0.25] & hit [0.25] rapid buildup.
- 120 mg add to the MDMA problem. I - warm light all around me. [0.5] = 50% into it. The drug does nothing but change the state - everything that occurs in bring into it. As intense as, as well as we chose to make again - like the alcohol drink. [1:25] dephasing off already - [2:10] completely clear - can't to last no residue! This is about as active, or somewhat less active, than MDMA, and somewhat faster & shorter lived. U. simile.
+ 100 mg 5/17/77 - ATS 9:10AM [0.25] warning [0.25] start from [7/3] clean at + one [2:00] dephasing ex - now.

- 200 mg 6/12/77 - ATS 2:15PM [0.5] some little thing [1:00] am at + but it was absolutely quiet gett
there. [200 mg to H.-A. & A. - yesterday] [1:00] shift + [2:00] what little I had in decreased
[3:00] clean except in a little jaw. + one at worst.
+ 400 mg 5/12/77 - ATS 9:33AM [0.25] shift at [0.25] start at [0.35] = develop to [1:00] which in +
-same [0.35] shift. plus go [1:30] clean (2:00) clean.
(+) 110 mg 5/17/77 - ATS 4:00AM only + at 1:2 hrs - previous history: from cholate at [0.15]; physical
effect - off-set 2:30 window on 5/13; tolerance is very on 9/2 - no conclusion from all this -
also see p. 243, 245.
+ 200 mg 6/17/77 - ATS 10:05AM = [0.25] flat until [0.35] - then a smooth simple develop
ment + [0.5] at +. Some [2:0] headache, eyes dilated, some seeing problems. [1:35] hand-
+ 200 mg 6/18/77 - ATS 10:45AM = [0.30] [0.35] start - develop from [0.35] to [0.50] + mild only - by [2:0]
++ 250 mg 6/17/77 - ATS 10:15AM = [0.25] [2:00] mg - [0.35] microscopic alert at [0.35] begin to a very
definite window + at [0.45] [1:00] some [2:00] headache - dephasing [1:30] dropping? [1:35] yes. [2:00] + 50 mg
barely to a +. Physical problems are definitely increased. Writing is [0.6] clean -
+ 200 mg 5/17/75 - ATS 9:25AM = [0.20] start at [0.40] start in eyes - to [1:10] a + - not the impact of
MDMA, but at 120 mg = 200(150) almost clear - explanation & LSD q.v. 267.
++ 100 mg 11/24/76 - ATS: 9:12 AM; running Dave & 100 mg edam at same time - first effect by all three at 0:30. Dave comments on odd (times attachment) to work routine. BZ - too much. [0:38] at 0:27 - I am overly volatile. [0:15 - 0:58] stable at 0:23 - quiet, vol. & calmer (each of us interested, but each can be quiet alone). At [3:05] I am at 90% & leave. Further comments: Dave - ATS: next! Still 10% - things move a jerkily without. I/r affect turning towards him = perspective novelty. Broke feeling to floor has a history of doin' things. Form has passed & we are now attenative to such movements. Some ambivalence to effects after dinner. On difficulty & sleep. ED: PM still 5%; overall extremely controlled yet rich. Prefers to subsequent 300 mg veronal. Some emotional release (less so, considerable to Pharmacy) and art relief (eye-drawing & pencils). No CNS for 0:35.

++ 110 mg 12/1/76 - ATS: 12:00 noon. Outside environment. Got overall duration [0:35 - 3:08] by again a 60% may window. Touchstone: pelicans, cyclone beach - no driving different.

+++ 125 mg 3/8/77 ATS 9:30 AM [0:10] [0:20] [0:30] slight window development [0:25 - 0:55] primarily developed up to full 100% window. One what feeling? [0:40] back of lab becomes a church house: moving very slowly - erotic & seems completely out of place. Pulse 120, B/P? [1:00] The world in complete in my church [1:20] how can one rate recovery? Hand-rubbing on turning very satisfying; still 100% (1:32) still 100% pulse back to 105 - health part. [1:38] first noticible drop I can allow my eyes to unblurrage ! [2:30] drifing [2:30] down to 23%. I could have drawn a played piano (2:30) at any time quite well. [3:00] not yet quite clear [4:00] out - w/e bit of residual - high church. On ASC scale.

+++ 100 mg 3/25/77 ATS: scene setting - critical hi. with mice in - in imitation of alcohol drink (no eat terminate) - snake - 12.5 hrs. ceramics in - soil time water - others - writer - until写作 - start 23:30 - last hotel another 1/16

+++ 120 mg 4/15/77 ATS: 10:00 AM [0:00] [0:20] B/P at [0:23] 0.30 to [1:20] Allen to sleep levels window [2:10 - 2:15] attempt last completely inebriated - forced them to get levels window [2:10 - 2:15] attempt last completely inebriated - forced them to get levels window [3:05] returning gradually [5:30] clean - present again 80 debut +

++ 80 mg chron - see page 232

+++ 80 mg

+++ 60 mg

continued 235
- 0.05 mg 12/11/76 5:00 PM. ATS no effect.
- 0.1 mg 12/21/76 12:10 PM ATS no effects.
- 0.2 mg 12/24/76 11:10 AM ATS no effects.
- 0.4 mg 12/26/76 10:30 AM ATS no effects.
- 0.7 mg 12/30/76 2:20 PM ATS no effects.
- 1.2 mg 1/6/77 10:33 AM ATS possible threshold at 1[1/2]; from 2[1/2-3] slight metallic taste - hang-over feeling - cut by [2[1/2] - probably no effect but up to 5[1/2]
- 3.0 mg 1/23/77 4:00 AM ATS = [0[1/2] ]; [2[1/2] ] very strong at best - probably nothing.
- (+) 8.0 mg 2/13/77 10:40 AM ATS = [6[1/2] ]; [8[1/2] ] light head [2[1/2] ] mild effects - a generally good effect. Many - nothing tangible [5[1/2] ] still aware - some tachy - effects have been steady for last 3 hrs - so this is long-lasting - there are lots of phegmat effects which may be leading me into breaking some of the mental. [6[1/2] ] almost constant phegmat - light head - general phegmat blunting - high alcoh - some insulins these are lessened by [6[1/2] ] and do not interfere with sleep at [11:00]. There is no desire to proceed any further, at least at the present time. Mental (+) slight next day - slight insomnia of persistence of tox.

Flip - 10 mg n.e. but +24 hours.

→ severe resistance to 5 mg PO/P.

See report of (+) STP
C^AT^C^tv^o

CH3

A - property 3,5,6-dichloro

Phenylfuranine

Procedural

- 6 mg 1/5/77 10:15 AM ATS - slight window effect - stable and still believable at [2:10] and at
[2:30] - absolutely nothing at [6:00]. No effect?

+ 15 mg 1/7/77 9:30 AM ATS - no noticeable effect of

anything. The middle of the day was relaxed, and beset with many brush-ups
by bad judgement (eg, turning off the car engine to get out to offer the gifts, offering
business dinner to get seconds, forgetting to buy the champagne for Owen's mission
dinner party, the number of lemon firm). In evening, judgement is fine - no sleep
problems. Not a psychotomimetic, but what is it. Try 25 on eyes.

- 25 mg 1/30/77 11:00 AM ATS at 5:10 a.m. Microscopic light-headed? (2:30) Nothing whatsoever

wasted day. [9:00] still nothing. Slight hang-over, feeling achy? no effect
to bed at (13:00) (midnight) and couldn't sleep until 2:30 AM, effect? no effect.

+ 40 mg 2/12/77 10:30 AM ATS at 5:00 a.m. [9:30] for the light-headed - parameter. (1:10) r Wakefulness

jargon. Merin (1.05) effects are nil - no good news for it, if 2x effects (at higher dose) ce -
if 10x - too much. (2.10) Paradox, feeling - I am reminded of x-o dts - but nil.
Masculine (2:30) and of homine - intense - hard flow (4:00) still peak - under good
control - but that is we, not the combined that is control. Hard averse, never in
4.9 - 3.5 DMA? - Clear by evening (10:00) - no difficulty sleeping. Better +

+ 60 mg 3/3/77 9:30 AM = [9:00] ATS (1:00) - some window - + something else. (2:00)

eye - open awareness - there is a glistening in all light against dark - I can (and
will) relax into a real effect (2:15) once - I can enter or withdraw as I wish.
(2:30) clear-headed work in the lab - but with shakes [5:00]. Still some
shakes - but window gone - I was mentally clear all day - but went
through an incredibly arab - day dreams. (7:00) at club - still a little
wide-eyed and hyperactive - mentally sharp. (8:00) still not as
well as morning. This is much more effective than mescaline at 100 mg (x)
or at 200 mg (x). Assign 5 M.U. as of now. This is just 1/2 of Gordon anyway.
Of feelings is equal.
The most important effect is however the balance, the feeling of to be between to worlds, the schwerer teich, the feeling (after you has passed the schwerer) that you can look to the world like from a airplan. And in the same time the possibility to be really in the midle of a forest: the possibility to shift to different levels of perception, feeling, thoughts.
You can handle the drug and not the drug you.
(No appetite at all)
Time course: After 20–30 min first effects
- 40 min = 50% 
- 1 h - 120 = 100% for 3 h
- ~6 h = 50% 
- ~12–20 h = 10% (hypotenuse effect)

Effects: ++!

Enhancement of mostly tactile, and visual perception. The perspective is the most change phenomenon: like a wide-angle lens (f=3.5) (Teunissen 1928) you see deeper, more distant, and during the same time the total field.

Shadows - slight increasing with 50–70 to color increase.

A very heavy resonance through the total bone appearance = skull! = section. Every Step has his resonance through the total body.

During half-time a musical input is to much, all music is louder, the normal feeling threshold is lowered.

The body is nearly weightless, there is no effort to grow up or break down.

The blood circulation is increased, to the result in a feverish feeling. The erotic - not sexual—lasting is increased, pleasant contact, expression
Ensemble of mostly tactile, less acute, and less visible perception.

Visually: only light + motion, no colors, moreover ~ 80% of touch-like effect in skin, shape, movement.

Tactile: the body is more sensitive, in warm and cold tones, body sensations are enhanced, the sensitivity in the tetanus field is the same like with all other substances.

A lot of inner trembling (uncertainty) by touching something.

In comparison to DMA (a homogenous drug) + 2C is less balanced, some properties are more enhanced, whereas other effects are diminishing. The window effect is lost with both legs, Ten Rand (with arm/rupee) still before the window.
0.2
+ 1.0
+ 1.4
+ 2.5 y + 1/8/77 10:20 AM ATS (1.5) awareness - 22/50 steady [3.5] normal flow of consciousness - focus on open (answer) - healthy choice - 0/00 [4.6] [5.0] not late
+ + + 4.0 y + 1/11/77 10:30 AM ATS (0.5) tiny light [light] flickering in maybe window - [1.6] very little it [almost a telepathic - like] unenlightened [3.5] still very...[9.0] this is a chemical effect - am able to hand out formal feedback and reorganize - revise my designs on helping people learn with drugs - stop being selfish and do if I mean the only one who could really...[9.0] I am in complete contact - even though I am very deeply into it.[6.5] begin reading in the 1/11 letter [6.5] deeply into it in completely out of it - how can I ever tell - a great deal of control in edge-effect pulling, object movement - will can flow in behavior, as I wish.
[7.5] [darkness] white light [flicker] in varied fields - this may might make night driving dangerous. [11.0] flickers gone [13.5] minor problem sleeping - then gradual restful sleep - in ATS refreshed - no residue. [3.5]
+ 3.0 y + 2/3/77 intent to directly challenge the 4 my DOCT (e.g.) as I go ++ intense interaction / hypnotic games, Denise. Able to drive carefully but well at [4-5 mph] residual effects evident through dinner [5] but not after ATS show Gettysburg. Clear at [12] C true, honest ++ Denise, intense, and truly psychological.

+ 3.0 y 2/22/77 interaction experiment 10:30 [6.00] [1.32 - 4.35] in continuous conversation with [e.g. through others eyes, success. Thought forms - remarkable uncommon dream - by eye contact [5.00] driving controlled but fine. Concept of "vin".
+ + 5.0 mg 2/1/80 12:03 [3.00] MP =. (1455) quiet start, walking to mail (100) between 9 and climbing [1/6] to ++ relatively quiet development [11.0] ++ [2/28] about ++ cognitively clear, cloudiness in behavioral vision. (Rest of notes bent. Check CL notes)
+ + 5.0 mg 5/3/80 11:26 [6.10] ATS, CD, CL 5 mg M.S. 4 mg + 1/1 [11.43]
- - + CM 4 mg R.E. 3 mg + 1/1 (2.05) CN, CD 3.5 mg 5.8 2 mg [2.01] - key to ++ or more ATS, CD. By: (2,05) by [2.01] (2,05) (2.05) (2.05) (2.05) (2.05) (2.05) (2.05) [2.05] (2.05)
- - + + int - healthy and [1/15] quiet for ++ or more ATS, CD. By [2.05] by [2.05] (2.05) patterns established. AB, BB aesthetic, CD highly successful [4,05]

- + K + [2/0] Kelly oscillates between 22/50 and 0/00 [4.05] CL 1 ATS. 50++

- CR quite light. CN heavy body - largely unpleasant - good in reheat. CD an incredible day - brightens hints of hidden anger. Warm farm day. Large storm [10] (water well) Susan excellent Kelly. [2/0] (still on through night - no sleep, farm C's by long fine tune 4:15). Early - reheat, extraordinary and CN sleep problems, eye difficulty - could not drive at [11/00]. Excellent day. See 357-
++ 11/15/77 10:30 AM ATS = 5:00 A.M. +1 [1.15] first paranoiacic thoughts (2:15) only light intoxication - less than DOM. [3:50] I can enjoy it too - maybe I - this might normally be normal - but there are signs of 'burning' but no windows. [4:30] still light effect - this has been very little how much. 2/1:30 still residual awareness [5:00] probably clear of symptoms

+++ 2/1/77 10:30 AM ATS = 7:00 A.M. +1 [1.15] effects noted and I was riches as I had forgotten to [1.5:50] slighf but was [2:1:5] subtle - cannot be ignored. As window or an SRT-phenomenon - only +. BUT as such, everyone - there was surely a++ better effect. Lakshmi in night! None of the SRT-phenomenon effect, - but me bring into function wherever one wants. Worked cleanly and to 11 PM - slept very well.

+++ 2/1/78 10:30 AM ATS = 7:00 A.M. +1 [1.15] effects noted and I was riches as I had forgotten to [1.5:50] slighf but was [2:1:5] subtle - cannot be ignored. As window or an SRT-phenomenon - only +. BUT as such, everyone - there was surely a++ better effect. Lakshmi in night! None of the SRT-phenomenon effect, - but me bring into function wherever one wants. Worked cleanly and to 11 PM - slept very well.

+++ 4:00 mg 16/9/77 10:15 PM ATS = 5:15 A.M. effect at 1:15 - combined interaction +1: unifies +1 at 2:15 intensely strong (2:30) to +++ - the psychosis of the 2-act - end it - except that there is now much less sensory distortion. [3:50] with bed + radio - mental confusion + eyes closed - open, weak and fall in 5:15 to bed. - sensory interaction is wild - but controllable. [5:15] fast in some success - wanted in straights up, but sensory is still wild. Lakshmi is away - this is an LSD-like phenomenon, + psychoses confuse.

+++ 6:00 mg 16/7/78 (AB 6.0, BB 6.0) 10:50 - (2:00) = [5:00] interact +2:17 very quickly in E+++ AB a little less, BB a little more (2:30 - 5:00) BB up to shate of blips - also less stellar motion - slight tremor. Periods of recovery. AB drugs back to combat and resist - I go back and forth - concerned by mist not worried. Periods of hypnosis and around many effects. [5:00] generalized version - BB my occassionally back like body still ++ or +++ 12:00 comfortable - fast - psychosomatic reasons, BB cleaner AB up. ++[12:00] recovers the ++ that he had dened himself. 16/05 dry bed (14+7.0) 7:00 AM sleep, slightly out, but overall "normal" of space flight - computers - watch on watch on DNA synthesis - dragon parade - otherwise. Complete recall second sleep (13:22)
LSD - a recalibration (cont. 264)

- 20Jy 1/22/77 9:50 AM. ATS. comminued twice sarry at 11:00-12:10 (18x240) -
  40Jy 1/24/77 10:20 AM. ATS [0:00] (0:30) - 1st note [0:05] more [1:10] read - nothing found -
effects totally in mind, no outside world confirmation [1:10]. I can start x-rhythm
thumps moving and I can turn off. [2:10] visions y controlled completely.

LSD is complex, MDMA is simple, as can be combined thought & act (d = 0.7)

(3:00) drinking (4:10) really perpiled (6:00) set free - no after effects

++ 60Jy 2/3/77 9:15 AM. ATS [0:33] noticeable window - develops f. 10 = 20% at [3:10] -
at [2:00] pretend to run even committee, ex. - kept intellectually fuzzy. I would
have to imitate the chach patterns of myself after - by memory - and I
had never heard that much attention to them. [2:30] - face detachment - deflection
[3:00] Before Ep 56 - affective act of balance this 12:30 orchestra 1st. [3:30]

noticible reals - [4:10] maybe for cut. - Change - almost no moving thumps
- distibuation not even noticeable - but intellectual fuzzy real. Weight effect on

- 60Jy 7/4/77 10:10 AM. [0:10] [0:40] effect (1:30) very light dancing (2:15) sat best, sat set 24/ft. 3/77 p. 233

+++ (++) 60Jy 7/30/77 11:30 AM [0:00] [0:30] aware of start - first (0:30 to 1:10) development of complex
(6:00)
LSD-window - hit it by window of MDMA, but dark LSD window - complex at [1:00] -
dancing (1:00-2:00) heavy - + + + - with start of open-ended "awareness" with face-mind
walking and intereractive chairs. Faces are blotched & exaggerated. Dinner talk on est was
strange - but well carried off. [3:15] largely retained (4:10) all out except in a trance physical

+++ for LSD window (dark window) and + for interactive disorientation - this is
a new parameter to bring into control.

+++ 60Jy 7/35 after leaving MDC) 8/7/77 see p. 247

+ 60Jy 2:00 after leaving MDMA) 9/10/77 see p. 247

+++ 60Jy (3:10 after leaving MDMA) 8/14/77 see p. 247

+ 40Jy 2:00 after leaving MDMA) 8/14/77 see p. 249

+++ 60Jy 9/13/77 (2:00 AM) 6:10 AM [0:00] first (0:15) [1:10] comes on - brittle edge (2:00) dinner
finished - can ++ - all blending out in front of me in pain, f. in dark - tears just start
then to window which is open to sky! Light f. house now in a fire of stars and
burning hoops. Again, difference between dark & day! see (Melbourne) - at (7:00) try
to sleep - OK - again & early remembered dreams. ++. I want try an a little at night

++ 60Jy 12/1/77 (6:45 AM = [0:05]) [0:30] decayed (1:00) - decaying rapidly to + + (200)

Hell + + y not worse - talk is illegible - thought processes are illogical
Change of crisis at mid-center - I cannot relate to inquiry or even
f. No affect (3:00) thumps still unreal. - I can get things to flow (3:20) seem &
always run higher g. value's gone back (5:30) substantially clear
From page 49, other subjects to 60 mg.:

- 1 mg
- 8 mg
+ 10.4 mg
++ 16 mg
+ 16 mg
+ 24 mg
++ 30 mg

2/19/77 9:00 AM: [0.00] [0.92] [0.32] first subtle note [0.45] slow window development very nice. [5:15] very well into window - but slow coming on makes it (1) very unstable
and (2) difficult to quantitate. I must be 50%. [1.05] change started - I am stable - search for new inputs. [2:30] steady. 3rd awareness truly enhanced - it would be impossible for any
person, at this level, on this drug, to have a bad trip. There is nothing disturbed,
so there is no loss of consciousness as a result. No sensory distortion. [3:00] still
full ASC, long talk on Garden Fons! [3:30] still full. This is a slow MDA - equivalent to 50 mg
fully as controllable - a marvelous drug. Would be good for introducing a person to slow-on,
slow off. No different intensity (unlike MDA). [6:00] drifting - window pretty much gone.
Some MDA faint remains. [9:00] clear except for some tooth ache. (11:00) all clear.

2/27/77 9:00 AM: [0.00] [0.32] note about light head [0.45] window development
slowly - occasional nausea [1:00 - 1:30] very smooth development of ASC - I can
surely do anything I wish (here, count stand, drive). Getting to this state (not the
state itself) was so smooth I decided to write. The state is quite severe however
[1:30] stretched feeling at eyes, above ears - as if eyes were hopping - knot of a
temporal vein felt - yet eyes are normal. This is continuous head pain. (2:30) eye
intense - and often for a while. [3:00] still fully full [5:30] some drowsy
[6:00] 60% confined - to SF (driving) but still some awareness of certain movement
at拒绝al [12:00] 6th residual tooth ache. This is at least my MDA but a longer time
scale.

3/30/77 9:00 AM: [0.00] to estimate long acting window "accelerate [0.30] 1/15".
Now it head [0.42 - 0.45] - complete development of ASC - slightly preferable
[1.35] fully shorthand - 4:15 yet I can control any outside sensation (in the
French sense). [3:00 - 4:00] lunch - still shorthand - plane ok, teeth ok [6:00]
sobbing up a bit. Came down ok but then I pretty much feel about all day.
The tooth ache remains. [9:00] sober - back pain - incredible tenderness
headache [12:00] to sleep - no problems. Next day no erotic, but not
anyway. Too long - too much guilt and jaw clench. Maybe the "6" issue?
Maybe the N-thing?

30 mg 6/31/77 9:00 AM: [0.30] [0.45] slow development (4:00) peak 5:00 to 6:00.
[3:00] no more than + - 1 mg - little additional effect - evening clear. 4:30 to 5:30.
true. Effect gave us very little to describe, because
we have no words in English to describe far
resemblance. By the time we had explained the first
vowel, she had lost all recognition of the
first syllable. All other sound vs. color effects
for her two specific phonemes (talk!!) after 60-
minute respiration sensation before sleeping,
with filled lungs by a sense conscious shift. With
alternatives: the possibility to separate different
phenomena and from them formal purpose
modification. She, the hoarding of a police car
can be separated from their car and connect
with two thoughts for an other purpose.
The object being the storage level you have to be able to
"observe" very clearly. I didn't like, but you can not
find the one object. You are able to change a
little behavior, but unlikely changing you. Later the
possibility to focus one all different depths. The life
is full and clear. The increase buddy are more
happily used to become a thing, however, the color
of explosion here is difficult in hearing.

Entertainment of conversations with the possibility to
wouldn't be this change. The affection is
close, and with you. It is not a near world.
Close. You think with your. It is not a near world.
If you can be perfected, continuously reality. In this
either you got surrounded. The feeling, the
other thing I'll keep house. I have no one
person. I have no one been. One ball. One
invite, not for people in your imagination, but
very close in front of you, in yourself. In this.
10 mg 2/26/77 10:30 am ATS - no effects.
20 mg 2/28/77 10:00 am ATS - no effects.
60 mg 3/12/77 2:37 pm ATS - at [2:00-2:00] an extraordinary muscular relaxation, certainly very nice - clearly an honest + as to euphoria - nothing sensory or mental. at [4:00] dinner (at Helen's apartment) went well but I had some further putting thoughts to words awkwardly. Played brilliant chess to Joe, and my French reading went unusually. Bienne, cloths-6. 10 pg. & in Arg. sleep OK.

60 mg 3/23/77 10:00 am. [6.00-6.00] - development of a quiet ASC [140] very real - none of the methylmethyl noise. Closer is noisy. There is quiet. [2:00-2:00] experienced in bed, in a den. Excellent. Attention can be held + external sounds (for safety, telephone, etc.) while a parallel image can unfold and develop in the mind. A face forms - a set of eyes, and you watch as the mind lurches it with colors, glitters, designs - you watch as it unfolds. Are you creating (am I creating) it in a flow process - creativity on demand, on call? or is it all churned away somewhere - performed - and just waiting out? Try using an on-line machine. Fine. & (3:00) lay outdoors until - drive to bank, photo shop, post office - all OK. All faces are with a nominal weakness - no one is pretty - but every one is somewhat human. Back at [4:30] - still strongly attack. [5:00] droopying. Good afternoon. ++

10 mg 4/14/77 1:05 pm. [3:00-3:00] ok. It seemed (1:00) subject effects [2:00] mentally thin and real effects - OK at + perhaps a frontal feeling from yesterday's [MDE-15.0] (5:15) what little fleeting effects are now long gone. + I must what after several days drug effect - free. This is not self-consistent.

60 mg ANHYDROUS BATCH. 4/14/77 5:05 pm. [6:00-6:00] AP +. Alerts + [3:30] by [1:15] at or above ++. This out 2C-6 & 2C-8 for criticism. Erst generation to humor, fantasy - more complex (unreality edgier) than 2C-6 (5:30) is a little - very much ++ almost +++ ++. AP ++. Driving impossible. St. Varten Symphony, by Hoyhannes, Unicorn #317 - As you participate in art, you become one with art, thus you are art. Fantasy can become irresistible for lack of edges for pulling out (griffing). [7:30] by sleep - 2 or 3 intense drags - 2 glasses wine tough the 0. shoo-up nervous system. Sleep to [14:00] evacuate ATS - not so AP. Good, intense ++ - with some physical price afterwards, but will write it ++
In general, one of the most impressive qualities of this drug is that it has been function - power "thinking-power". It goes straight forward to your self.

You can not looking to a movie, to a picture show, you are looking to, in yourself, looking from an other point of view, the pattern of your own thinking is lifted. At least one result is, that you are relativating your old positions, that you beat problems resulting from facts later; "they get a smaller meaning" -

for the first time I felt the need, to write down my experience in our "book". The first sentence which I wrote down was: "of course, I am still under the effect of this substance, but for this very reason I have the wish to write."

- besides all this, it is an unbelievable experience to discover, to learn the power of this substance, together with the creator of this "powder".
I am not at all sure now that I like this drug as much as I had thought. I must remain cautious - Dr. 360 - I may have lost my enthusiasm for this thing which might make the homely (116,71,2'5) difficult to enjoy. We shall see. I can do with this for now.
- 0.2mg 3/7/77 11:20 AM ATS. A couple of paresthesia twinges in mid-afternoon - n.e.
- 0.5mg 3/8/77 9:53 AM ATS. Strongness at 8:00 AM. A couple of even catatonic attacks. Against tea with Edward. Spotted three holes in paraventricular feint - I did not notice effect?
- 0.5mg 3/14/77 9:45 AM ATS. Worn out in PM - no really worn out. - No effect.
- 1.0mg 3/19/77 10:23 AM ATS. No effect.
- 2.0mg 4/3/77 10:00 AM ATS. n.e.

- 0.5mg 4/4/77 3:30 PM ATS. Was the day exceptionally nice? - probably no effect.
- 0.5mg 4/7/77 10:15 AM ATS. 10:00 (11:00) - First intellectual twinge? intellectual window + Tetralogy pressure. [4:50] Still no effect - dramatic effect of left hand. Strong at first but sl. unreal. Would I challenge @ 10,000 LPS? No. I am definitely not at a level line but which I would. I could control everything. I am now truly + in every person. [5:15] Still unreal. Still + even more? [5:45] The next still clearly - this is long-lasting. [8:10] Physically, still aware - mentally - how can I tell? I never was too far. Still have a post-eyed feel to everything. I must effug myself to continue working. [12:00] A little pecypathic window still.


- 2.0mg 4/27/77 9:35 AM [0:00] 9:10 PM still hear [11:40] then - as of my skin above the ears. was stretched for that [5:15] it was something serious - none of his side of the MD since, none of the sensations of LSD - 
- is building up [3:00 - 4:00] quite unrealistic - intense - could not tell from LSD - except for window - dual reality loss is not apparent - every one of the times of the MD. [4:30] Being in the dark must be interesting [8:30] my writing is rather bad [4:50]. Psychological urge to vomit - get rid of wine hangover - analgesics bands - want to hide my face - en...<p>at +1 no more intense in person - not and still feel it's all together - I am more than any other in any other able. [5:00] Fully +1. Could not drive a car. I could not another car, run over someone, and not respond to it. Yet - no trace of window + the TMA 00 PM in LSD. The sensation - LSD window is clearly this effect - supernatural in LSD window. Thus state 1 hour something. What can he call it. State. The sign of the window. Time to interest. [13:00] again (8:00-9:00 something past). [5:30] Some bizarre action. I keep writing - dump stuff & back - since close-on my shirt & fresh mind. This is muscle, psychological deep in a reflexive sedate - 90% (6:15) no more up (6:30) adding sedative. Reality - it & EEO.</p>
The brain-produced image after 30 min the first
after which an interesting for the next 10-15
period is a common feeling in the entire body
a slight head pressure which is changing after a
front in the feeling that your head is one
bottle without any anatomical distinction.

The actual image perception is not very much
unusual and I soon after it felt the perception of
only little change of at least I do not notice
this I do not feel sharper or after dinner. I mention
from little sense of movement very smooth
and to bring the food to
The tactile perception is balanced a feeling like
with 1706 food and 1707 from together
The visual perception is slightly balanced
The taste is read to become darker and with aid
the feeling of softening food is increased.
After E. 1 I have no effort to have more, no taste
with help of the mouth food
and together the thing has to be of flavor
and flavor change in recent but at least
of quite a strong level for ich liebe, the
underlying introspective feature.
- 0.02 mg 11:00 AM 3/12/77 ATS n.e.
- 0.04 mg 10:15 AM 3/13/77 ATS n.e.
- 0.1 mg 11:00 AM 3/13/77 ATS n.e.
- 0.25 mg 9:10 AM 3/13/77 ATS n.e.
- 0.5 mg 10:15 AM 3/14/77 ATS n.e.
- 1.0 mg 11:00 AM 3/14/77 ATS n.e.

- 2.0 mg 9:30 AM 5/5/77 ATS a couple of parametric things 11:00 AM n.e.
- 3.0 mg 9:30 AM 5/10/77 ATS n.e.
- 5.0 mg 9:45 AM 5/10/77 ATS n.e.
- 6.0 mg 9:45 AM 5/10/77 ATS n.e.
- 10.0 mg 9:07 AM 11/7/77 ATS - better part of day, quite sedative n.e.
- 20 mg 8:15 AM 1/19/78 ATS 2.5% some effect? 2.5% a +, but what? (8:10-7:10) am I clear, or am I still +? - in corduroy - all voices are equal when me (11:40-11:40) but not disturbing - I am not clear. (10:30) - mildly clear. - sounds + if at all.

- 30 mg 11:30 AM 12/18/78 (11:30) slight alert 2:15? same alert, maybe 0 + - a gentle unworkeableness - not easily definable (12:00) - same indefiniteness, small odd unworkeableness while driving - clearly long lasting. I cannot put chemicals.
- 40 mg 12:12 3/25 (9:45) alert (1:45) a subtle but real +, not like aberg, I work actually helping! I am a little bit more (2:45) stable. Use as pain in USD (9:30)
The main effect for me was first—perhaps immediately again as with LSD as a result of our talks—that this substance still more than Pop "struck in my head". That showed expressly, that from the introspection—not to much the outer world—was the main feature.

Although the thinking process was something not so straightforward as with LSD; sometimes it was more the pleasure and play of thoughts than the uncertainty of thinking. However, the substance is very helpful for the experience of yourself and the world, your world; it lifts (as LSD) normal conscious thinking patterns and allows you to experience with more freedom. Because of the easier handling of the outer world (less tectonic disturbance and easier controlling) and a less "Amphetamin-effect" it seems to me, that this compound is a better possibility for a mental quiet experience during a "normal weekday".

The danger of a separation from body and mind is not so large, because the body feeling is always present and very good. The withdrawal is always experienced quite very good to the dualism (the old one) from whom our body seems to be non-existent any more (for my feeling very in portrait, if one means to make more specific conclusions). This is mostly a personal comment; a more official
5 mg 3/21/77 11:25 AM ATS no effect.
10 mg 3/28/77 9:30 AM ATS - drowsy, small at (2:00) - n.e.
15 mg 4/1/77 10:30 AM ATS - sl. agitated during that all - n.e.
20 mg 4/6/77 10:00 AM ATS - st. v. nice (saw dog form [2:00]) to maybe (5:00)?
30 mg 4/9/77 9:00 AM ATS - [2:00] at [1:00] a light, nice awakening - of window - extremely quiet - I never saw it - no trace of any inadequacy - normal physiologic, all ASC [5:15] and a peaceful state - something of the intellectual state of depth - 2 without the form [2:00] - a little sleep, dream begins - but still excellent high - I would consider it to date (3:00) reacted steadily - physical more - [2:30] mental even, largely - physical there for a while - pt. [2:00] all physical more - overall - (4).
4 mg 7/21/77 9:30 AM: [2:00] [3:00] [4:00] [5:00] something (1:00) murmured in my head - slight waves - but much heavier on physical - Uncomfortable
5 mg 11/2/77 9:30 AM [2:00] [4:00] [6:00] total - [2:00] slumbering - very nice - (1:00) increased - no noise (1:30) interesting state - no breathing other than normal (2:00) am - 2:30 - like pigs; - 3:00, window 2 edges of reality lose [3:30], still at [4:00], the visual more and more, the physical limited [4:00], card 4 + - probably not able to run my or drive car
(5:00) lightly clear & [6:00] clear.
4 mg 1/10/78 9:00 AM [2:00] [4:00] aware of some effect [1:00] a change (undescriptable), but pleasant + +. I have it develop further [1:00] myable [2:00] nice +; very little window at 2:00 +; (2:30) am - woody, +, very much in control, but with an undertone of unreality that is vaguely reminiscent of a quiet LSD. If there were a great deal more Narcotic, I might not see +; and if I were in complete silence, I would miss it too, but just where I am, I can see it. Eerie state of awareness, almost back-like [2:30] am - woody, +; even + +; very fascinating, different state of C. Anti-ergic. (4:00) perhaps still at ++, normal affects, vaguely unresolved world around me. (5:00) no noticeable shift.
6 mg 1/16/80 3:20 PM 0:00 CL: [2:00] CL aware, CL body effects [4:00] some visual, developing rapidly, nicely. CL bursts of color [5:00] CL very unemotional, body well > + - quite anxious - ATS to + on weight a bit more. [1:00] CL + +, shakes, quite concerned; ATS show. [2:00] Kitchen for Juice - extremely erotic [7:00] up for food - ATS at [2-3] drifted and relaxed into +; never above. & easy fantasy - fair sleep at [9:00] me overall ++. 60 mg probably broken dosage.
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- 0:54 am 5/22/77 3:54 am ATS n.e.
- 10:54 am 3/20/77 12:10 pm ATS (2:30) pulse 100 - n.e.
+ 2:00 am 3/20/77 10:00 am ATS The day was unusually warm - set up DF wire. Far evening & Doug, difficulty in sleeping (midnight to 11 pm) - stimulation? Que +
+ 3:00 am 3/20/77 9:00 am ATS (6:00) at 2:00 p.m. A paralytic change to 2:00. Very delayed [9:00] enough to say & eventually willing to push - but for now let this ride out. Some physical distress. Wound? Definitely no window. Afternoon - Faint [8:15] still very aware - giddy. Patrick feeds you. ears still peaked. Sleep & eat (10:00). ~ +
+ 5:00 am 3/20/77 7:30 am (6:00) at 9:00. Something to ++ (11:05) to ++ (13:15) - no useful thoughts [16:00] resisting a claim but not intense. ++ (16:00) at 16:00. Unable to sleep - drag at (20:00). Next day no problems +
+ ++ 0:54 am 4/13/77 9:30 am (6:00) (1:30) start? (6:00) develop to at least ++ (14:00) home from lying, developing more (2:00) intense etc. (2:15) becoming body-deferentiation (2:30) of all ++ - call in help, go for mail (2:45) deeper and deeper - now of any familiar landmarks - no window - no LSD reality box - no shakes and stimulants - but intenset profound ++ of something characterised only by the absence of extremes. Frightening because it is deepening and I don't know where I am. Nu, to Kanner's - incredible drive and later wonder flitting up and past my line of sight - but basically sound driving. Arrive at Gros at (2:15) for baby sit & his observations (6:00). Sub the transfer to a ++ of a good sort - recognisable as friendly - allowing assurance of reality. (7:00) First sign of slowing - to keep ++ but still intense. Strong (10:00) eat fruit salad - still at least ++ (14:00) home again still ++ - first variation of the experiment - write this up. I will try to sleep but I don't expect much success - hot shower & lay at (15:15) light lying at least - awakes & up at (21:00) if possibly some effect still. These lasted quickly, and the rest of the day was 0:0. An hour's sleep at (31:00) returned the slight tiredness. Overall - a strange experience - perhaps reflecting the difference that was my state before the intervention - but it was an extremely deep something that I had never experienced before and could give no name to. I will repeat in the near future, but with someone with me. Ever +
+ To give a name to the effect (which has occurred, see above) 6/11/77 call it Beth.

- 7/18/77 8:30 am Ed & Dave lying end 2:30 am [2:00] (1:30) 6:00 - 8:00, at last - nothing new [1:30] slight transients - ++ effects (2:00) a.b. into 2:00. Minor MDMA state - 1:45 & developing 2:15. Ed into hypnagogia. I am developing 2:25 still & what is it? (1:30) slow & of unknown native - state going to "morning" now (4:30) sleeping. One question to Turner -

Dave - ephpanical collapse. Use to [3:15] & 20+ sides from model unwr. angle vision - tender & wine - still ++ - try best option. All music - silly destruction except jazz selection. (10:00) lay & sleep. Difference is me the things remaining - strangeness ends in 2 days. This went ++. 3 at ++. Deflact not meet 42
20 mg 4/17 10 AM = (0:00) ATS - part of 3-way comparison. (0:10) noticed sl. bl. head - as I was looking for it (1:10) clearing fairly. (1:30) now a little more vivid. I enjoy the noise. (3:00) = subject almost normal in lab, heavy nausea - would be interesting to see in this effect. (4:00) I can make orange in the lab. I must remember that a drug effect is always given and taken. It catalyzes, but the subject brings the kit to be catalyzed. I could see where another person with number 3 might be very funny at this level - quite like LSD in its "through whose eyes can I see this?" (5:00) clearing - between + and ++.

+ 25 mg 10/6/77 6:00 AM = (0:00) aware (10:00) build up (2:00) easy image & eyes closed (3:00) still + ++, writing in faint shape - no - I am at + (4:00) coming down fast.

++ 30 mg 4/17 11:00 AM = (0:00) (1:00) developing (1:30) ++ (2:00) still ++ (3:00) completely clear but sensitive! Order picture at club (4:00) dreaming - excellent good largely back at +, whole day under control - bought painting - went Gray - read three incredible letters. I want to note this morning's excellent, but not for a name here without proper instruction first. I will reflect with interest.

+++ 40 mg. 8/26/80, with 5 ml. C6 14 0.15% C. AP = 2:15 PM = (0:00) alert at (2:30)

(0:15) Genie call. (0:30) past +, to (1:15) over ++ (1:30) +++ that extends to (4-5) much extra & easy fantasy. Skin back & forth between imagery & normal 'steadiness. Notice to give stimulant because I try ASC Rhine things at (5:00). Not too good. (6:00) AT to ++

++ at #. A.T. annoyed, C. not so. (8:00) eat eggs - no background yet at all. (9:00) sleep off. AM (10:00) awake - no residue. C. sleep, behaves through day. Good: somewhat psychedelic - ++ OK again.
25 mg 4/4/77 10:45 AM AFS - no effects -
25 mg 4/19/77 9:30 AM AFS - n.e.
15 mg 5/28/77 10:30 AM AFS - n.e.

100 mg 3/1/77 9:30 AM AFS [2:10] at 1st head? - otherwise nothing (-)
+ 300 mg 3/17/77 9:00 AM AFS [0:0] about - nothing more [2:10] + 100 mg [30] another about? -

base threshold at worst. Challenge 3/30 - see CNS studies 3/30

++ 400 mg 3/10/77 (+ 400 Bk, 17:50) 10:50 AM [0:0] by (1:30) AFS to ++, tightness, muscle rigidity, AB
  continuous nausea, diarrhea, CA right. [2:30] AB unresponsive took time by 1hr.;
  AFS struggle for any type of imagery. All extremely sedated. [3:00] [3rd drug] & a
  rapid drop. Sroop. In general, no rewards for the body maintain. ++
(-) 0.01 mg
(+) 0.03 mg
(+) 0.1 mg
(+) 0.2 mg
(+) 0.4 mg
(+) 0.6 mg
(+) 1.0 mg
(+) 2.0 mg
(+) 2.4 mg

from page 152
0.01 - 1.5 mg with others.

2XG> C-

- 7/10/77 9:53 AM = [0.00]
- [10:30 - 11:15] V. slight head effect (2.0x) clear. [3.5x] a
little addle-headed - maybe staying through (9.00) [10:00] all OK. at work. ±
- 1/6/77 7:05 AM = [0.00] note quiet, suicide window [3:00 - 8:00] drop at 80-11] clean
at (12) - try water run off 5:00 [14:15] at (14:15) q.v. overall +, interest i
- 5/15/77 6:30 AM = [0.00] [1.15] aware - no very light effect permitted all day. Probably
gone by (12:00) but still intense talk - thought I would have trouble sleeping, but OK. Not bad. +

+++ 2.0 mg (7/24/74) A:3.4 ? 7:20 PM = [0.00] [1.15] real effect - very light effect (2.0x) to ++ - decreasing
6.3 to 4) to a ++ - unusually (without previous) and gradually (Rogers shift of 24.75)
some LSD-like effects - extremely easy eyes-closed entry into problems (personal)
of depth, yet easy exit, little eyes-closed distortion. Music quite rewarding
(6-6 hrs) +++. Some fitful sleep (8-10 hrs). 12 hrs still ++ - easy lapses of attention

+++ 2.4 mg 12/25/74 CL = 7:15 PM = [0.00] Both clean, 24 hrs. above. (11:00) ++ or sl. 2 + (13:00) B3 + + 25 ++.
[3] CL: Severe cramp - Near finding clear-mind to "sain" - but no pain. Near loss of consciousness -
slowly de-formation mind - out of body, [3.5, 5] clear ++ some vines - but truly extreme
MDA, DMA-like - this time no mindless unreality. (6) AT5 having may around mind. "severe
"after image" - point light (9.00) off + ++ [12" flicker - V. deep (14:15) still ++ - nearly
[20] before completely baseline. Not the drama of the 26 by but very ++.
+ + + 20 mg  ||  10 - 120 with others .
++ + 22.5 mg
±  20 mg  6/12/77  n.c. (1:11:51 am)
±  40 mg  6/21/77  9:15 am  \\
±  60 mg  5/24/77  11:30 am  \\
±  100 mg  5/20/77  11:00 am
±++  130 mg  6/12/77  9:00 am  \\

The effect (2.00) was gradual  -  in 10 minutes. A ++  -  but not here  -  window  -  but not here  -  window. One ++  -  but not here  -  window.

I prefer the psychedelic effect. This is not too pleasant. If I eat, it may subside (6.18) recovery. Back down then ++  -  but not here  -  window. (2.00) - mentally not, body lively. See 239. Overall ++ 
LOPHOPHORINE
See earlier entries - p 127

60 mg 4/10/77 9:30 AM ATS - no effect

100 mg 4/14/77 11:15 AM ATS - no effect

150 mg 5/1/77 11:05 AM ATS - no effect

200 mg 5/8/77 7:10 AM ATS - hint at [2:30] - no effects


[200] - certainly cut, possible ±.
Ntf^  
IX^  
Cwcy  
o  
4-  
+  
11 mg  
12 mg  
16 mg  
++  
20 mg  
+  
25 mg  
+  
30 mg  
++  
30 mg  
++  
5/11/77  
5/21/77  
++  
60 mg  
++  
40 mg  
++

CH_3
\[ CH_3 \]
\[ CH_3COOH \]
\[ CH_3 \]

CH_3_0

Continuing study
40 mg 10:00 AM 5/9/77 [0:30] then nothing - n.e.
60 mg 8:26 AM 5/12/77 maybe some brightening - definitely no window, n.e.
80 mg 10:05 AM 5/14/77 [8:00] slight quiet window. At 1:20, very slighted of window (9:00) 15 mg (4) weak. See Schratt, p 284

100 mg 12:20 PM 5/16/77 [6:10] very dark - no threshold - board. At best in *some* of early evening, intense photolytic (i.e., fleshy & "sun-blackened") - no real indicators of anything.

150 mg 9:30 AM 6/2/77 - the 2 paranoia-like things at 1:10 - nothing else - no selection - no effects.

120 mg 10:09 AM 6/17/77 birthday. = (0:00) (0:30) something thin and nice [100] I have to cool + - very light Epictocy.
(1:30 - 3:30) shaky minimal inter [5:40] still + (7:10) probably out.

160 mg 9:00 AM 6/23/77 [0:35] something strange (8:05) a bit more but that is all. Either +
very short + or a longer 1 (11:30) - (3:00) nothing. - cool +.


Ed: Early July 1977 - had all the expected color effects (e.g.,
这事和wiring & doing of R.)

R: Blind study:
A. 140 mg de MDMA
B. 150 mg "S" MDMA
C. 150 mg "R" MDMA
D. 100 mg MDA de
40 mg 5/19/71 Am [0:00] 5/20/71 [0:35] | something | (0:00) | possible | threshold (2.20) | clean - (0:35) | - heavy eyes - almost sleeping. (0:10) internal | methanol - chemicals in eyes | fine | fine | work at home | extract | day. | 231.

60 mg 5/19/71 8:30 am | 6:00 (0:00) | Early warning! | Then nothing | (0:35) | windows | excellent (0:35) | pent - clean. | I hope it develops further | (0:00) I am already between + and + - handwriting | ok but writing faster than usual | (0:35) stable between + and + - could | I draw? | mostly not; maybe + (0:15) time going so slowly - not mentally so active - I am going | deleted (1:25) | still pretty much there, but I could draw - if still one | (1:00) | dropping | + still fast! | (2:00) | out | (2:15) | relaxed - comfortable - all afternoon | peaceful | relaxed - mentally completely clear & alert - no trace of physical residue whatever - no | methanol - a very successful +.

80 mg 6/14/71 1:30 pm | (6:30) (0:00) | 15" effect - gutted and not to | very | windows to (1:30) | then drop - real but uncertain - evening very clearly, but up to + hour | simmer.

110 mg 6/17/71 9:00 pm | (0:00) [0:30] |什么样 | (0:30) | nice development / shown | than | vaccine? (0:30) | steady + + | + + + | hard to tell. Could I draw? | I am verbally and mentally clear - mechanically I am excited - writing with large words - fine | excellent. (1:25) | a good + store - some deliberation - future 10/8 (2:00) | still delightful (2:15) | dropping | This does not have the "fire" of the vaccine at full level, or the "rush" getting | there. (3:00) | largely out. To town for lecture (went well.).

140 mg 6/16/71 9:10 am | (0:00) | (0:25) early warning | (0:50) | start -REAT development | (0:30) | already to +? | (0:40) + | still developing | I am surely + + | dilution, (0:45) | completely there + + + | drawing words | no memorizability. Trying different | (0:45) | [0:50] | seems excellent at present? | (0:05) | still + + | but am writing letters to firm control | (1:05) by | lying down with eyes closed | less of all effects! The visual process is needed for awareness of drug effect. (1:10) | dilution yet more...visit more than left again - (1:20) | drooping a little - some teeth cleaning; still + (1:30) | drooping more quickly (2:15) | still + + getting not ready for park to train (4:00) | still delicate, effect very | pleasant and restful - neg. tooth stuff - no eye thumps. Evening - excellent sleep.

160 mg 6/18/71 3:45 PM | (0:10) | (0:35) + + + | (0:20) | what? (0:45) | + + + | (0:25) | start window | (0:40) | missing (0:00) | 2:30 = (1:10) | 2:55 | down to 20:20 2:30 out | Some residual for a couple of hours - more. 1/2 sleep at 7:00.

20 mg 8/15/77 9:10 AM | (0:30) | midst? (0:35) | midst to + + + only by (0:55) | great - no more than + + + all gone by (2:30).

20 mg Sol 8/15/77 13:00 de except no stagger - drunk until day after - peak at 3 hrs -trace still at 6 hrs.

60 mg ASA 11/19/77 8:15 AM | (0:00) | (0:30) | clear in eyes (0:30) + (0:15) smooth to + + (0:40) | quality - | bit of tooth cleaning, + + (1:00) | still lightly tooth cleaning | Conrad so went - I have | other things to do. (2:20) | almost down - still teeth cleaning - why bother + + end.
May 1 1977 - 10:05 AM: [0:00] a challenge to body memory and to the ability to still pick-up fuzzy threshold - 80 mg. [0:25] Early warning alert on schedule [0:30] Subject effects: [0:45] 10-20% window [1:10] was a sample (+) - no more than 1 +. [1:35] Cleaning (2:00) clear - no physical residue. [2:30] 80 mg to challenge residue [0:35] aware of new window [0:45] clear more than usual time around at this level of this time. [0:45] Tolerance development - possibly +? More extreme mydriasis now than 125; more than usual (0:55) still ++ - quite a lot of teeth clinch - more than before - probably could not estimate [1:05] at least + - but physical definitely worse than before. All in all, equates to 120 mg, with ++. I must establish the 190 mg level for this tolerance as well as for the 70 mg "M" and "S" experiments. [1:25] No eyes closed - but some stop - motion on head sway. [1:30] Mental reading - physical still there. [1:45] Mental down here - physical persists. Completely imbued. [2:00] Mentally clear - physical down - mydriasis largely gone. [2:45] Mentally clear - some physical still here. [3:00] 60 mg [0:00] (0:15) clean both mental and pretty much physical. [0:35] Something comes. [0:45] up to + already. Muscles - clench teeth - eyes - also building up. By could be + and is being kicked by the physical - now it is really a +. [1:00] Real +, also muscular tightness returns. I am more reflexive. [2:00] Mentally clear - physical residue. [3:15] Something still lingers. [3:00] All traces gone - muscle and head. Clearly this is no short-term tolerance build-up - on the contrary, the second dose obviously builds in the first, even when there are no detectable effects remaining of the first. Also, the third dose the second. Also note - total days load (220 mg) was symptom-free at 5 hr after last exposure. No sleep problems. A busy day.

SATURATION EXPERIMENT

233

Priming with

Drug 1 = Min [MDMA (or other) = 100 mg / 2 mins after dose]

1.33

24.5

1.35

30 mg MEM 8/11/77 AT 9:00AM [MDMA (100 mg) already in system]

ASC = almost ++. I could drive - maybe even be in court - but wouldn't want to do it. 1.33 steady - full ++. I did drive to store and interacted with attendant - I had [100 mg] MDMA steady at ++, + 90 mg MDMA (2.5/0.25) steady at ++ — no effect — notice [1.33] slightly growing? [2.00] I am getting further into something. I would like to tell sexually, but unsure. I could focus on any detail? [1.00]. There is no sense of windows - because windows is obviously developed. It is in a matter of context rather than of execution. Continue to do lab work. ++. T. I am unquestionably richer? [0.65] thought came in! I rattled with it very well. I am not deeper in intoxication - I am richer in content. ++. At [1.15] felt richness in over - drive to dinner - lunch talk to 1.00 pm [5.00]. 2.5/2.00 - normal MEM. Let us see if they stick out now [5.00]. Still MEM [5.00] drifting but a little more vivid [5.00]. Mentally almost clear - still some physical [5.00] mostly made out in all aspects. Good evening — very sleepy. 10 AM [mouth].

100 mg TRMA 5/20/77 q.v. 11:00AM [5.00] 1.00 per hour at [5.00] — stable — at [2.00] add 40 mg MDMA. Nothing at [2.00] and now to 1.00 mg. Still nothing. Maybe a little shyness — still ++. Out in evening to Oliver's. Still slow. No problem — no sleep problems — no augmentation ++

40 mg MEM 5/21/77 q.v. 9:15AM [5.00] [4.00] early warming [1.00 - 1.40] developed slowly to a mental ++, lexical ++ (2.00) stable + add 40 mg MDMA [0.00]. Sodium chloride [0.00] more stable - no noise - no more windows. But I am unsure if I would do it in a very familiar place. [10.00] ++. I am quite sure. By [1.30] probably back to ++. By [2.00] [1.00] of original) definitely ++ only. [1.00] clearing a cleaned - at [2.00] completely clear and ate with extreme effort - but I didn't take much to fill me. Practically no physiques residue.

Be sure depth in: [0.60 - 1.50]. + 80 mg MDMA [1.2/0.07] (2/0.9) 0.60 object deserved? absolutely no window — [1.00] morning.

Be sure depth in: [2/0.9] + 80 mg MDMA [1.6/0.07] (2/0.9) [1.00] relapse to 1.00 mg MDMA [1.2/0.07] (2/0.9) at [1.40] to 1.00 mg MDMA [1.2/0.07]. Still ++. — still by [1.30] + at [0.60].

Be sure depth in: [2.00] + 80 mg MDMA [1.2/0.07] at [1.00].++ + relapse by [1.50] — at [1.10]

Minds unfocused & return in 5-min - hard to keep under control. 2.30 writing very slow (at play) and eye problems (sent.) Evening — writing at [5.00] highly focused and difficult - no sleep problems. Unpleasant.
SATURATION EXPERIMENT

MDMA - Men [vomiting c]

\( \pm 80\ mg\ R^{2}\) MDMA 5/19/77 at 0.25 - see p 231 - +

\( \downarrow \)

page 230. at 9:00, 15 mg \( \pm \) - within half hour no effects whatever.

TOLERANCE MDMA vs. MDMA:

\( \pm 120\ #1\ (11:58\ AM\ 7/6/77)\) - see p 231 +

\( \pm \) normal chew.

\( \pm 160\ #2\ (9:00\ AM\ 7/6/77)\) develop [0.45 - 1.10] to +. some sensory eye, 1.35 back to + - not terribly pleasant, but not unpleasant (2.00) a bit dazy. [2:45] out [4:45] aware? side

MDA (40) benzo at 5:10 r.e.? 4 oxymor at 7:10 r.e.!

\( \pm (++) \)

160 #3 (9:30 AM 7/7/77) [0.25] alert [0.25] start - still some increase at [0.3] [1.10] stable

[2:00] returning, redoubled considerably by [4:00], between + and ++

\( \pm \) 160 #4 (9:30 AM 7/8/77) [0.25] alert [0.25] start [0.45] level + at worst [1.15] drifting [2:10] out

\( \pm \) 160 #5 (10:30 AM 7/9/77) [0.25] alert [0.25] to \pm - no more, clean very shortly thereafter

still noticeable agitation

\( \pm (-) \)

160 #6 (9:45 AM 7/10/77) [1.15] slight awareness \pm quickly gone - possibly -

CROSS TOLERANCE MDMA vs. MDA:

\( \pm 120\ MDA\ (9:17\ AM\ 7/11/77)\) [0.35] alert \pm [0.05] read + and begins t ++ [1.15] steady ++ and

shortly - starts drifting. [2.05] mentally clear - some physical awareness. [3.15] still same

their chew. [4.05] physically and mentally clear. This is taken in chronology (next
day) to the 80 mg 4 ft of 6/24/76 (page 203) - so there is a slight decrement in

effectiveness (partial cross-tolerance) but nothing approaching the complete

tolerance generated by MDMA for MDMA. Sat in a several day without, with

no MD anything inferior to challenge by loss of tolerance.

TOLERANCE LOSS

\( \pm 120\ MDMA\ (13:00\ PM\ 7/17/77)\) 6 day wash-out - alert [0.35] modest development to a single

one +. substantially complete loss of tolerance. largely lost. \pm 3.7/18/77 + at 12:00.

\( \pm \)

120 MDMA (2:30 PM 7/24/77) 13 day post tolerance - alert [0.35] - exactly like 7/17/77 above -

physical awareness for 6 hrs. % mental for 1 hr. +.

\( \pm \rightarrow ++ \)

200 MDA (at -3.35) - post symptomatic. \pm 60 mg LSD - see p 247
+ 100 mg 5/19/71 ATS 9:30 - [0:00] (0:00) early morning (0:30) start (2:45) to (1:13) steady at +
clean by (2:50) - over 2 - run in 24 hrs following a much less intense...24 pm
+ 110 mg 5/21/71 ATS 9:30 - [0:00] (0:00) start to (0:55) +1 good interaction CN +
+ much less - clean at (3:10) - he by (4:00) experiment well received

+ 120 mg 5/23/71 ATS 3:35 - [0:00] (0:00) start - build up to 1 in Gladys pathetically behind me - at (1:35)
be drugging? (2:35) clean...at (5:15) - 170 mg - 1st (1:30) (true) 1st time i even but
+ i think it is there. As before - head effect rather than window...[3:00] i went sleeping
120 mg 6/9/71 CN 1:30 pm with me, 50 mg "5."

++ 160 mg 6/10/71 after 72 hrs. clean 12:45 - [0:00] - thus to check against 50 mg, 100 mg "5."
+ (0:35) start at eyes - develop slowly (0:45) still developing (1:00) greatly dilated
pate 100 - development of just a window - nothing else...[1:15] complete - some
Stop motion in eyes. (1:30) full cool orixi quite intense but not intellectually
+ 60 quickly [3:00] + [60 mg = [0:00] broken + ineffectual amount (0:30) eyes again
+ (0:35) recency to window - no rush, just development (0:50) pulse 96.
+ back up to + & +...[1:00] more eye throw - worst effects in eye & jaw -
+ quite it + (1:45) deathly a little physical reason to (5:00)
+ 100 mg 6/13/71 new batch 2:25 10:45 am (0:00) (0:30) aware (0:45) development midway (1:00)
+ honest or even + - definitely more than MDE of yesterday...[1:00] drugging but
+ still there (2:30) substantially out - still aware of something (4:45) completely clear
+ [5:00]-[0:00] [50 mg] (0:45) aware - but no sense (1:20) still drink - but is there any window?
+ [50 mg] same eye inter - am /shoc - into x...but not windowy! [3:30] clear +
+ 80 mg 6/14/71 10:40 pm (0:00) - first effects at just (0:30)
+ 50 mg [0:30] 620 mg (0:45) slow but real window development - to + (3:00) stable at +? - the
+ second so hasn't come through yet...[0:35] developing a bit more
+ by [1:00] (1:15) deepening...[1:45] yawn [2:15] muscular - instead (1:30) - just about to ++ - some
+ eye problems - not at all satisfying as old at me

++ 50 mg [1:30] (1:35) were muscular [first] OK, blip OK. eyes dilated. I am at + but the
+ window virtues are lost in the eyes - they are a general intercession. I am complete
+ in ASC conversion. Nothing more can happen...intellectually only +
+ 60 mg [2:10] & 260 mg (2:30) up again (2:30) were - back to ++ (3:00) completely wasted but
+ (3:10) completely unabraded - but not too unpleasant + (3:30) eyes still throwing
+ maybe + (4:00) referring [4:00] trace yet of [shocked] - not yet out (7:00) clean...no
+ residue - no problem sleeping at (2:00)
+ 120 mg 6/17/71 (see 200) - really 10 1/2...[120 mg] 100 mg "5."
+ 100 mg 6/13/71 10:55 - with me 100 mg "5."
+ Head down; [2:30] (3:00) this down; [6:00] this window - finge touch - in wagner [1:30]
+ 1st wagner (0:30) + (2:00) changes in perspective - seen no trees - some
+ maraschino knock, 2:10 quite dilated - but at left 0.15 - not so [shocked] (5:00) window gone
+ relaxed - (7:00) hypnagogic visions in bed. An excellent - relaxed all day. Good influence.


+++ 15 mpg 9:30 AM - [0:00] 6/1/77 [0:30] First note - 11:30 then flat [0:35] things now start - interesting - not MDA noise - but not LSD stoned. Quite either. [1:15] at + + smoking skill might be questioned; [2:00] MDA, [3:00] MDA, [4:00] drug moma - moma - 3:00 moma - some erotic [5:15] still developing [6:15] some stoning - 2 1/2 LSD minutes [7:00] seems things to flow. They do [8:15] up to + + not the best of stoned, but by no means the worst [9:30] + drive to Gladstone lunch - framed ok. [10:00] to + this 9:30 to + [7:00] out except for teeth brushing and some eye cases. At no point was CN in the edge of control. Loss.

+++ 20 mpg 11:30 AM - [0:00] 6/3/77 morning [0:45] First something. It is brittle & LSD-like - what is it?
(1:00) Somatic stoning - interesting might be interesting - but better decine.
(1:15) Have a chili dinner - eating back - try stoning.
(1:30) Withdraw - selfish - can't live - must go - unable even to talk. Erin's face. Paul's backside.
(2:00) On lunch over - coke pulse - choice completely out of control, [2:30] 250-300 mg LSD. I have cracked up. I would devote myself to religion if this were human. I must control. I can control something. I have made a fist of myself. Am I religiously fixed? I am counting the minutes - entertainment buys game. I cannot devote to sleep. As I could not have been visual of sanity.
(3:00) A vivid illusion - communicated by a nihilist organism - a reader unfailing which means that if I can survive, such someone, I must be refusing, I hope. I am extremely scared, intellectually. Ed. help. This is not the sixth game. This is the insane game.
(3:30) OK again? Not ok again. Was the door scene out of the window real?Shell life? What an intellectually shitty way to commit suicide. Why not with again like a mad.
(4:00) Kindly help me? No, I have left it again.
(4:15) Was ok than out, but when out, really out. The window is a scene game. Fine. The death is an infinite game. Fine. This is stark insanity. My father stealing to me human, ready to me, with his clear patient voice. I was not hostile, just arrogant. I have destroyed [9:15] with my arrogance - must destroy myself.
(4:15) Got it. This very arrogant thing that has made me what I am - that has humiliated discovery - nothing. I have experienced the birth of it and the death of it. At the moment I am running the central control of it.

5:00 Dinner control. Not hungry. [5:05] Refuse enrichment - better now than when I went to lunch (at 2:00) [5:40] work almost my work into the kitchen.
(6:15) Try to talk to Gower. OK. help needed. Good night. Extraordinary day.
SASHA’S TENNESSEE EXPERIENCE

2.45 Lunch over. Lynn’s backside! Child’s face!

3.15 Completely out of control. About equal to 300 miles of LSD. I have cracked up. I must control. Am scared shi**less... I must try not to go to sleep, as I don’t dare lose the visual connection to sanity. I see myself dying.

(SAW SELF AS OLD MAN DYING)

3.45 A nadir of nothingness. I am extremely scared. God help. The is the insanity game.

3.50 OK again? Not OK again. Was the Vermeer scene out of the window real? Still life?

4.20 This is stark insanity. My father, clear immediate, speaking to me in Russian, reading to me, with his patient voice. I am very little, sitting on his knee.

5.00 Recovering control. Know where I’m going. Not hungry.

5.40 Might almost consider venturing into the kitchen.
2 mg 6/27/77 ATE 5.80 AM - in wake of TMA - n.e.

3 mg <6/30/77 CT n.e.

6 mg 7/1/77 ATE [10:00 AM] 9.00 n.e.

± 10 mg 7/19/77 CT possible t

16 mg 7/13/77 ATE, possible threshold [1:00] 11:45 a.m.; then +; thus +; persistent on then

northern winds until early afternoon [9:00]; evening light frontal headache for now.

± 25 mg 8/21/77 ATE (10:30 AM) [6.00]. (2:00-3:30) slightly drowsy. [3:00] a t ± n. but |

can't say what the action is [5:00] largely clear. . yesterday MONTA-150 !

±+ 40 mg 9/17/77 ATE (10:55) [8:00]. (0.35) short period (0.55) sleep hypnosis - sleeping starts. (2:00)

to a t fade. between + t + r (6:00) + 3:30 things came back sharply interaction. i CT

normal. Leary's lab made (5:00) short deep (5:15) solids (7:00) + lean (5:00)

prettier much no - same hypnosis residual. Some sort overall - 3 cramps (1:50) +

±+ 16 mg 9/17/77 CT light effect, but +. felt all gone in evening (6:00). But the slightest

differences made very up a light-headedness. - perhaps as in Canberra window.

+ 30 mg 9/17/77 ATE 9:00 AM [6.00]. (0.50) trigger (0.10) -1:00) to a t smooth, almost 6:00. Chlor-

ejellt snake [1:00]. Hypnosis-hypothesis - things that I had written made no sense.

at 2x intensity I would need a babysitter - Overwhelming snake-like concept. For

the first time I recognized that I can be viewed as a non-smoker - a much - can

allow myself to be so viewed, rather than as the smoker that I had been by

choice. As an agreement to view. Now had been my 5.50 for 30 years, good,

and with her death. I feel the need to self unless them. But there is an acr-

ulation in 5.50's. Have I never been looked at as a t? Some attractiveness? Have

I never been aware of this? I had never allowed myself to be sexually oriented,

the commitment was complete, was refined, and is now met. Don't let DD be

forced into playing N's role. It would be self-torture to (1) demand a new 5.50. N:

(2) refuse has to be it (3) destroy another home in the process. No, let DD be free.

(2:00) fail t - can I bring ? Joe for lunch? Sure. (5:00) coming out - good luck to Joe

(7:00) medically clean - but hypnosis residues, muscle memory. (5:00) all clear.

+ 30 mg 9/18/77 9:00 AM (6:00) 7:00:45) 10:30 to t: Some little window Ed. (some 5's + cramps.


mental "hypnosis." Start - much relief. late - mid - late in dreaming - try to

helpful for CNS - dream < 5.50 (8:00) Brother has come - still able to ship in easily (11:00)

to sheep (8:00) next two days. clearer and not too hot (2:00) but very dry. They

+ 44 mg 10/14/77 11:00 PM [8:00] CL r. Needs (5:00) p. 2:30 pts. Last development 24 + 44 (1:00). ATR

6:00) 1:00 [110] 2:45 + and more. 5:30, almost. Eyes close together. Posture change,

some cheek - shop. much motion in visual detail. Confuses and + degree of musculation

Start drooping by (7:00). Both 5 intestinal cramps - eat (medically) 10:30. (11) sheets

fitfully - intense and rich dreams - urine production very light (15) some 18 hrs.

to be worked up for everything. (20:00). completely clear - no residue extremely ruminating.
5 mg - 7.7 mg ± CT < 6/27

- 10 mg 9:30 AM 7/13/77 AT - n.e.
- 15 mg < 7/25/77 CT - n.e.
- 24 mg 7/26/77 AT 1:50 PM - possible dorsocentral stimulation in gillium - but was in sun chewing weeds for a few hrs. pulse 90-100 - stimulation? Probably nothing - no other sym - no mental. (-)
- 40 mg 10/31/77 AT 7:53 AM (2:00) (1:00) sl. tech cleave? - n.e.
160 mg 9:00 AM [0:00] 4/28/77 [0.23] early alert 0:32 first window slight dilatation window in head, hot eye like early 11:00 [1:00] up [0:52] developed a ++ 50% dilatation [1:15] a lot in eye, jaw [2:13] drooping (1:45) to + (2:02) almost clean eyes almost normal (3:02 [0:00]) CR or 050% room but no horse [0.35 - 1:00] developed nice intense window + but quiet entry - pulse 100 [1:15] heavy in eyes [1:38] drooping - some residual dilatation, some mental? lots of eye blinks [2:32] not in all ways.

120 mg 11:00 AM [0:00] 7/5/77 CR 100 mg ABT 0:32 alert 0:47 - at 2:05 - that in all - took up one + back and almost out 2:05 def. CR 0:30 [0:33] heat was a bit when drinking tea - eye contact effect - Colors - bright colors - first yellow, next golds. Buffet picture - this up 10:30 to about 3:00 nothing but "oh, look at this!" 3:00 down - colors largely gone. No comment or recognition of window. To easy sleep (3:00 - 4:00) except when eyes were closed - colors again. Shows some, no motion - in AM [3:00] maybe still some golds. Also - she had duty again. Expected...

120 mg 10:34 AM [0:00] CR 7/8/77 [0.28] sk et hl. - "Vibrations to sound. 0:14] development out of lab to outside - some anxiety with R [0:50] - blanket - very comfortable. Exposed to 0:40 [0:00] lunch - meat twice 7:30 for . . . still voluminous. mumbles with 8:00. acknowledges "window" concept. Quit thinking all during. Could have afforded himself to any taste but could not be bothered. Might have maintained anxiety outside challenge, but not here was none.

160 mg 9:10 AM [0:00] ABT 8/10/77 Preliminary to extirpation study 0:247 0:32 alert 0:37 start to 1:00 as a gentle ++ lighter than 160 mg MDEx 2 -3 -8 CKX [0:00] morning (1:00) large

160 mg 1:35 PM [0:00] ABT, 8/10/77 + 100 CR 120 CN 100 A1 preliminary to extirpation study 0:247 (0:21) (eaten kena) (0:20) alert developed to 9:00 - drop a little before 2:00' ++ (weak) (at 4:00)

+ + 10:05 AM [0:00] 2:12/77 N. West near Birmingham - overall, very light effect ++ no ability to sleep until 6:00 [9:12] awake and well rested

+ + 160 mg 12:05 PM [0:00] 10/24/77 CN 170 + 40 CR 100 + 40. Oakland Museum! about 0:25 - to ++ by 1:00 supplemented at 2:00 (4:00) CR ear pounding 0:38 range by out. Well received.

+ + 180 mg 11:40 AM [0:00] 11/17/77 CO very + very - eye side papillae. too ++ supplemented at 11:20

0:30 movement again. Side effect - CO I then so tires - difficulty talking - familiar with 0:00 (1:4) be. No objections. No sleep problem. Second dose ++ at 11:00
MDMA - intrigued me because everyone who asked it answered the question "What is it like?" in the same way, "I don't know." "What happened?" "Nothing." And now I understand those answers. I too think nothing happened. But something seemed changed. Before the "window" opened completely, I had some somatic effects - a tingling sensation in the fingers, temples - a pleasant sensation, not distracting. However, just after that a slight hand, similar to a little too much alcohol, subjective sensation that my hands were cold. Not certain when nausea disappeared but all sensations were reduced when walking outside. The attention could be diverted from physical symptoms to outside, nature-oriented interests. The mood was light, happy. But with an underlying conviction that something significant was about to happen, not good (or good enough for that matter), but just that something important was in the wings.

Some mesocine reminiscentes, with Calvina. However, the most notable visual experience was that of change in perspective both in the near visual field and in the distance. Also the feeling that my usually poor vision for distance was sharpened. I felt I saw details in the distance that I could not normally see. The next day I confirmed that I could not see what I remembered seeing on the previous day.

After the peak experience passed - major somatic and psychological state was one of deep relaxation. I, who can only barely tolerate having my feet touched, felt no sensation of being ticklish about the feet. I felt that I could talk about deep or personal subjects with great profundity or special clarity and experienced some of the feeling one has after the second martini that one is discovering brilliance and with
particular acute analytical powers.
Throughout the afternoon I felt very thirsty - dry mouth - and consumed a lot of water. I consequently needed to urinate frequently. I got a festering (in the psychic sense), that I habitually eat for much salty food.

A very major subjective experience was one of no appetite. Food tasted - smelled good & normal, but food just didn't seem interesting & I didn't feel hungry.

No difficulty with motor coordination. Could play piano, judgement not impaired at any time. However, I lacked motivation or patience to carry out any task unless absolutely necessary.

The relaxation continued into the evening. Had especially vivid hypnagogic imagery on going to bed. Slept soundly through the night. The relaxation was still present the next day, with feeling of general contentment. Although slept soundly on that night.
In some way - not relaxed feeling - books, turned better than usual, felt 95% both left & right. Sensory return to normal the next day. No doubt it is the start of something, but I am not sure what.

General remarks, in retrospect:
Some of the daily quality of psychical state on Sunday might have been related to weariness from Friday when I was up late, having worked hard for several weekends & on Friday preparing for the dinner party on Friday. Generally, found it an interesting experience, worth repeating to test the persistence of some of the somatic experience, particularly the relaxation & the lack of hunger.

Also, I think it would be interesting to indulge in stimulating conversation. Therefore, a group experience might be interesting, although possibly everyone would be too relaxed to get involved.

Also, since there is an introspective quality to the experience, it might be fun to devise a way to experiment with one's own body (mental) interest. E.g. I would like to try some of the psychic tricks & interest in...
5 mg (7/6/77) ATS 4:22 PM. n.e.
10 mg (7/9/77) ATS 1:00 PM (6/21) n.e. 2:00 PM + 10 mg n.e.
25 mg (7/10/77) ATS 8:00 AM. in 6th day of MDMA tolerance. n.e.
50 mg (7/11/77) ATS 4:30 PM. n.e.
65 mg (8/4/77) MTS 12:55 PM n.e.
100 mg (8/9/77) ATS 9:36 AM. - Severe taste disturbance. n.e. [3:30?]. n.e.
150 mg (9/11/77) ATS 6:00 PM n.e.
5 mg (7/19/77) ATS 12:00 AM n.e.
- 10 mg (8/4/77) ATS 10:10 AM n.e.
- 20 mg (8/6/77) ATS 11:00 AM paraesthesia twin at 1:30? – n.e.
- 40 mg (8/12/77) ATS 9:20 AM n.e.
- 70 mg (9/16/77) ATS 11:25 AM n.e.
- 100 mg (9/6/77) ATS 3:00 PM – absolutely nothing n.e.
- 180 mg (11/21/77) ATS 8:03 AM = (0.10) n.e. Euphorbation – see p. 256.
140 mg (7/21/71) 10:24 A.M. - 2(0:00) interaction experiment - alert 0:15 - (0:45) no particular

nausea (headache) shaky appearance little less in motor skills (pres - las

manifestation) knees antony, cramps, weakness, related uncoiling midline

(1:00) - sleek very AM clear + overall. Motor face mouth, eyes, etc. 0.

100 mg 9/27/71 T = AM (6:00) (0:30) combined surgery aware pulse to 116 (0:18) to 125

nausea (0:16) window - but to a severe extent (0:10) stilliciency, unable 108 + at +

(1:30) - 2:00 pulse down - steady (4:15) clear erect for teeth

170 mg 10/16/71 in too fast 3:00:45 50 mg (this after Macarthy (PA)) (0:27) object alert

(0:10) slight (0:05) to + much worse (1:30) + 50 mg 1:00:45 mg (0:15) still very + (2:15) stable (5:30)

at + but quickly (2:30) (1:10) back + only - very mild confusion (4:00) alert not

[ ] 160 mg 11/4/77 7:30 AM (1:15) mono (0:32) to (0:50) full + (2:00) steady

this was MAA.

[ ]

[ ]

[ ]

120 mg 11/3/77 (2:00) slow during - to chair, soup, wine - at + or + mental confusion

no sign of muscular ataxia - with minimum sensory input - were normal - normal

sleep at (5:00) - at home - only +. MCA in not a mild eyes closed materials

120 mg 12/3/71 9:15 AM (0:50) eat (0:15) to (0:45) + (2:00) + (5:30) drooling + 50 mg (0:15) another

again worse at (0:15) steady to + + at (1:00) - teeth qui + no sign of

ageing 2:00 slow eye movements

+ weak (0:15) watch again - back up to + + at (1:00) once more

clenic again 3:00 clear + wet no hidden.

+ 140 mg 12/27/71 combination (CN) 100, CR, 80 11:45 (0:00) (0:20) runs clear develop to (1:15)

++ to nausea gone (2:00) + ++ (3:10) drooling (4:00) back from hill - teeth clinic

and other materials into (5:00) still

100 mg night swallow 11:45 PM long 0:50 + 40 mg (2:00) ++ near - climb - shades (5:15)

complete with feeling, complete inact, (4:15 - 6:15) for side laying made fuse (0:20)

completely clean. Next night continuing sleep. +

100 mg 6/21/78 2:00 (3:00) (0:30) aware (0:00) developing (0:30) up to + + window - a little

nauses, a little nausea (1:00) + windows + that little something (1:15) stable between + +

(2:00) slight short - conditions terrific but complete up (2:15) rapid recovery (3:00) pretty

much not - certainly no more than +.
8/7/77 Exp. to see if reseritine + LSD is reduced (hence against) by pretreatment w/ MDMA-like drugs - vs., the 7/4/77 at 60 mg on the day following 160 mg MDIP and 80 mg MDMA. At [3:35] into 200 mg MDE (post-sympt.) took 60 mg LSD (2:00) (0:40 - 1:00) build up of warning signals - mental clarity [1:15] development into ++ of LSD - with edge-loss of reality. This is as clear an LSD as I have ever in my life experienced. The temptation is to falsify it deeper and more open with another 40 or 60 mg. No, I am too much on the run of reality as it is to learn to in-and-out with this.

[2:15] The world is dancing around me. Terrifying temptation to expand the experiment. RESIST [1:50] I am at a place, fully ++, where neither the MD series or LSD alone can get me. When LSD has to do the opening job, it pretty well tires you out - but with MDE to open things? Is MDE needed - could MDMA work? Might this allow the detection of v. small amount of LSD? Let's next try 120 MDMA and 60 mg LSD together, or slightly spaced. I am at +++ - I must resist the temptation to supplement and extend this state, but I don't want it to end. [2:40] Perhaps my slightest sign of drooping... at [3:15] am at +++, and resist the 60 mg additional LSD already ready! [4:00] at full happy ++ - and I am not yet sure if I am glad or sorry I resisted. That was probably the most purely tempting manner that I have ever been confronted with. At my present + I am complete ecstatic about my experiment. [7:00] some hypnoid residues. The dancing, beautiful, in love with everything world of the [2:00 - 2:15] period was one of my rare +++ pleasurable experiences. Will I ever succeed in recapturing it? Let us try [120 mg MDMA and at about 1 hr, 60 mg LSD]. Evening - excellent sleep. No AM re

8/10/77 MDMA + LSD. 120 mg MDMA [2:00] q.v. 60 mg LSD at [0:00] (0:30) placed window to about 1:15 to + at [1:30] the human window - outside no better [2:00] drooping. MDMA does not do it [2:00] virtually out - the two drugs do not see one another

8/19/77 MDE -> LSD. 200 mg MDE [2:00] q.v. 60 mg LSD at [0:00] (0:30) placed window to about 1:15 to + at [1:30] the human window - outside no better [2:00] drooping. MDMA does not do it [2:00] virtually out - the two drugs do not see one another

8/17/77 MDMA + LSD. 250 mg MDMA at [2:30] q.v. 60 mg LSD at [0:35] (0:30) heard noise first edge effect [0:15] slow development [1:00] up +, still sounds. [1:15] going into what would be LSD alone. [2:00] Straight LSD at ++ [2:30] drive up to red wood, take off. Edge well, loss - if there is any enhancement of LSD - it is in the direction of reality 200, not window. [3:00] drooping. [5:00] drooping, but can still ++. [8:00] still trace

[Note: 2:40]
10 mg 8/18/77 12:50 PM - h/t of hemorr. effect at [2.67]? - n.e.
20 mg 9/11/77 11:45 AM - n.e.
40 mg 8/16/77 11:00 AM - n.e.
70 mg 8/19/77 12:07 PM - n.e.
100 mg 8/25/77 9:00 AM - n.e.
200 mg 8/31/77 11:27 AM - n.e.
500 mg 9/26/77 11:55 AM - n.e.
100 mg 10/26/77 8:17 AM - n.e.
180 mg 11/10/77 9:40 AM - n.e. (see exhibit 10, p. 286).
8/29/77 MDA + LSD - 160 mg MDA at 6:00 a.m. 40 mg LSD (6:00) - an overall very bright, but the effects were LSD, not MDA. MDMA windows were off. MDA grew to a + and very nice. This seems to be building up in mne. Plateaus - 8/05 - still developing. (1:00) full + - concept that this (MDA) can be considered an anti-LSD, correct LSD = windows; i.e., antipsychotic? I may be ++ (1:45) steady, erotic, fun but not worth the bother. (2:15) still ++ (2:45) beautiful, clean. (3:00) still + (4:30) down. MDA ++ + + ++ 5:00 below + (6:00) went out (12:00) (an add 40 MDA at 1:00 = 3:00 = weak). ++

8/29/77 MDA + LSD - 160 MDA + 60 mg LSD (10:30) = [0:00] (0:30) start [0:45] not too strong, but very nice windows - + + + + + + + + - still only MDA (0:45) first thing morning by LSD? - + + and very nice. This seems to be building up in mne. Plateaus - 8/05 - still developing. (1:00) full + - concept that this (MDA) can be considered an anti-LSD, correct LSD = windows; i.e., antipsychotic? I may be ++ (1:45) steady, erotic, fun but not worth the bother. (2:15) still ++ (2:45) beautiful, clean. (3:00) still + (4:30) down. MDA ++ + + ++ 5:00 below + (6:00) went out (12:00) (an add 40 MDA at 1:00 = 3:00 = weak). ++

8/29/77 MDA + LSD - 160 MDA + 60 mg LSD (10:30) = [0:00] (0:30) start [0:45] not too strong, but very nice windows - + + + + + + + + - still only MDA (0:45) first thing morning by LSD? - + + and very nice. This seems to be building up in mne. Plateaus - 8/05 - still developing. (1:00) full + - concept that this (MDA) can be considered an anti-LSD, correct LSD = windows; i.e., antipsychotic? I may be ++ (1:45) steady, erotic, fun but not worth the bother. (2:15) still ++ (2:45) beautiful, clean. (3:00) still + (4:30) down. MDA ++ + + ++ 5:00 below + (6:00) went out (12:00) (an add 40 MDA at 1:00 = 3:00 = weak). ++

9/7/77 MDA + LSD - 120 MDA + 60 mg LSD 6:48 a.m. (0:24) alert (0:30) noisy, whiny (0:45) pretty much open window (1:00) full + (1:15) mne. window - full + + + + (2:15) beautiful, clean (2:45) pretty, open (3:00) some LSD-like effects of residual MDA. (9:15) +10 mg MDA (4:30) relaxing window without any noise (5:30) physically, mentally clean. MDA - still a little window (9:30) + - good lat work (13:00) out entirely - good sleep at (19:00) ++ ++

10/18/77 MDA + LSD 180 mg MDA + 60 mg LSD (6:00) alert (6:30) start of very nice windows. Plateau at 10:30 (6:30) went into a + window (11:00) on impulse - + - S.F. full + + +. I went to explore (1:15) concrete underlayment - full adventure (1:30) mne. the foreign world from Powell St. Station - up Powell up 4th up 5th up 7th - club is completely foreign - exciting & intense ++ if not more. (2:30) from club to home movie - fantasy & erotic - the S.F. window in the last reflection - first stay into world in impulse - (4:30) back to club - cleaning. (6:00) French class - still + + in good mood and content. (9:00) - pretty clean. Overall - extraordinary beautiful, foreign day at ++ easy, and the alien nature seems to almost to ++.

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<table>
<thead>
<tr>
<th>Dosage</th>
<th>Date</th>
<th>Time</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.5 mg</td>
<td>9/2/77</td>
<td>11:40 AM</td>
<td>n.e.</td>
</tr>
<tr>
<td>5 mg</td>
<td>9/5/77</td>
<td>10:09 AM</td>
<td>n.e.</td>
</tr>
<tr>
<td>10 mg</td>
<td>9/16/77</td>
<td>10:02 AM</td>
<td>n.e.</td>
</tr>
<tr>
<td>20 mg</td>
<td>10/3/77</td>
<td>9:00 AM</td>
<td>n.e.</td>
</tr>
<tr>
<td>50 mg</td>
<td>10/18/77</td>
<td>3:26 PM</td>
<td>n.e.</td>
</tr>
</tbody>
</table>
- 1.5 mg
+ 3.0 mg
± 4.3 mg
+ 6.6 mg
+ 10 mg
t+ 16 mg

+ 10 mg 7/23/77. Interaction experiment - dark, eyes closed, cerebral. ~ midnight (10) 0.35 mg effects (0.35 - 0.50) abrupt nausea - unpleasant body. All this without visual input (8 mg/10) start eyes closed, structures. Lipoa - shallow EKG edges - start simple - become complex - lost E. eyes opening. Disturb. (yet in closed eye field) - displays stimuli not very useful. Entire but unpleasant. Into quick sleep at (2:30). Colors largely faint, white & black.

+ 10 mg 9/11/77. Woke up again 9:30 PM (9:00) sober. Known but clear. (0.35) slight
light flickers. (10 mg) eyes open - little if anything - eyes closed (dark) a light in the field - desensitization - action & lines & shapes. Quiet sleep (2:30).
+++ 4.5 mg - 3.0 mg at 8:45 am (6:00) 10/17/77 (8:45) been there? (1 pm) a little aware on the edge - no nausea or frequent, this time (see 5.0 mg!) (1:45) no noice but now physical iciness (1:15) at +, and developing - there is some noise (2:00) between + and ++ - fullfledged + 1.5 mg - some shade (3:00)土耳、window state, at ++ to +++ - enthalpy no intellect, no psychosis (3:10) ++ , things are crowding (4:30)土耳、window full +++++ shared - some shattering (5:30) back to ++ (6:30) feel + still, some physical memory (7:30-9:00) build at +, lots of medicines (12:15) mentally pretty much clean - hot sleep. shiver & related stimulation.

+++ 4.0 mg 9:30 AM 10/17/77 (9:30) shotty nausea - continous slumber. (1:30) SF effect plane to get worse (2:30) + ++ - tachy, hypotonic severe ++ - pretty clear - wake in memory.

++ 4.0 mg 10:55 am (9:00) 3.0 + 1.0 at 2:15 AB, BB, CR, CN no adjustment. All outside + (1:15) then slow development - not too fast at (2:15) additional. Full into (4-6). AB at +, 5, CR, BB ++ - all + verbal = negatives. CN fully tet and hungry much. Kells anchor works. Not pleasant. General drowsy intoxication and leg problems AB almost sleepy drinks at (9:10). All + sleep problems. CN & AB into next day (12-50-50).
25 mg 10/9/77 TMA-6

(1:00) alert then, nice awareness, alert. (2:00) smooth, almost "washed out," quite willing to go higher sometime. Tea-cup feeling in can't claim. (2:30) nice relaxed into calm. (3:30) up to smell hi ++ (5:00) in semi-calm. In the air, somewhat windowy. I might prefer to avoid social interactions at higher doses. (6:00) drifting but still something. (7:30) still aware - long-lasting but nice (8:30) rather relaxed - in ght (12:30) clear w/ sensation.

50 mg 9/26/79 9:30 AM (0:00) alert - slow development (1:00) to + (1:30) slightly own +. (3:00) ++ not too much character (3:15) an ej - not too mainstream - no joy anyway - no edge effects, some introspection (4:30) back ++ a little eyes closed. +.

Pointiness (6:00) change by not - pleasant afterglow - rather hungy (12:00) still hungy overall - not too unrewarding at this level - no visions, little insight. Sometimes higher.

TMA-6 continuing study
See 93-98, 150, 158

+ 8 mg
+ 12 mg
+ 16 mg
+ 20 mg
- 10 mg 10/11/77 8:40 AM. A.B. n.e.
- 20 mg 10/12/77 7:23 AM. 20 mg 8:15 AM. n.e.
- 60 mg 10/13/77 8:38 AM. A.B. (1:00) c/o echinococcal 9/8:30 PM. n.e.
- 150 mg 10/14/77 7:12 AM. 120 mg 10:33. Object hint of light head. delayed (1:30) slight drench in teeth (2:15) fully (-) supplement 60 mg. at night t. - Conclude LSD g.u. p. 149
- 200 mg 10/30/77 7:40 AM. n.e. Conclude LSD g.u. 266.

General formui studies LSD - see under primer studies.
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MDAG

MD-13

- 1.3 mg 10/11/77 4:35 PM, A/S n.e.
- 5 mg 10/13/77 8:20 AM, A/S 1:30 no effect, hang-over? n.e.
- 10 mg 10/17/77 10 mg 8:00 AM, 10 mg 9:08 AM - probably n.e.
- 50 mg 10/20/77 40 mg 8:00 AM (8:00) - 40 mg 10:08 [i] [j] something? n.o. n.e.
- 150 mg 10/22/77 120 mg 8:00 AM + 60 mg 9:30 (8:00) - no effect, effectuation = C50 p. 249
10/27/77 MDAL + LSD at - 4°F, 3] 150 mg MDAL + 60 mg LSD 12:01 (0.26) clearabant [0.0] 4, 13) first shake = (1.21) up to + or a little more (2.10) still ++. It limited due to yesterday's diet. (functioned tolerance?) or is MDAL an antiflupent? (4.28) resistant clear - overall ++ or ++ (5.40) clear.

++ (V^) 10/30/77 MDAL + LSD. 290 mg of MDAL at [2:10] 9:45 5 (0.03) and [0.0] about [0.23] start [0.0] 0-20% window - to complete at ~ (1:00) (1:10) full +, erotic I! (2:00) a full + still + + - an extraordinary slender female person to present - no trace of passivity - eye of LSD - things would probably work if I wanted them. [3:36] still very ++ - I have an overwhelming urge to go out and be with people - talk, talk. - I am a full + erotic - still +. I want to share this with someone someday. ++ (V^)

11/6/77 Amphetamine + LSD is a dud at - (2:00) 12:15 (0.04) (0.26) about [1.10] between + and ++ to (2:00) a good + one - but LSD-like. (4.28) still some residue - no erotic.

++ 11/10/77 N 0.2% of MDAL + LSD 150 mg N-oxide at (1:36) 11:45 (0.04) (0.26) about [0.04] start [0.0] 0.5% - nothing remarkable (2:00) at ++ to museum to meet CN (3:00) which is a bit exuberant. I wanted to retain at least LSD, but basically not the exuberant quality of MDAL. (3.0) still ++ to (+) 5:00) to city (6:00) still slight LSD (5.10) out. Pleasant.

++ 11/14/77 N = shaking. MDAL + LSD 150 mg N-oxide at - (1:30) 4:45 (0.26) very (1.10) at ++ to - strong + would 60% window? no. dominant. Good interaction = everyone but no smirks. MDAL + LSD (4.40) large + clear (5.40) still residual = nic afterglow - not super window. Call ++ but actually between ++.

+++ 12/18/77 MDAL + LSD [- 2:30] (45.3°F). Ed 14G one 140 AT 15:00 - 1 body window - 2905 100 (0.00) 19, 50, 60 mg - well 3 to 3:00. Subjected to a horse ride, redwood trees, music, many roads - glass up near - quite cold (6:00 - 5:00) into warm outside uneventful. Balance game - normal feet - 5:00 Ed asked Hypsinton (8.10) 0.36 moles off (0.00) the same 10 mg cigs - 9:00 - 10 mg 3, 2 Ed 5mg (1:00) shake of wine. Monday. Next morning. Two hours, very dizzy. Feeling electric, no in head seems 12AM's office. Thai feet. - minus ++ but disturbed by no excitement. Too camply & three.

2/7/78 MDAL + LSD [- 3:35, 1:15] 8 250 mg MDAL + 40 mg at (0:03) - even at (0:45) morning but the residual guidelines of MDAL. (1:10) to + (1:00) still probably only one + - it is obscured by the physical disturbance of the MDAL (2:40) futile + - (4:00) largely not. Teeth got on to at least (8:00) - overall no more than + and ++.
<table>
<thead>
<tr>
<th>Compound</th>
<th>Quantity</th>
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<tr>
<td>C15H10</td>
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<td>C15H0</td>
<td>30 mg</td>
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11/3/77 年 8:20 PM (0.16) alc 约 3.05 小时后，比预期的时间晚。我不能确定是否是由于这台机器的故障。这可能会导致结果的偏差。需要进一步的实验来确认。
80 mg  60 mg at 12:30: (6:00) (10/31/77 - see p. 240 for earlier treatment in day) (6:30) absent
(6:35) present but jaw clenching for (6:35) ± at limit. +30 mg at (1:00) (2:00) merged into +
or possibly still ± (8:45) absolutely nothing. (3:30) ± (8:00) + 60 mg
recessive: ± 110 R F. 30 S
(1:00) some teeth clench - a bit in the eyes too. (2:00) some blurriness but nothing bad.

++ 120 mg 11/16/77 at 3:00 = (4:00) (6:15) am 11:00 developing quickly (1:10) to a + + +
+ = kind of yes, but something more. Not just fear but something serious. (1:16) + + + steady, + +
my writing is good (2:10) helpful down - some superficial redness. overall + + +

++ 100 mg entry on page 259 belongs here. ++ 2 100 mg

++ Leaking 11/18 at 4:00 = (6:00) (6:45) ± E. clench - no unusual development to (1:10) - not too
not much
but
unwind.
Recal + or even ++. Very odd - clenching present (2:10) still ± or ++ (4:10) still
noticeable - clear at (5:00). acute but impotent. This at 6 days clean, not too uncomfortable.
2. Set 11/17/71 11:43 AM (0.50) (0.50) thin light + delayed, set 11:50 light threshold - quick willingness to push, set 12:00 cut out.

+ 11/17/71 7:53 AM (0.00) abort 3 (0.50) (0.40) delayed full development (12:00) still + delayed (this is equivalent window to 3:00) short chain (3:00) pretty much out.

++ 110 mg 12/14/70 2:40 AM (0.00) (0.60) abort (1:30 to 1:10) rapid development to ++ more clearly, window not something serious (1:30) awan 9:30 to fast off. Liver still (2:30) still ++ (9:00) liver is dark, still + and is he aware? (5:00) back to 7+ still aware out transient (1:00) large out (7:00) completely out.

++ 160 mg 2/18/70 9:10 AM (0.50) (0.50) abort - something new (0.30 to 0.40) dopamine sugars, ward development rapid - muscular tremor - nausea - hypnoid quite severe (0:00) to + slight mydriasis - closed 7 eyes closed (9:50) actual nothing - eyes open is everything; closed, snow muscular dyskinesia - pneumonie? (2:00) drooling - mentally at ++, hypnoid problem quite real (5:00) clearing - still teeth clench (3:00) completely out - peaceful benzathine mood - relaxed, attention (5:00) somewhat intentional tremor in leg muscles. Eyes completely clear. The mental was not worth the physical.
**MEM continued from 229, cont. 270**

+++ 70 mg 11/21/77 at 5:50 = (0.10) [0.30%] important diet. - outside. I would never
see it. (1:00) start at [1:30] in a 20 min to (+2.00) + 30 mg [2.15] smooth ++ (3.15). - did it
complete minutes. Yet can cut overly. [3.25] exceed cute, ++ - certain e. - [3.30] due to [4.00]
- to S.F. - a couple of reality losses in bridge. - soon but ++. [4.00] Rapid recovery.
A very much day. I am going to consider this as a
first MDMA instruction. - beginning of reality less.

+++ 50 mg 11/21/77 at 5:00 = (0.10) [0.30%] in a diet. - outside. I would never
see it. (1:00) start at [1:30] in a 20 min to (+2.00) + 30 mg [2.15] smooth ++ (3.15). - did it
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A very much day. I am going to consider this as a
first MDMA instruction. - beginning of reality less.
++ 2000 mg 11/20/77 150 40 - fog seeing 40% blocked at 0:30 to 100% - for claustrum. - in supplement - eat 4 times in enton - heave, eating, distending. and OK this time. Plus - probably + but w. The cold y u c ? What this is an unsure assignment.

+ 150 mg 12/30/77 1 Dave (120) Estrone 12 - very hard. To + only. Can't outside.

++ 150 mg 1/5/78 (120) 1.3 + - I had forgotten how simple TAP is really. U (1/30) + (2/5) from both hands, eye blurry, otherwise almost out. (3/6) means out (3/10) (2/10)

+ 210 mg 1/10/78 - continue new nft, at (3/10) + 60 4720 mg - second dose largely quite + 1st message. Further chemistry. Chemical OK. (0.5) DR 1.8. (0.5) excretion, also no CW. Intake.

++ 180 + 60 + 70 1/15/78 combination: DR + 60 + 70, 30 160 + 40 + 70 -> 5 310, 150, 150. Selling at 1.0 (3/8) 3 (4/30) (11:14 = 0:14). 4.8, 2.0: toxic. DR short, brief mystagmus - muscle incoordination - hearing, headache, CV in AM. (2/20:02) irritable, right dark, 4hr clear, 3 faint briefly. 4.55 AM heavy over next day, however incoordination worse in (3:30-11:00) 15 2 supplements too much.

++ 160 + 40 2/23/78 combination AB + 60 + 40 BB 100 + 40 Kelly 120 + 40, Kelly 100 1/15 (1/7) after AB 0.10. 0.30 (1/3) (3/0). <0.05) nonsense + nonsensy - recognition of damage to thalam from chronic alcohol. 4.5 and getting + at 4.5 (2/12) supplement all but 1004 2:10 ordaining + with evening 4 release afternoon - very successful.

++ 160 + 40 3/21/78 combination AB + 60 + 40, BB 100 + 40 4.75 160 + 40. Chem. perfect to ++, slight at 1.19. 00 - U.C. museum. Going down at 0.60 sharply out 47 (0/20)

++ 200 + 60 3/12/78 combination DR + 60 + 40 CV + 60 + 40 CX + 125 + 40 all subject. 0 (1/12) 5.59 present 0.8 - 125 + 40. He condilitions with vision - minor - chart pain at 4:10 follow by Bichler & Emanuel - vs shade in. Later at 4:30 from 3.04 to 4.04, then for 6 divided stay. 0.61, There 1.40 reduced green sweater. Pervous, and admissible (psychosomatic): 4.53 heavy myotagmus at 1.10-1.30 - face works (jumpy, gold & green vision in lab at (3:30) - d illion & physical, head ++. 9th. 11/5/77 start in bed 50:30, 7th heat each in 24 hr - whole while- awning out to 12 year some of childhood - then OK. 4.75

++ 160 + 60 3/15/78 combination CM + 60 + 40, BB 100 + 40, Kelly 1 + 60 and 10.00 0 (0/10). supplement at (1.3) normal chemistry. Electric, nausea by Kelly at (1.35). Out at (4:30) - uneventful - delayed afternoon. End of series

Cont. 2/71
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- 10 mg Dec 10, 1977 10:30 AM (0.02) N.E.
- 40 mg 6/17/78 9:15 AM (0.02) N.E.
2 mg 1/21/78 9.75 AM 0.7 mg 9:41 1.3 mg 8:20 mg n.e.

5 mg 2/1/78 2:45 PM n.e.

10 mg 2/1/78 ATS 11:30 AM (0:00) - a little more that evening was v. much felt. n.e.

20 mg 4/10/78 ATS 8:00 AM (0:00) - no effect.

70 mg 5/19/78 ATS 8:30 AM (0:00) 40 mg at 1:30 somewhat (0:30) clear (1:45: 0:00) + 30 mg (0:30) again - a + with something nice (0:45) more (1:15) steady + or even + (1:50) clear 2:00

So mg 5/13/78 ATS 9:30 AM (0:00) A day's diary free (0:30) chart (0:30) developed - feeling

name - but large by window (1:00) + of window (1:30) stable at + (1:40) drug (2:10) still

more drug (2:10) see explanation p. 267. Intensity (+).

Simple or vesepheras has completely different profile.

This is probably MDA, generated by the acetaldehyde

function of MDA in distillation. Proper buck is

now at hand, but essay must start again.

+ 10 mg 3/23/79 10:40 AM (0:00) [1:10] could a kid undisputedly? [1:50] 2:30 x =

?, maybe - ? (3:00) - certainly -.

- 20 mg 3/22/79 11:00 AM (0:00) (1:00) a little unusually? - no, nothing.

- 60 mg 3/17/79 10:15 AM (0:00) (1:00) a light but real

awareness + + cannot quite character yet, but very interested - no motor problems.

[1:30] boost 2 20 mg (2:00) an honest + a beta也能 (2:30) drooling - challenge (2:50)

+ 100 mg 4/8/79 2:00 (0:00) (0:30) absent (0:30) shirt (0:45) developing - no character yet.

basically pleasant, moderately noisy, (1:00) to a sublime + [1:15] still developing

(1:30) at + + , extremely drowsy, even simpler than MDA - become hyper

excellent [1:45] stable at + (2:00) beginning to drop off + (2:30) back to + one.

+ 50 mg 3/5/79 10:35 (0:00) (0:30) absent - drowsiness (0:45) going into something - reasonably

great entry (0:50) paraesthesia (1:00) almost + - MDA like - very sublime. (1:20)

between + + . (1:50) almost + + - Sublime! (1:50) drooling (2:00) rapid, down infatuated


+ 120 mg 4/16/79 (12:30 - 0:00) AB 120, CA 100. Conclude & quit (0:10, 0:10) - development - ABS

feels like MDA, then light LSD, then MDA - supplement (2:20) 40 mg each - quit a bit of

not so different to weight but thermoreg - long, slow afterglow. intense awareness -

lucid dreams, significant - probably a bit much, very impressive but not too rewarding

Ed, CA x' ABS, Holly, Kelly, CN, CR.

+ 100 mg 4/29/79 (10:30 - 0:00) ATS, AB, SB, CR, CN, D., E., etc. (1:00) alert all (1:30 - 0:30)

sleeps development to + (0:00) or (1:00) CR - briefly intense waking. then accumulate.

Kelly feeling ++? CR nearly + + + was CN last Ed. +. Unfamiliar - view of the consciousness

of MDA - sharp but delightfull, wide window - it drops gradually between 8:00 and 12:00.

CN/Holly explanation - negligble BPT. Consistently conscious. Mostly no sleep (deep)

and longgish next day. Influenza + Ed. bit touchly much aggravat.

Costume p 324
2.0 mg 2/1/78 1/3 9:45 AM = 0.105 (1:30) 2/8 h.e.
5.0 mg 2/4/78 8:45 AM = 0.105 (1:45) + 5.0 mg (3:15) + 10 mg - an evening very nervous & anxious
by extreme emotion - n.e.
60 mg 2/12/78 40 mg 8:25 AM = 0.105 + 30 mg @ 12:00 = n.e.
150 mg 6/15/78 100 mg 8:05 AM = 0.105 + 50 mg @ 1:15 = n.e.
first effect, the perspective a lot more clear. feet + hands were more defined, having a more solid, Methuen. The best way to do it, I think, is to think in terms of a few plans of contact, even better, to think in terms of the faces of people changing more than moving, while surfaces with two looking points instead

the suggestion is that it goes, but nothing specific other reason I could be wrong and put my hope for the more evident. I would change

If I did not know that I took a temperance

I would not notice any change, before the fact that I can recalling the kind of was in the way turned one direction by meaning that the people tend to assume it with the best thing

A hazy, nearly clear from being knocked of pain, free from the being, the horror thing.

specifically, one starts to head to better breathing, by chance, by chance, without a schedule, the process of thinking turns earlier, there is a chance of content. When I wrote this, some hints not surprising the force or the scope of the book

"People of Kau" had almost this impression, as a state of being, but I noticed, first - maybe a hint of my first, later on I read oft the force
and body colouring is done for the purpose of impressing other people in the same way as we are impressing ourselves.

from such things during talking with CY

"interpretative window" seems right.

No M.T.A. window, no colour, notice a bit more

internm. - good sleep without a headache, 411.

- I am not yet sure about the effectiveness of the

substances. After ca. 4th is a loss of the improvement

early in morning effect and for the next

5-6 h a physical and mental active status.

The increased interpretative power could

possibly occur also after a good night's rest.

If not - then for a drug effect - then

this drug has really something here, which seems to be a combination of

a balanced state between relaxation

and awareness (without nervousness 4th

after intake), without any reality loss.


Additional notes
in correspondence
1/23-1/30
+++ Oct 21/78 (AB+BB at 5 mg each) Old R Kelly + MCM, 20:30 est. 4 am. W + but Dan's in hospital. This day:
Relax + DA DB. Three Able, but limited. DA DB. To hypnosis.
MCM - he is under the line until late. The +, happy - they continued high 5 am until 10:35 a.m.

+++ Oct 21/78 (AB+BB at 5 mg each) all to extreme adlets in the 3-5 hr. period. Ed joins - in admission by DA and DB absent. They - next day effective well and at +++. Excellent - 20

+++ Oct 21/78 (AB+BB at 5 mg; DA+DB at 7 mg). Day at Kiva's. Rachel. My clearest day. Slow but firm (1:00) (5:30) to +++. Good adlet + all of AB who had an excellent performance. The test that "induction" was an artificial term - anything that was to done was done with excellent capability - cerebral tasks - intellectual tasks - problems to be addressed. DB was an excellent control. AB had about 20 min. of Kirk at 5:30. C+ AB observed. Kelly was, as always, below the line, but was also visually far out at the same time. All still very + or so at (2:00)

A + + - no sleep problems. DB + AD - much - into next day and through the day with effects. Finally cleared at (26:00) and slept well. Excellent day.

+++ Oct 21/78 10:00 am (AB+BB 10 mg) (Kelly 8 mg; DB 7 mg, also Brook+CR 7 mg)
to Smith Hill for day. Slow start. Kelly makes, tentatively, at 0:15 - comes in nicely, then descends into a self-control "below the line" that persisted for several days again. It was only at (26:00) following no sleep - that busy assignments...
2/12/76 MDPR + LSD [160 mg + 40 µg at 9:15 AM = 0:00]. (0:30) maudrant (0:40 to 1:00) slow development to + (0:00) barely + supplement i 40 µg LSD (2.10) to + + rapid absorption. (3:15) stable at ++ - very often and fluoroform - butterly better in the house (5:15) still ++, y! (6:15) still + off toiletries. for TV & dinner 8:00 largely out. overall + only - worse LSD than usual MDPR + LSD of earlier. Yesterday, many MD might have made us tolerant to MDPR - or maybe the supra-LSD solution is fading. Recheck both before becoming discouraged. + +

2/14/76 - rechecked LSD alone (p. 269). completely OK.

5/17/75 MR + LSD [200 mg + 20 µg + 60 µg]. [MDR at (1:15) 0:00 = 20 µg LSD (3:15) + 60 µg LSD] easiest if any effect - role imp. to sleep at (1:15) - good sleep, overall ++ at most. This is consistent i 2/17/75 (p. 269) and inconsistent with 1/11/77 (p 297) history here. 60 µg on freezing day... two tolerant users.

5/19/76 MOOD + LSD [700 mg MOOD at (1:55, 3:30)] 60 µg LSD (0:20) start (0:30) develop quickly to a strong ++. During very different - buying sandwich in bait store., some unseen Christmas platens at (1:00 3:30), gradual recovery. Possibly more window -like than LSD - and definitely > 40 µg/LSD - maybe ++ at may.

5/19/76 MOOD + LSD (700 mg MOOD at (1:55, 3:30)] 60 µg LSD (0:20) start (0:30) develop quickly to a strong ++. During very different - buying sandwich in bait store., some unseen Christmas platens at (1:00 3:30), gradual recovery. Possibly more window -like than LSD - and definitely > 40 µg/LSD - maybe ++ at may.

5/17/76 2-CB + LSD [11:30] 25 mg 2-CB. (0:30) Internet - light & nice (0:00) still ++ at last - theme down below. inhibition rather than hallucination.

5/20/76 2-CP + LSD [11:30] 25 mg 2-CB. (0:00) Internet - light & nice (0:00) still ++ at last - theme down below. inhibition rather than hallucination.

5/21/76 2-CP + LSD [11:30] 25 mg 2-CB. (0:00) Internet - light & nice (0:00) still ++ at last - theme down below. inhibition rather than hallucination.

5/27/76 2-CP + LSD [11:30] 25 mg 2-CB. (0:00) Internet - light & nice (0:00) still ++ at last - theme down below. inhibition rather than hallucination.

8/7/76 1.0 OMA + LSD [16 h post 4 mg 1.0 OMA] 60 µg at 2:50 AM (1:00) maybe + (2:00) completely clear. Obviously refractory.

8/20/76 MDPR + LSD [2-hr. from 200 mg LSD at (1:00) (7:00) (2:00) (10:00) (11:00) (12:00)] develop ++ no effect. (3:00) to 0 minor ++ - after a slight - & 2-bit of drive & a little exciting. I could do something without consideration of consciousness. window not really full ++ at (5:00) 1st deep gradual decline (10:00) to + + a grace of afterglow - cut & wonder but 5 enjoyment. (12:00) still a little remaining. Beautiful experiment. The AB is not great when I was, but definitely more and easier than LSD. Then, ++. To be followed - just LSD.
Aleph - 4
8 mg (at one time)

Time course linearly equal to 8 mg
The complete urine effect is 6 mg.
The overall result: not only 8 mg, a time of more.
The quality changes a very much.

I think that I know why you called it aleph.
It is really some thing made a new alphabet.
one has the same "words", but one spells them
in another way. They look different in that
meaning that they have still the same
content as in English, street, child, women etc. but your association often
is different. One can write the same words
in the Arabic script. it is the same
term, new techniques which are similar but
of only different and the meaning, the approach
are different as in another culture.

The environment is the same, is realistic.
all the time, the handing of the ground
level is always possible, after losing the camp
effect with after内衣, one is calm, sitting in a
chair and still active as before (beach). But
the hot hot of thinking is shifted.

One example: I was always impressed by the
"water cycles" of the nature (rainy, evap.
 etc) Even by such a tremendous phenomenon
I was at least consciousness separated from
**LSD - Calibration.**

From 214 to 250

+++ 60 mg 2/10/78 6:45 AM: 0.12 [+0.20] (0.30) LSD like dream - little windows - very out. At 1:15 to a LSD bent called OK. DC called not to OK. At 1:30 640 - no windows. At 0.03 psilocybin + 6H LSD - 3 washes more. + no problems - how can I pretend to be ok. read? - twisted to think? have result of changes in fact of use. (2:36) driving would be well - not for inside (window) but for outside + 8 mm. Peptaikatol in medium - 0.33 at fleckan. To double the drug may, no! Only one person I could totally trust my body to, and to understand my curiosity. I could not do it alone. My guide must (1) understand my want, and (2) be trusted. Due 1 + 32 - CN 1 - 2z. Ed + 8. 3013.46. Flekkan: analytically I am well. - quantitatively, I am OK but scattered. I want to let go, but cannot alone - (4:30) 5 sets by car - carefully. At 5:30 the target but pretty much OK. 6:00 lightly out. (5:40) completely out. Overall, as 150 +, but not the magic of hallucination, i.e. their super windows.

+++ 60 mg 4/1/78 12:00 (8:00) AT 60 mg CN 40 mg. CR 40 mg 8 (1:40) 9 C + 30 - CN 40.111 CR + 80.04. 10 - 80.13 + CR + CN. steady + CR + CL + 30. windows CN some clarity. Drop to (6:10) 7:00 largely out. Beautiful day.

+++ 60 mg 8/1/78 11:30 (8:00) AT 60 mg. AB, BB - few control baseline. CN 80.40. For AB, BB, (6:00) AT up to characteristics. 150 + or ok. more (window, 1000) (9:30) 12. 0 drop. Eat moderately but heavily at (8:00) - all at or above + - none of the MDPA augmentation.

+++ 60 mg 9/1/78 11:30 (8:00) CU 60 mg broken dream - great store collection - horseback - CU - frightening reality loss, remarkable 'feathers' - short coach to Autonurka. - largely out at (7:00). Extremely well received - we ++ at next, she ++ just.

+++ 100 mg 1/3/79 11:00 (8:00) AB, CA 100 each. Solid development (0:30) to 11:30 - excellent. Fleckan - no reality loss - not less than full Autonurka. CA. i have concern on rapidity of development at (8:30 - 11:00) - then excellent. Very gentle. Taken off, from (8:00) until (11:00). AB into next day excellent. Overall ++.

+++ 60 mg 12/2/79 after breakfast (11:30). Ed initially 30, 157.40. Bathy, little effects - both + 80 mg at 11:30. - desired to intense interaction - solid (very excellent), then Ed + at. Then in my mind, Ed, mind research: living of a dozen nodes, each i see at a concrete node - intense interaction - seen (60) of fixed nodes (rare). i wear to her (to the extent of living nodes - tripping feelings - intense grief - draw + 700) gives some meaning to her i eat strange unreality next day. I see Ed's face to watch. Hugs. Probably a breakthrough, certainly overwhelming for Ed. Completion of cycle.
this circle, still the "intelligent" observer, who knows this all and is "using" his knowing is using the water for his purpose. Suddenly during the exper, talking about the subject, I noticed that I am also included in this cycles by drinking water (my body is 60% water) and evaporating it, etc. So, I am a part of this circle, the water is using me - as I am using the water - for its purpose as a little hot sun.

An other phenomenon: I noticed a separation of body and mind. During listening to music and sitting with my body on the couch, I was with my perception organs - the ears - with each one in front of the boxes, no space in between, the music came directly into my ears and I was dancing with each note in the space of the room. This happen in a totally unfortnighten manner (totally without the W.S. Spirals), still calmy sitting on the couch. I never experienced such a peace full flight of rightness. I experienced each variance of a note even in such a way, that a single note on a single string of a guitar had the sound in its resonance as one would play all strings together with one touch. I am convinced now, that the first constructor of this instrument build this instrument in the known manner for such reason.

One good step forward for a substance which is good to control, but which has power for the "unthinkable." In this sense the intoxication state of smoking -
**MEM - continued f. 219, 260.**

++ 30 mg. 5/5/78, 10:30 AM (0:00) interaction DA @ 20, DB @ 20, CM @ 30, BB @ 20. Development to worst ever (0:15) to (2:15) DA parameter 20, BB 10. Indentify & much visual blur - but looked into 30 passing problems - no drop til 6:00 AM. DB excellent interaction at ++ at 5:30. CM, between + to ++, sensory shakiness & edge of (50). BB rather light but positive - +, ATB between + to ++ - drop noted at 8(5:00) on-ramp or on somewhat more - gone ++.

++ 40 mg. 3/2/79. (CR, BV, CN) 2:10 PM (0:00) usual chain. Both CR+CN ++ considerable interaction - mostly superior - moderate ambivalence at 8:00. Still two indices. Few easy & Safe drive - stay off - don't clean & caustic.

++ 10 mg. (40+30) (CL E) 7/29/79. 1 day post 2:15. ATB alert [3:30]. CL [4:30] develop quickly to 1:30 at 1:40 supplement 30 mg. (2:30); at or above ++ = energy turning to physical - egg - feels excessive hot - much dehydration - (4:30) drooling - buildup (6:00) leak moderately well - telephone calls - still ++ good sleep compromised ++

+++ 50 mg. 8/23/80, 11:00 AM (0:00) CL, AB, CD. ++; DF 25. On farm. AB alert at (10) ! - all others 20-25 min. Develop to (2:00) Much C.I. 8 nanum, bowel dryness. AB severe, DB slight, ATS, CL modest. The entire scene starts somewhat negative & builds up positively as time goes on, 3:00-4:00) max. Feel to be more embittered than LSD, but each person in change. CL, BB extreme color fantasy. Eyes closed, extremely rich, but in control of open eyes, discuss everything.

CD active hallucinations in humps. Physical heroin: CL, AB +++, much bloating, little urin, some individual sensations of body changes. (6:00)

Comases of drooling but unseason. Food bowl goes well. Spaghetti at 9:00 lightly eaten. Extreme amnesia. Open talk. Sleep (0-14:00) for ATS, BB scattered but OK, AB no residue; CL, AB : disturbing dreams, ATS & lethargy - both 2 miles at 22:00, then OK. Perhaps too much physical for the mental, but introspection will tell. Generally a ++ and

++

++

160 mg 5/10/78 (1:17 PM) 2 CA Kong (0:37) start, to +, to + at 4 + still +) - nothing new. CP made verbal intellectual statement - born in your church. CP in drooling - hand apparatus - CP had edges of reality loss. Premature 9y PM.

140 mg 7/5/78 3:00 PM (6:00) at 11h 8 DG, Ed 100 mg. Prefer chemotherapy - subject 40 mg at 2:30. (5:30) cleaving - walk in woods (8:30) to bed. Delayed sleep. Am fine.

160 mg (1:00@1:30) BB+CM 120 + 40@1:15), 7PM - right hemisphere. They started at 1:25) - 3 + (0:45) to +. Vision intact, absolutely necessary - eyes closed - nothing. Substantially perfect time. No olfactory (sensory hormone touch) Outside shapes begin & friendly. I am DG wish Ed drooling at 8:00 - unusual "drive" driven home (5:00 6:00) - Gentile experience.

110 mg (1/3 DB, DA, AB, DB, @2:00 PM 0:00) back to + 400@1:30) 9/1/78). Enchanted chemistry & effect, except AB slow development - light, and AB light. DB loses vision - becomes beautifully articulate. No heart agitation - if anything develops an awareness of beauty of natural surroundings. Also at ice cream (usually, cold foods) secure company. ATS intense awareness. Return to 7:00. Most wonderful effect.

120 mg (1/2 AB, Eric) 5/14/78, all + 40 mg (1:45), 11:00AM) - (0:30) alert all to + by (1:00) and is supplemented at 1:45 (4:00) drop. I sleep in last gentle morning - both AB+BB. Sleep is unusually in evening. Excellent no amnesia. Hi.

110 mg (1/4 CR, CN) an + 40 (1:30) 9/1/78 12:00 0:30 alert 0:25 + at 1:15 - subject at 1:20 - drop starts v 1:45) CR very hallucinatory, fronting CN also usual and mute. He acknowledges that he can't answer directly - his anchor. Delayed the vomit. Appetite coming normal at 1:30 CN good, deep sleep. Between + + CN said his job shortly thereafter. Probable cut growth of his internal dialog.

120 (100 DH, born + 40 at 2:45) 9/2/78 9:00 @0:25 alert 0:25 to + at 2 + - limited input late in evening. Subsequent maintained to 0:00 when both were +. Well taken

120 (100 CP, 100 DI. no supplement 9/16/78 10:45 PM (0:25) 0:25 alert 0:20 to + at 2 - limited input late in evening. Subsequent maintained to 0:00 when both were +. Well taken

D.C. Nassau 9/16/78 - 120 - 200, sleep, 20, erection, too much lecture. 2 year old normally. Taking on stimulant - almost - can
10 mg 5/16/78 5 mg 9:15 AM (6:00) + 5 mg (6:00) 7 PM.
2-CD

2.73 ± 0.05

4-

A-∗

Vn-∗

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1974-1975

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20 mg 5/11/78 7:00 AM - [0.00] (0.00) Smal1rv nice but subtle start (1.00) a snarl (+, bossy) very nice - I wish it were more intense... (1.70) real + intense @ (1.30) between + and ++ but I can do anything - would sleep, rest lost.

(±) 26 mg 5/21/78 9:45 PM - (0.00) (0.00) Slight development (1.15) at best + yesterday added - have to take it? (1.30) dead at + - See 26.

+++ 25 mg 5/17/78 9:00 PM - (0.00) (0.00) Start - cat laps down + (0.00) Physician to ++ wanted to + - I am going to like it, but at the moment I am not sure. (1.00) body, not generated urge...!! I am + strong. (2.00) would sleep - intense refluxion. (3.00) 1/3 of 1/2 easily, swallow (2.00) down to (1.05) point, but this will too far down. (4.00) almost out (1) - (3.00) out. Inhancement extant.

+++ 26 mg 6/10/78 11:00 PM - (0.00) (0.00) wanted + Physician to ++ at (1.00) pens敕力

+++ 25 mg 11/18/78 2:00 PM - (0.00) (0.00) cats - dont start - total development (1.00) between + and ++ unable to enhance, no need (1.00) +, no more (2.00) intense @. (0.00) edge, cat - hurry and grate safer - virtually out.

++ 25 mg 9/19/78 10:00 AM - (0.00) (0.00) start in head (3.00) to a nice + (1.00) end! - (2.00) Stew for Rex - 1/3 left, enough lost, overall light, good.

++ 25 mg 11/18/78 old: pink x5 - 43 205 ± (0.00) (0.00) Some about (1.00) to a totally obtained + in even ++ (1.00) good @. at + + - try typing. (2.00) Start down? Still a ton strong ++, but mentally very quiet here.

++ 25 mg 12/19 (CN, 4E 25) 1:15 - (0.00) start to develop (3.00) (0.00) + at length, pleasant + ++. Must wash, sit down, avoid. Can not drink from (3.00) to (9.00) (very humpfing - excellent abstinence! Very mellow and completely relaxed. CN, 4E. 25, heelbashing, which does it good.
do with my life? and was told, Simply be yourself. It was almost 1-1/2 hours, I was feeling more discomfort than the last time, sore stomach squirmishness and some tension. Christian felt full in the experience, and reported she didn't want any more. I decided to take a supplement to see how it would affect my discomfort. Carla was feeling good, but her vision was blurry with some trouble focusing. She decided to take more also. Then Christian decided to join us, and we all took 20 mg more. Soon after, my discomfort faded away, Carla's blurry vision disappeared, and we all went outside. Everything immediately sprang to life, and was fantastically beautiful. Christian was enjoying it immensely. We went around looking at flowers, Christian showing me things I had never seen before. I realized I had never really looked at jasmine before, as well as the incredibly beautiful orange flowers. We sat in the patio, feeling great warmth and euphoria, and stayed there until the sun went down and it was too cold to be outside. We had marvelous communication, felt extremely close to each other, and felt quite blessed for the marvelous experience. Food again tasted wonderful, and we kept visiting pleasantly and talking very openly until 10:00 p.m., when my son and his wife arrived and some other people and another party started lasting until midnight. Christian looked beautiful, and opened up significantly. She reported the following for the record:

For some time she has been taking mega-vitamin C and ginseng tea, as well as 3-4 grains of thyroid a day for several years. She stopped taking thyroid 2 days previously so as not to interfere with the experiment. Her pulse without thyroid is usually about 50; the thyroid brings it up to 72. She noticed that this experience increased her heartbeat to 80. At the height, I noticed my heart was beating faster also. She felt warm this time, but was not uncomfortable as with the hot flashes of the time before. Her skin felt moist and soft. She reported acuity of vision, hearing, smell, and taste, and no unpleasantness.
January 30, 1978. First experiment was January 26. This one was repeated at same dosage levels, 100 mg. for carla and 140 for me.

3:00 p.m. Start.

3:10 I can feel slightly.

3:12 I can feel some euphoria, carla says things are looking better.

3:20 I feel it coming on strongly; carla reports slight tingling. Verbalizes apprehension of her mother. Feels elevated pulse. Greens are very green.

3:25 carla thinks she is going into phase II, 1/2 pleasant, 1/2 not.

3:28 carla reports tingling, buzzing, unpleasant. I see her face distorted, but realize this could become a judgment, so look up into the beautiful blue sky and am aware of a higher level.

3:35 carla says discomfort is tapering off. Fingers are tingling.

3:50 Not ecstatic. She is afraid of our being found out.

4:25 Discomfort has passed; carla is getting a glow

4:50 carla has trouble focussing. Glow comes and goes.

5:40 Very relaxed. We have a very relaxed, enjoyable evening. Effects taper off gently, leaving us in a very pleasant state, much more alive.

April 30, 1978. carla and I started at 1:00 p.m. with christian. The girls each take 100 mg., I take 120. This turns out to be the most pleasant of all experiences for me, euphoria coming on and steadily rising to a high peak. The experience was also totally pleasant for carla. christian begins to feel nauseous, goes to the bathroom and throws up. Feels a little better. She sits on sofa, has very hot flashes, very hot, uncomfortable. At peak, we go outside, I find nature brilliantly alive and fantastically beautiful, the most beautiful I have ever seen it, with tremendous euphoria. The love among the three of us is astounding. We sit outside for a while, and have very open communication. Then christian finds the light is too bright, and we go inside. She is now feeling good, but wants to take it easy, not too much light. We converse very openly for several hours, with a marvelous feeling of closeness. We all come down very smoothly and gently. At peak time, no one wanted to take a supplement. We visited freely and easily till dark. We ate a delicious soup carla had prepared and enjoyed it enormously. We continued to talk very enjoyable till bedtime, when christian departed. The three of us had never felt closer.

June 9, 1978. The experiment with christian was repeated, starting at 2:00 with the same dose level. The session developed nicely, and no one felt any discomfort. christian preferred to sit with her back to the outside light, looking at the softly lighted interior, until things began to become more vivid in color. She then chose to withdraw and close her eyes and look inside, despite carla's and my interest in going outside. We sat with her inside for about 20 minutes, when she came out of it. She later told us she had asked, What shall I
2.3 mg 1/30/63  n.mks
- 5.0 mg 2/1/63  n.e
- 8.4 mg 2/5/63  n.e
- 13.3 mg 2/11/63  ok, tell nrk?  n.e
+ 20.5 mg 2/23/63  unreact.  am?  possible +
+ 35 mg 3/8/63  skin, & inject  g.v.
+ 40 mg 6/19/78  10.45  Am = (2.00) (6.40)  alert?  (2.00)  at best a fuzzy threshold - (211)
An additional 20 mg - nothing more  +
+ 20 mg 7/15/78  9.37  Am = (0.20) (0.35)  sl. tremors - all phasic (1.45)  quite a bit of
phasic  -  but  +  at least in the mental area.
DMMA
N-methy7-2,3-DMA

- 60 mg 9/20/78 12:30 PM [0.05] no effects
- 100 mg 9/21/78 1:05 PM [0.05] n.e.
+ 150 mg 10/3/78 10:30 AM [0.05] possible sh. tingle at 1 hr.; +
+ 200 mg 10/6/78 11:30 [0.05] [0.05] almost in Safeway [0.45] nothing yet [0.45] sublime +
(3.05) out if I was even aware.
+ 250 mg 10/23/78 1:40 PM [0.05] at best, + at [1.00]. Apparently not active in me.
- however, subsequently, 120 mg MDMA + +. This should be tried in others.

DC 6/17/79 i.v. in 2
bicarbonate, 2 mg (kg - drug), something in minutes, okay +, 5mm/dmph [100:1], 5mm
bp, 10% - hours later (after beer) effects still.
Anecdotal: oral 0.1
mentioned tingling, back awareness.
++ 140 mg (+70) = 160 mg 10:30 AM (0:00) AB 100, DA 150, BB 50, DB 50 - alert (6:00) all ++ + 0 + ++. DB - continued vomiting, then excellent. AB - nausea again. DA - nothing below the line at [2:00] 12.00 mg (AB, BB, DB only). Excellent state to [4:00] - then slow drop. Daugy much tarry, but lightly eaten. Pancake hot & fresh. Beautiful treat. All around delightful day. Daugy (12:00) only a trace - minimal dental clubbing. Prevented in PEN (L) received.

++ 120 mg (L 50) = 160 11:30 AM (0:00) CN (204+10), DA 150, BB 50, DB 50 all, supplement at (1:45) 0.0 + alert 2 + 0.12. Nausea (CR, BB, AB) & again weakness ++ + 0.12. at [1:10] unable [2:45] extremely pleasant and interesting. CR was exceptionally ++. Quiet descent through [1:10], eating was accepted but not vigorous. CN & myalgia even at [12:00] - general saw chemotherapy. Some slight disturbance. Am - CN, CR & headaches.

++ 160 mg (in 20 mg regimen) 9/10/75 (AB, BB 50, DB 50) - 11:25 (0:00) fine alert (3:00) no nausea - 10 + 0.15 at 1.40 + 0.15 each. Decided by (2:00) to ++, more held in excellent ++ to [4:30] then Dec. gently and slowly - shifts + 1 AB or at least 1 AB at [11:00], game felt else, ideal and day. Good sleep (5:00).

++ 160 mg (in 20 pg regimen) 9/24/75 (AB, BB, 50, DB 70, CR 50) - balance 1 hr. CR + ++ rest ++ r 1.25. CR & BB take in sun in lawn. CN some eye problems in PM.

Driving CN - midnight - well exptd.

++ 200 mg (in 50 mg regimen) 10/8/75 (AB, BB 50, DB 50) - no nausea (5:00 at 1 hr).

AB - slow to develop - still ++ at 19:00 - absolutely no appetite - but looks excellent.

BB - intense headache [1:00] - mane heat ++ all (sinuses). Next day AB & BB languid, CR glazy.

CN - introversion. Ed better, excellent output. 3 reality qualifications.

++ 200 mg (in 100 mg regimen) 11/13/75 AB 100, BB 200, CD 200, CN 100, CR 100, ed 1/2 at 19:00.

10:50 AM (0:00) CN (19:00) morning nausea AB only. All is some mix at 10:00 in dental following alert at [5:00 - 17:00] - no confabulation ++ by 19:00. Time distracted - extremely

Visions - for place in 1969's room. Excellent vision with occasional 111Lisa-like

prof. subtle decline around 19:00 - food helps good at 17:00 but no alert.

CN - negligible eye - leg problems. Dine back at 19:00. Next day general languid,

expect CN - excellent & active mood. Very successful, balanced environment. AB &

CD - mentally but not physically unwell.

++ 170 mg (in 50 + 20 mg regimen) 1/2/76 (19:00) CN at 10:00 (19:00) 10:43 (9:00) - 0:130 to a++

subtly alert at - feeling like go minerals, a bit of a bug, to some extent, but blend of bug and some

same tooth change. Absolutely no appetite (1:15) at least ++. (9:00) still some shakes

that are partially quelled by wine. Lemons & good staff, remainder ++

++ 120 mg (Ed 19:00). 1/24/76 19:00 - very normal alarm. to ++ in intensity. Ed says

no more than 100. Decem to join us. Clean accuracy of learned turns.

Wade away. Salut, Jon. On the other hand. Both. I have been seeing...
cont. 01/20A. (Ask if 3:00 A.M. being II.) There is little of any unusual. A time | hardly described. I would like to discuss the matter, but sleep last night led to | threatening situations. I may take alcohol (3:30) unless it can feel the | pre-visioning. When lying down, I felt clear. (9:00) no more increase | some discomfort, or at least no more than steady (9:45) after 10 (9:05) can | lie down without vibration (9:40) sleep. Incipient. Dreaming. Am (9:40) awake 00. | 10 mg 8/11/18 (9:00 A.M. (9:05) aloud (1:00) into snuffle (1:30) + + +. ! - shows, shows, to | Bents + force +. Sensible - a little sleepy - trust my good senses still all is OK - no | worry on judgement problems but completely weird. (5:00) drifting (5:00) cat + + | 25 mg 10/2/18 (9:00 A.M. (9:00) region, (9:00) (CN) (3:00) (0:00) add + add + (9:00) + | present message of nine. (8:00) mudes in walking, foot shake, shower - removed. Stain in (9:00) Cap | and grudge in front - afternoon nude (5:00) first day - drifting. (7:00) Lambranges & | time - excellent appetite. | 10 mg 10/2/18 (9:00 A.M. (9:00) alert at (9:20) to 1.5 + at (10:00) my rest and com - | noticeable decline (5:00) (9:00) to bank - good appetite - ostensibly out | | + + 25 mg 11/2/18 Emy ong Cindy. 3:00 (6:00) Playboy chronology - intense acute with | all acute potential translated to verbal interaction - notes 3:00 - 6:00 by (5:00) | + 25 mg 11/3/18 (CP) (9:00) (%) (8:00) to + + - morning - verbal deterioration (11:00 - | 1983 required - renew sun - movement - (5:00) out | + 25 mg 12/30/18 (CN) (DB) (AB) (R) (BB) (9:00) 4:00 + (12:00) + - + + (9:00) by | 5:00 + + + + - no adjustment (9:00) intense time distortion, visual distortion, | fine balance of time-warp; the day, BB, picture, well, table top, phone top - | (9:00) begin down (9:00) almost not (9:05) clear. Inquent complaint - well used. | + 16 mg 1/30/19 (CN) (CR) (AB) (CA) (DB) (9:00) to Stanford museum - well equipped, | Rich. Book, above ceiling, place, ceiling, art, balance, book, all of which | well and voluntary movement in virtual field. CA - the moment of anxiety CR - | looking somewhat unbalanced, well received and went favorably accepted. Excellent | group situation. Resumption at (10:00). Well | + Picture 2-60, 2-60 (10:00), see 2-60 (11:00) (9:00) (310) | 16 mg (9/17X) 11:59 (9:00) (AB) (CA) (CN) (R) (9:00) As will be seen - alerts (9:00) (0:00) | CR excellent + + , CR early return, As will be seen - alerts at (9:00) - (9:00) | well - excellent afterglow (9:00) next day extremely pleasant (9:00) CR - AB + | conf 323

Greg took 25 mg. of L.S.D. at 11 A.M. two hours after a light breakfast of cheese and fruit. He felt a seriously incapacitated mental state. The dosage had been 15 mg., but the evening before had been a dream in which I was in continuous dialogue with a very combative Indian. The Indian had led me to women and I was not about to encounter a frightening self-image myself.

A great deal of material was brought to me in the form of some internal, unrealized material which had been followed by a slight nausea. Then followed a visit to a woman who was present at the meeting and some remissions of feeling of self-awareness. B.B. informed me and both slipped away.

We relaxed, chatted, smoked, and passed the time of day. Drinking and eating were kept to a minimum. There was nothing to enhance the experience. There was no vision of being or enhancement of the senses. There was no feeling of being left out. The Indian was not present. The treatment was not effective. The feeling of the drug was a bit light at the edge, with a bit light of the substance itself in there.
- 3 mg
- 10 mg
- 15 mg
+ 20 mg

40 mg 7/21/75 7:55 AM
(0:10) (0:30) slight alert (0:45) drowsy drowsy. (1:00) it is steady
(good, not bad) (1:15) drowsy drowsy, but some body tensions too. (1:30) at +, and
development (1:40) steady at++. It would have been interesting to have gone
higher. Relatively imp. (3:00) drowsy - sed. (4:30) clearer. Still + alert.
residual drowsy. Higher sensitivity. (6:00) clear. Residual drowsy. MD + like.
Companions: Carla, Greg, Elizabeth, Sasha

Date: June 17, 1978

Dosage: Carla 6, Kelly 7, Greg and Elizabeth 10, Sasha 12.

We ingested the substance somewhat after 10:00 A.M. and drove to McDonald's. It was a beautiful day, and a beautiful place for the experience.

Goin' down the hill toward the river, I began to feel the effects. The first effects were negative, tension and depression, and they continued to grow stronger. By the time we reached the stream, the positive effects began to develop, and the stream and trees were starting to enhance in their beauty. However, I was fairly uncomfortable.

As we climbed up the hill, the experience grew in both dimensions. I became more and more uncomfortable, as though carrying a heavy load, with difficult breathing. Yet everything was slowly but steadily growing more beautiful.

The peak of the discomfort came around 1:00 P.M., somewhat before the time that Elizabeth found her "black hole." The discomfort was both physical and emotional. By the time we started downhill, around 4:00 P.M., the beauty was far outweighing the discomfort, and the balance in the positive direction continued to grow the rest of the day and evening. For a short time, just before starting down, I moved into the ecstasy of celestial space. On the way down, the discomfort would return in waves, but more and more I was able to get out of it. By the end of our walk, I was enjoying the experience tremendously.

Driving home, I experienced the joy of driving with full perception, although I did develop a little tension from the confinement of driving by the time we got home. But driving was no problem, and very enjoyable.

Arriving home, with the stereo blasting, and Eric and a friend there, I had such a welling of emotion that I realized that I could not handle it. Fortunately, Eric and his friend left. Then I got a deep insight into myself for my lack of responsibility, and my childish way of wallowing in emotions instead of mastering them and doing what was necessary.

The evening was absolutely gorgeous. I've never seen the sky as beautiful and the clouds as beautiful before. The whole sky was alive with colors...but I never felt it until I started to grow stronger. This has made me stronger in conscious of the beauty of life.

That evening, far above, during the time with friends, I realized I was seeing a different world, one which I never thought existed.

I was able to sleep the whole night. I awoke feeling away the tensions away. Mostly, I had trouble in the middle of the night, but the horrible thing I was doing to myself was not as tight. I have never seen my self-contemplation to come as far as I do in relationships with learning, I got many insights into other people and my relationships.

I got up at 10:00 A.M., completely tired. I would have loved to cancel my Father's Day date at Santa Cruz. But I knew I must master myself. At present time, I need to live more, and to live more. I need to learn more, and to live more deliberately, I took each move at a time. I was not able to find all previous habits were removed, and I cannot do.
and decide each act. I had an awful lot to do, and it seemed hopeless, but I knew I must do each step, no matter what the cost. The pain was insignificant, because it is the decision that counts, and I must learn to override the pain.

Everything got done, and we left the house right on time. Once in the car, everything got easier, and the drive was very beautiful. I had a calm, peaceful, and most enjoyable day, with much learning and insight, albeit a little languid. The drive home along the coast was very beautiful, and I got quite energized, although Carla experienced some illness from over-eating.

The next morning I had a fine talk with Greg, after which I experienced some very unusual anxiety. But I was most clear-headed and creative. I killed the anxiety with a carbo-hydrate lunch, and learned why people often eat as they do.

I felt the experience continue for many days, and feel that it is one of the most profound and deep learning experiences I have had.

I would like very much to try Aleph-4 again, and would particularly like to block out more time for it.
EXPERIENCE WITH-MDMA

Participants: Carla, Eric, Kelly

Date: July 15, 1978

Started 10:05 A.M., Carla and Eric with 100 mg. each, Kelly with 120.

10:20 Beginning to feel; Kelly and Carla have good onset.

11:00 All have developed nicely, everyone is enjoying the experience. Carla begins to have a lot of insight about the way she is treating her body. She sees that she is abusing her body a lot with much alcohol, lack of sleep. Mentions a number of times.

11:35 We all decide to take booster: Carla and Eric: 20 mg.; Kelly: 40 mg.

12:00 Carla and Eric feel lazy, Carla feels non-verbal. I am enjoying the experience very much. The extra amount completely wipes out any trace of tension or interference with complete enjoyment.

12:30 I begin to feel jaw clenching, and starting to come down. Carla & Eric are very much in it. We have had a lot of excellent communication, with the marvelous freedom from defensiveness that seems to be a characteristic of this material.

1:00 Jaw clenching gets quite intense for me, I presume as a result of the larger booster. The others are O.K.

2:40 Carla is aware of her teeth and gums; feels she is coming down. I am over the jaw clenching and feeling fine, as does Eric. Eric has been sleepy, lying with eyes closed, little conversation.

1:40 - 2:20 Eric's friend, come by. We all visited with Eric very pleasantly until one left. She was not a distraction at all.

2:15 Carla is feeling some tension and let-down from the peak. Eric and I are quite peaceful.

5:00 Eric leaves to go over to Evi's. Carla and I have a most pleasant, peaceful evening, feel very close. We feel very good about being able to share the experience with Eric, and feel a marvelous bond among the three of us.
Participants: Carla and Kelly

Date: July 9, 1978

Dosage: 20 mg. each, taken at 9:25 A.M.

We were alone in our back yard, a beautiful day. We begin to feel the effects in about 20 minutes. Carla gets nauseous; I feel it somewhat, with some tension, but otherwise develop nicely. It becomes apparent that we are alone in an experience for the first time in a long time, and will thoroughly confront each other. We have mixed feelings about such a prospect.

In about one hour, most of the uncomfortable feelings have left me, but Carla still feels quite uncomfortable. Everything is quietly getting very beautiful, not dramatically like the MDMA, but quietly like the onset of Aleph-4. We talk a lot about our relationship, and I am able to joke and kid, but it doesn't seem so funny to Carla.

At 1-1/2 hours, I feel well into it. Carla is reading some E.E. Cummings poems, inspired by Arlo the day before. I find them quite beautiful, and suggest we get inside and explore things more closely. We lie together for a while, but Carla feels cold and wants to go back outside. We feel the shade as very cold, and the direct sun as quiet warm. We stay at the edge and move back and forth, and have an excellent visit. I am enjoying nature very much. I find it a quiet, but subtle and free material. Nature is beautiful in an enhanced by quiet way, and my mind is very free to entertain ideas of many different natures; I feel much freer and clearer than with MDMA, for example, although the latter is most enjoyable.

Carla gradually drops her discomfort and begins to accept me more, which I sense is hard for her. We continue to talk quite freely.

Around 2 p.m., we go back to bed and lay there for 2 to 3 hours. We both felt quite tired, and it was very peaceful to lie in bed. I began to feel Carla's closeness very much, and enjoyed immensely our being together. While I did not feel much sensory enhancement, I felt I was aware of the enormous potential this material has in this direction as two persons care for each other.

Carla and I grew in closeness through the rest of the day, and even on through the week. We retired early, as we felt very tired. However, I felt fine the next day and got a lot done without distraction. We felt the let-down from this experience was quite gentle and very pleasant and peaceful, although we felt tired. The feeling of tiredness did not linger afterwards, as it does with me with MDMA, and I was very alert and energetic for the following week. Carla and I achieved a new closeness in that we feel much more empathy flow between us when we are physically close, and have enjoyed each other much more. This experience very appreciably improved our relationship, so we are anxious to try it again, with a larger amount.
C2, CH, C3, CM, CR: began on 004.0.3 at 14:00 AM. The first diary, which was usual, came about 4 hr. after ingestion. Gastro-intestinal discomfort last to the onset of the visual component...to take I mean that there was retinal activity and stationary objects undulated, pulsed, wove about, dissolved & expanded. At some, the I was constant throughout the experience...to the ear. There was a visual component with jumping about or focused attention. Everyone except CN was up to 100% about 4 hrs. after initial dose. With the correction of nausea, the dose increased from about 25% to about 24+. There seemed to be a considerable sensory effect as well as a visual component. I found it to be particularly...to a dazzling experience, to my senses and forebrain. Even with the alleviation there was...to the coloration. There was slight nausea...to the visual component. The next day's activities...to the experience were evident. I experienced a slight increase...to the dose. There was no nausea...to the experience, trending to a feeling of...to the experience was progressive...to the dose. The experience was...to the dose, and produced an upstroke...the dose. On recovery...I had the feeling was...to the particular chemical was sufficient...to my body...without compensation...to...
At **10:45**  **CM, CA**

Point of view: I sat alone at one of the tables, which was not the best choice, as CM was not visible to my line of sight. The music was pleasant and seemed to be coming from a nearby source. The room was dimly lit, which added to the ambiance. I decided to observe the people and their interactions, noting their facial expressions and body language. At **10:50**, I noticed CM sitting at a table, engaged in a conversation with another individual. CM appeared to be in a good mood, smiling and laughing. The conversation seemed to be friendly and relaxed.

At **11:00**, CM stood up to walk, and I followed, taking note of their movements. They seemed to be in a hurry, quickly walking towards the exit. The room was quite crowded, with many people milling about. CM managed to find their way through the crowd, sticking to the walls to avoid any collisions. At **11:10**, CM reached the exit and stepped outside, still engaged in conversation with the person they had been talking to. The outside area was much quieter, allowing for more focused interaction. CM appeared to be enjoying the walk, with a slight smile on their face.
PRIMER STUDIES. (cont. f 267)(indo 317)

++ 9/2/78 MOPR (160, -2 hrs.) LSD 60 10:00 AM = (0.05) AB, DF. Slightly body numb f. MOPR. Quiet development into extreme windows. Intense microwaves in all receptive things. Sea-shells, shell, driftwood, dried seaweed. [5:00] first drop to ++. [Wife] juke, range to airport, (being) forest. [5:10] to + - remarkable offf. The heavy beams, faceless, the "2.77" microws. Very well received, and completely enjoyable: Vanguard make, ++.

++ 11/31/79 MOPR (160, 2 hrs.) LSD 60 00 1 PM = (0.05) AB, CP = 8. Development (0.30) to (1:30) to extraordinary fantasy, formless, orig of man's origins to earth, experiment in tropic environment - very eye-dost conjucted imagery. (entire afternoon. Closest to five. Last of 4 experiments. Somebody broke all time. Overall +++, no critie.


++ 3/7/79 Darmale (300) LSD 60 (AB). (0.30) start (0.45) at ++ - interesting, all in the air, milder than LSD [1:30] 2+ + present high - no breakdown [1:15] between + ++ - unpleasant. (2:45) at noon & the static - ++ - want another. [2:35] almost (not quite) able to get into it with music (4:00) shift at (4:15) first drop (5:00) back to + - and can get things done. ++

++ 3/24/79 50c 60 (40mg) LSD 60 (1:30, 2:30, 3:00) AB, CR, CR = AV 50. (0.15) awake - so som. nice (in deep) (8:00) up to now, mostly pleasure, now want - start new really, nice! (8:00) almost to ++. I would like to get further - relax. (0:55) almost time (1:30) + cells f. AB. = will very write - headache 2:00) absolutely delightful house, alone + (2:30) successfully shows, alone - not for a bit. Careful drive to H. Valley (4:00). At (4:00) largely down - grey (6:00 - 8:00) incredible with it! Glance - poem reading; darin, voice, quieter; non verbal communication. My speech is appropriate to me, but in hearing myself through others' ears - disagree as to content. Considerable knee pain. Dreams home at (5:30) - knee down - lost in H.V. Up store - recent failure of welfare when the laborforce starts are seen - (tired) home safely, good luck! Incredible!

++ 3/7/77 winter (30 - 40) 30 LSD (AB) 30 + 60, CA 25 + 60, A B 30 + 60 (5:30), 9:30 AM = well, LSD at 10:56 (3.35) 0.03 (0.05) shift. (2:00) AB ++, CA ++, AB ++, (3.30) ttll 6:00 AM. 3:00 (3:10) some juke & (4:10) become very volatile - but still not quite to ++

(10:00) dinner - nearly out

++ 3/27/79 MOON + LSD (60mg MOON, 60 mg LSD = (0.01) (3:30) notice (0.30) developing nicely (2:45) to almost ++ (1:00) try to relax ++ - can't quit do it (1:00) unpleasant - call C. 0.05 A handles OK (3:30) children's voices - dropping - grey (old DA) - reinforced hearing - moderate inter. Return calling. Light sheet - concepts of focus - imagery in fearful way - otherwise nicely oriented coming - understanding of bilateral source of imagery.
REPORT OF EXPERIENCE WITH MDMA

Date: September 8, 1978

Participants: Greg, Elizabeth, Tatiana, Holly and Kelly

Background: Greg and Elizabeth were visiting for two days, at the same time that Tatiana arrived for a visit. We spent a very pleasant day visiting, but she was not feeling well. She reported that she was suffering a horridious depression, anxiety, and felt exhausted, completely below the line. Greg noticed her state, and suggested that an MDMA experience would be helpful. All agreed, and Tatiana had been hopeful that she would have an opportunity to repeat the experience, as she had gotten so much from her first one. So the experiment was conducted on the following afternoon, after the practical matters of the arrangements were completed, including the weighing of the doses.

2:20 p.m. All ingest 120 mg. of MDMA except Kelly, who started with 100 mg.

The experience developed nicely for everyone. It was a perfectly beautiful day, the air nice and warm, bright and sunny, with marvelous visibility and the colors of fall showing on the mountains. We walked around the property, and responded to the beauty of the surroundings. After an hour we returned to the house and set outside on the deck. By this time, everyone had blossomed and opened up and were feeling marvelous. Kelly became deeply relaxed, and all of her troubles melted away. Everyone's faces became soft, youthful looking, and took on a transcendental look. The experience seemed particularly rich and deep.

3:50 p.m. All took a supplement of 40 mg., including Kelly which is the largest supplement she had taken. The experience continued to deepen for everyone, and we had a marvelous time being together, sharing each other, and feeling the depth of our experience. We felt a particular blessed group, as we all fit in so well together. We could not get over how effective this agent is in permitting everyone to drop their concerns, complete relax, and feel the deep warmth of their inner being.

5:00 p.m. (approximately) We moved inside to listen to music. I put on the tape of the Grieg Lyric Pieces, which we listened to in its entirety (90 minutes). We were extremely at peace, the music was outstandingly beautiful, and seemed to aid us all in going much deeper within ourselves. We felt the experience to be particularly profound. Tatiana left during the music to visit a neighbor, and came back later. We ate lightly, soup and bread, and yet it seemed completely adequate and satisfying. Then we listened to Tatiana sing as she played the guitar, and it seemed also very appropriate and maintained the group bond.

The afterglow the next day seemed particularly outstanding. Everyone felt it had been a particularly moving experience, and it was difficult to separate. Kelly was totally changed and had risen completely above the line, where she has remained since.
120 mg 9/24/78 (2 Grp 70%) = 12:30 = 6:00) green hemie near chin - my chin, indeed, a+. Grabs a little shiver in arm. - excellent - no nausea. PM (8:00) no ambulatory wholebody - m there before.

120 mg 10/11/78 (+ Braking) loose = 6:00) further down, extremely disturbing for CN. Substitution at (2:30) of 60 mg - out at (6:00) + 70% 50mvnt. unaffected by this.

120 mg 10/21/78 (+ Can) again (0:30) (CA) (0:30) (CS) to 100% (2:15) + 90% (at 3:15) - no hair negative - well received. Not the chamber of "harm".

120 mg 12/15/78 12:30 (10:00) new method, was 80 (1:30) + 3; of (1:30) - out at (2:45).

120 mg 1/7/79 BS 0:00 (0:30) + DB, AB, CA + 90. Precise chronology (1:45) acc 40. Excellent evening experience (on form).

100 mg 4/25/79 2:00 (1:40) DS, BB, CM on duty, weak Rake, further chemotherapy. BB a bit late & modest. CM very intense, and enjoyable all. Intimate talk on bed. Evening a light night, briefly eating. To 3:00. Post home. BB to try again at 110, CM home at 100.

120 mg 9/27/79 7:30 PM (6:00) (110, 07, 100). DS with +, 110, 100 met.

120 mg 5/14/79 7:00 PM (0:00) (0:30, 120, 100 resp.). DS + ATS alert at (0:30) + DS rapidly to ++. ATS gentle, DS (recent post - cancer) without development until (0:30) then complete intoxication (ATS + DS) +40 mg at (1:30). DS not well (2:30). (4:00) DS night was out (1:30) when the level of incantation, once went, & DJ still is. Friendly, maximum conversation commencing. Drive home at (5:00) + to bed 8 + wine (they are in excellent place), DS at +, DJ at ++. Try them next on 2 defer.

200 mg 1/25/79 2:00 PM (1:40) (0:30) PM + (0:30) term + (0:30) term 84. CS (6:30) start.

49 mg 6/27/78 10:00 AM (10:00) (CN, DS both, 100). Common chemotherapeutics, DS (drug name)Benzodiazepam (0:30) + (0:30) + (0:30) then - admit. Must exaggerate - not alcohol-like but "completely different." Some sleep - uncertainties - a sudden increase in physical activity - optical illusion. Rapid descent to (3:00) - back from hike to chamber music.

120 mg 5/1/79 2:00 AP, 130 mg (ATS day last MAM) (0:30) ATS absent, AP short (0:30) to a ++. - no visible signs - internal question answering. + AC of drop + 40 mg at (2:30) strong body reaction (0:30) virtually cut. Moderate: anorexia. Excellent exp drop.

120 mg 7/23/79 4:22 PM (6:00) CN 100 mg (following beer at 1:24 - 3) 0:26 CN start, rapid and intense. ATS (0:30) rapid and somewhat intense. We both keep forgetting what an excellent experience this is. CN extreme asthmatic, ATS rather quiet & patient listening. Noticeable drooping of (B): some anxiety - good check. To see a ++ but no more.
Kava - Kava root (fresh)

9/30/78 About 10 gm fresh root chewed & shot into a beaker (Kyo, Em, S.C., AC, DN two others here) and 6 water decanted into glasses & drunk at ~5:00. There was a modest awareness of change, I at most, for maybe a couple of hours. AC (as this is a subsequent try) quite intoxicated (same amount - although his first try also was marginal.

10/3/78 10 gm (250 gm) chewed up and then ground in numerous ~ lb of saliva - water added, drunk at 2:30 PM (C:22) at 3:15 to 6:35. Definite by enough intoxication to give + gentle recovery. Future not too well defined - Cheeked-like? Remaining 24 oz ground up + saliva and then diluted ~ 2 L + 40. Extracted ~ ethers + orange extract. Bad milky emulsions.
7 mg 10/20/78 in gel capsule 8:30 = (0.10) (0.30) something, by
(1:15) good development to + + (1:30) good of but largely
inhibited (2:30) still + + basically not pleasant place to be in. Quite nauseating
unbearably turned - some feelings of disorientation considerable eye closed
activity - with someone might be considerably more reinforcing (3:00) a
real and exaggerated feeling of the ability and eneasentry. My mind
might have been negative. This is basis for comparing with 4-OH DPT,
but this will have to be repeated. There was some visual lightening of
depth of lights and colors, and considerable eye closed imagery.

So my dried P. cubensis. 2/16/79 12:00 = (0.10) (A1, CA, 400 each). A1. as new = (0.10)
decided to weak + + at 1:00 in time (absolutely) 90(2:00) extremely fast entered. Using
substitution unique chemical - some motor problems. A1. at 4:30 OK. extremely
quickly (some nausea) - she = +++. gradual decline through the rest of the
afternoon.

16 mg P30P 3/24/80 AP = 7:00 PM = (0.10) (15) about (2:30) start to a good ++, AP to
more. few notes. At residual good dreams ~ 2 weeks.
10 mg 10/31/78 9:30 AM: (9:00) 0.25 mg. I feel it in my legs.
(9:10) leg tremors - mild hyperactivity - for ~1/4 hr.
mentally, probably nothing. At 11:45.

15 mg 12/22/78 11:10 AM: (0.05) 0.05 mg. already + + - nice
gentle warmth [0.45]. before > + - some tremors [1.25]. still ++ - rather chilled - body
feels innocent - Slump but good eg. [2.00]. Substantially out - short
intense nausea - basically enjoyable [2.00] out in every way. Pat. again.

+++ (1) 20 mg 1/21/79. (11:10) = (0.45) 0.45 mg. Nice - very nice - some leg tremors
[0.50] already > ++ - weak of voice is incredible - I could not drain - I am
tolated by voluntary action [0.45] that could not get any deeper [0.50] incredible eg. 0.50
[0.55]. tried to put a name to it, yet ++ advanced - 9 g out cld very little - I am
somewhat chilled [1.25]. No nausea, no anxiety - this seems like an extreme effect.
(11:45) Redesigns fancy - no fear but back to mother cuddly imagery - vision
renewed from physical effects [1.30] go for two very significant pieces of word for "hakone" -
All my actions are synchronized, and I am following commands, thus have no free
will - if the command is "to have free will", then I obey - who? Why obey an
undead, inhuman commander? Still+++. Nothing is invented. All of the foregoing
[1.60] back to ++ - this very much in the grade of "lack of self determination". I could
function "relatively" in the lat but following ("where?" descriptors? Is this freely
held? Is this a religious experience? [1.60]). down to ++. The has to have been
a religious awakening. [3.00] still a little zonked - like - but largely down.
(2:30) I am still holding to my notes by these realizations. [3:00] Suddenly together.
brung him away from his anchor at all - fitful sleep next night - in 3rd day still depressed for internal reasons. CN had much visual movement, but some stomach problems at 2:00 - 5:00 and leg tingle persistent to 2:00 and more. P.C. excellent, stay Perhaps too light. All of us were considerably more reflective and inward-turning then in earlier 5-6 of a tree. My interest approached slowly and subtly - i way at 3:00 and still kind of at 12:00

Self-sure sleep - next day much energy, took well, but remin, very cleanly - at the K's house. Less intense than before. Give a ++

++ 11 mg 11/26/74 (9 mg am) 12:20 PM (6:00) Cindy: (1:00) slight awareness (2:00) talking - subtle development (2:30 - 5:00) intense range of interchanges - counterclock looks - seen not exp 3:00

++ 12 mg 10/19/74 7:30 PM (6:00) AP (1:00) aware - again subtle development to (4:00) - seeing normal but light - involved conversation - I to barely over ++ - v. troubled sleep - none 'til (10:00). AP to ++ or ab. less - anxious through (10:00) - lighter reaction than expected.
REPOR OF EXPERIENCE WITH MDMA

Date: August 20, 1978.

Participants: Holly, Tatiana, and Zeke

Start: 9:50 A.M. All participants ingested 100 m.f.

10:10 Everyone is beginning to feel effects.

10:30 All are feeling strongly. Tatiana feels that it hits her very suddenly. We had started in the living room, where there is lots of light and excellent views out of the windows, and a lot of interesting things to look out around the room. But when we stepped outside, it seemed to come on stronger.

We took chairs down to sit under the cottonwood trees, which were most pleasant. A nice breeze caressed us and whispered in the trees. The scenery was magnificent. At first everything seemed too bright, but as we accoredated ourselves to the brilliant sunshine, we began to observe the marvelous detail in the mountains and across the plains. The desert foliage was most interesting, and remarkably different from plants on the Coast. Holly felt heavily intoxicated. She had been extremely tired and tense the night before, with appreciable pains in her neck and shoulders. She felt the experience was a great tranquilizer, and her body felt numb.

11:20 We take supplements, Tatiana and Zeke, 20 mg., Holly, 10 mg. (the balance of our supply). Holly was feeling so heavily intoxicated that at first she thought she would refuse the supplement, but when she learned the distribution of the remaining capsules, she opted for the 10 mg. (I had originally planned to take the 10 and give the girls 20.)

Tatiana sailed for 3 hours with the experience. At the end of three hours (12:50 p.m.) she suddenly came out of the spontaneous experience, and began corticalizing about her work and life situations.

I experienced considerable enhancement of perception, but was not as completely into the experience as I have been with larger amounts. I experienced a great deal of cortical activity, similar to what I am more used to with LSD, which I have never before experienced with this compound. This was partly the result of our not being too talkative, Holly feeling very relaxed and Tatiana and myself enjoying our experience. I keenly felt the absence of our former companions on this journey.

After the supplement, we walked around the property for a couple of hours, feeling very content, relaxed, and enjoying the beauty. At first we felt so relaxed we didn't feel like walking, but once we started it was effortless. It felt very good to walk around and look at things.

2:30 We come back to the living room, all feeling very languid. We sat around and talked for a while, and then Holly and I took naps in which we slept very peacefully. Tatiana read a while, and then took a nap.

Later in the afternoon, we took showers, which was very refreshing, and had a delightful visit with our neighbors, the Zimas. For my birthday, they took us to dinner at their restaurant, where we had a late dinner. Tatiana ordered a steak, which did not sit too well with her, and that evening had an attack of diarrhea, and her stomach still bothered her the next morning. Otherwise, everything was most pleasant. We enjoyed the Zimas very much, and were very content and peaceful. Holly was greatly relaxed and no longer pushed by the compulsion to clean up the house immediately.
REPORT OF EXPERIENCE

Date: October 21, 1978

Subjects: Carla, Elizabeth, Greg, Manola, Sandy, Sasha, Kelly

Ingested: Aleph 4, 7 mg for Carla, Manola, Sandy, 8 mg for Kelly, 10 mg for Sharon, Bob, and Sasha (I am sure of the 7 and 8 amounts, not so sure if 10 is the right amount for the last 3.)

Time: Experiment started at 10:00 A.M.

I personally felt in the best shape for this experiment than in a long time. We drove to the hiking area we have dubbed "Uriah", because it starts up behind the house that Frank built. As we got out of the car and started up the hill, I was feeling quite good. This was some 40 minutes after ingestion. I remembered that with my first Aleph 4 experiment, as soon as I felt any affects, I felt uncomfortable, and the discomfort grew as the affects became stronger, along with the enhanced perception. This time I felt euphoric with the first traces, and was confident that I would head up into a pleasant experience, and reported so to Sasha. As we climbed up the hill, 1 to 1-1/2 hours in, the euphoria grew, assid the beauty of the surroundings.

Around noon, we settled into a little valley with a magnificent view of the surrounding countryside. I was feeling the effects much more strongly, and was beginning to get a trace of discomfort. I was aware of the beauty of our surroundings, and noticed some visual hallucinations when looking at homes on the hills across the valley, in the form of smoke trailing across. I lay back and looked up at the sky, and the sky and clouds were incredibly beautiful. I sensed my pain as my inability to accept such fantastic beauty--it was if it were more than I could bear. I became aware of how my cybernetic system is accustomed to joy, and felt how grand it was to let joy creep into the various corners of my being. I felt Sasha's greatness next to me, and how wonderful it was to have the opportunity for such experiments.

I thought the experience was progressing nicely at this point, but unfortunately the discomfort continued to increase. It felt good to lay back and watch the sky, and close my eyes. With eyes closed, I had some marvelous imagery, which most often took the form of various plastic shapes imbued with color. At times the colors reached intense brilliance of magnificent beauty. Yet nothing seemed to relieve the tension that was building up, and continued to build up throughout the afternoon.

The rest of the afternoon, there were many experiences of great beauty, but I was always pulled into the great pain I was experiencing, and could not get free of it. I regretted asking for an additional mg. of dosage, and felt I had too much, but saw nothing I could do but ride it through. The experience was so intense I felt I could do little to direct it, but just flowed with it. It was hard to get my analytical mind to work. This showed up most strongly when I took a little walk aside with Sasha, and he computed the directions by the position of our shadow. I could in no way make my mind follow the reasoning to establish direction. I simply went blank, and was astounded by my inability to think.

The affects continued well into the evening. Going down the hill, I felt at maximum intoxication, and at some moments had very beautiful experiences. They would lift me out of my pain into intense enjoyment, then I would subside back into
the pain. In my first aleph experience, the late afternoon and evening were glorious, but this time the tension held on right through the rest of the day, the evening, and even through the night. It was not until the next day that I felt relaxed, euphoric, and at peace.

The pain I felt all afternoon and evening was the result of experience the blackest side of my life. It seemed as though everything I had done was totally wrong, and I could only see the black side of everything: my marriage, my move to Lone Pine, my withdrawal from life. I experienced myself as completely empty, just being a parasite on others, constantly taking and contributing very little. Such simple acts as tending the fire and washing the dishes brought temporary relief from such feelings. I felt all my major life decisions were wrong, and yet I could see no way out, as I had boxed myself in by reducing my income, and moved into a simple life style which I had no way to reverse. The thought that my activities at Multi-Media were no longer needed and I must find another source of income was extremely frightening. And the extreme irony was that I was supposed to be a proponent of higher consciousness, and man's limitless abilities, and yet I could find nothing but emptiness in myself. I wanted to crawl back to Lone Pine and die.

During the night I churned and churned over these issues, and came to peace with returning to Lone Pine and becoming a better partner to Carla, if she really wished to return with me. I could see that my dissatisfactions were my unwillingness to face unsatisfactory areas in myself, which I resolved to correct. One of the main elements here was to stop using her unwillingness as an excuse for me not to do things which I know in my heart should be done.

The following day was by and large a day of great peace and warmth. It was marvelous to be with the rest of the group, and I was still quite open to all of the surrounding beauty. Plunging into such activities as giving Jacak a bath with total un-self-consciousness was a great joy. I could see and appreciate the wonderful qualities of all the other group members.

During the next few days, anxiety returned many times, and it took time to totally wear off the tension. However, I began to learn ways to dissipate the pain. This is primarily by instead of allowing myself to be blocked by the pain, to turn it around and see what can be done. There would follow a flow of creative ideas of many alternative actions, which felt very good to see. I learned the importance of once seeing what needed to be done, to move quickly, before lethargy sets in, as the moving and acting releases new energy.

The drive back to Lone Pine was a very beautiful one for both Carla and myself. It was like having another good experience, as we were both wide open. We had much energy, and were not tired from the long drive. We both felt very good to be home again, and we have much new energy and insight.
++ 6 mg (+9) 10/14/78 (CR 6+6, CR 6+6 none, no distress!) 9:00 PM [CR 6+6 effects]

in second inhalation — start was by CR, then for 5 minutes, drop in a few minutes — lingering effect a couple of hours.

++(+) 8 mg (+9+) 10/31/78 (AD, ~4 mg, BB ~6 mg) again — immediate by inhalation of a 20 mg cigarette — immediate gradual decline. BB: intentional hyperventilation — heavy O2 deficiency, well accepted.

= 3 mg (ment, DMSO) 11/2/78 2.50 PM n.e. n.e.

= 1 mg (ment, DMSO) 11/6/78 3:00 PM n.e. n.e.

++ 6 mg 4/10/79 inhalation in Tansy (AP, 6 mg) to + () 10 mg in second inhalation

moderate effect — relief at 10 mg each, to ++, A P. ++, effects noted < 1 min, no sense, duration no more than 10. Some nausea — but also some imagery — feather effect, to echocardiogram. Also vertical vision flickering. Basically enjoyable — no residue.
REPORT OF EXPERIENCE WITH MDMA

Date: November 11, 1978

Participants: Tatiana  Carla  Kelly

Dosage: Carla 100 m.g.; Tatiana and Kelly 120 m.g.

Initial ingestion was at 12:40 p.m. The experience continued smoothly for all. It was a cold and stormy day outside, so except for one brief interlude for Kelly, the participants remained inside all day. For the first two hours, the sun broke through the clouds so it was pleasant in the living room. When the cloud cover became more solid, a fire was started and maintained through the day and evening.

The affects weren't noticed too much at first. I notice only slightly after 1/2 hour; I wonder if I am getting somewhat immune. The mountains, with some fresh snow and cloud cover, are very beautiful. After about 40 minutes, I become aware that I am carrying a great burden. It is not unpleasant, but interferes with the free-flowing intoxication often previously experienced. It gradually subsides as I pay attention to the beauty around me.

2:20 p.m. All take 40 m.g. supplement.

We are all feeling very good, very relaxed. Kelly and Tatiana's faces turn very soft and very beautiful. We have very free, very open discussion. Tatiana is particularly insightful and responsive, seeming to know exactly what we are saying even as we form the words.

I take the dogs outside. It is sharp and clear and cold. I am transported by the beauty, particularly the wonder of the clouds and the sky. I feel the enormity of this research project and its potential meaning to mankind, how marvelous it is to be able to have such an experience, and I feel most grateful to be a participant in such a glorious movement. I am aware of Carla and Greg and how marvelous it all is.

I enjoy the outside beauty and freedom for about 20 minutes, then feel called to rejoin the girls. It is extremely pleasant around the fire, feeling our closeness and enjoying the flames. Carla feels very languid, called inward. Tatiana plays and sings to us; it is most beautiful. I feel much energy, and readily get up to get things others wish -- tomato juice, later soup.

The experience trails off leaving us all very mellow. Tatiana feels tired, and we play a tape, and nap in front of the fire until we decide to retire at 9:00 p.m.

The next morning I feel light and energetic, quite different than I usually feel after using this substance. We all feel good, and have a nice hike in the brilliant clear sunshine, but somewhat nippy air. We are all open to the outside beauty.
WALK: upriver in Purslane. Notice the change.

1. First alert in warm & muted, desire to see, not really seeing objects

2. Hot, sitting, talking, nothing compelling into

What do you want really want to teach

For finding out the capacity of doing

Catalysts in general, or a matter of the mind that otherwise is not accessible.

Making sure aware that these doors are somehow accessible.

"I lacked to find it", what it's

You than what "This is it", found. No

It is dead. He can no longer reach for it. He has fixed himself to a certain condition. (Do we fix ourselves to living things, as catalysts?) You no!

But Yogi - Kondolini - drugs - anything thing all

Similarly (regard to our condition and others).

Try to have the mental ability to adapt to new input and to new inputs and keep your intellectual integrity at the same time.
Concept of living between two blocks in Paris.

Just as nature—New Zealand bagpipe foster intellectual spatial knowledge, but no concept of that reality. I understood it, but it had the mental ability and agility, and its facts, concerning, and devastating mentally.

An analogy: we are comfortably in the airplane to New York, but we are surrounded by dumbbells that suggest immediately higher capabilities and we pretend we understand what we know. But if we were confronted with reality of what was pretend as a display, when the presentation of this symbol, we would be flabbergasted philosophically. (simply getting what is scientifically)

I completely contradicted these realms, of which the fake symbol are real, and we care quite few them and in this way solve that way of problem.

(completely different realm than 1967)

(1967 to former concept of the intellectual age concept)

All sorts of contradictions and symptom storage.
Opening close of the mind, meaning
have the drive for opening and freeing
than the drive for finding. Finding anti-case for
the goal and makes blind.

Byo - Tannam: I thing: to write the power
of New Zealand, to make inquiry about NT, requiring
Authority authority or the necessary thing for
exploration / followed by inquiry, followed by
assimilation, acceptance, bringing into frame
of the mind,

Analogy to our level of 'What is understand'.

Everything is dead. They are real
All things are real. They are real to us
as it all begins reality to it.
Everything, that came out to be an obvious
world-shaking truth, fell apart by a paradox.
We used depth as a verb. To take
depth, the sublime fact, body of trying
to pin down an absolute truth.

Concept of Kant is immortality.
Kantism between the paradox, og life and
death. Everybody who is totally in the ken
And now, is nature, is Homo sapiens dead
(Yeast - transcendence)

- Faced on the wall, yes - everything is different there. We see and don't see. Everybody sees differently.

All of our reality contains all aspects of everything.

For being and hearing, there are archetypes and

manifestations of faces of "Pharaoh's" in

face (e.g. Jehovah). Hearing of Centaur, arganged

Sphinx,

body - image: (Thus) any archetypal significance

but face: what in the face? Directed itself
down to the earth: primal scream

(while which there was no life)

Hearing. The process was of a lack of hearing

In the silence was the word, and the word

was the fool and (or) lack of the word

primal scream.

Creatum of a histogram: nothingness of

historical and future (2) events

filtered in a specific way.

Society = in factness of fate (selection

mechanism). Insanity = damage a basic
Why do we love each other?
Are we the same person? The same face, the same heart? (View into the mirror's glass).
Is it narcissism?
What else is love? (What are the different levels of love?)
Form of self-gratification. The more direct (less rational), the more intense. — And the more concrete fact.
In this truth is buried mankind's history, family, history, all drama and tragedy.

**Self-acceptance** — Love.
Alpha-state is (Σ-state) is a state is the state.

Alpha = beginning of the alpha bet
alpha - bet = (+) - (-) → the whole
dozens and dozens of the opening slides could be made to find the tools for gaining access to the pentium.

choosing of letters names? Hiro. What was his inspiration?
He liked to describe and structure → a structure ... and he liked to write his name once and only Hiro (first)
→ mirror → search for identity

search for why people choose the name what they have:
Picasso, Stravinsky, Branc, Mayer, Sargent, Vincy, Saty ... Sargent - Joshua →

real conviction, these names are residing.
And persons bring for 

A what he 

What is logically 

true in this light, once seen the 
universal horizon—how to put of life with 

same reality again?  one day later.

Opening of endless space—external space, 

the brain, the determining from the critical 

known.

Inclined

The body rests its demands, at all the way

And it is free to be cited in an 
intellectual effort, the body becomes very soft.
Search for identity: D.J.: variations of his name, etc., etc.

Insta.:
1. Synthesizing of chemicals to derive brain potentials.
2. Writing the trivial, painting.
3. Using, organizing, like money, prying his realm.

The stage from real experience by reading, doing, having, fear of being.

Self-contradicted, paradox:
The way to achieve something that cannot be done is to first devote its political claim which in turn achieves public acclaim, which you from doing anything more.
The idea is to have a grid of squares, each representing a day. Each person starts with a certain number of squares and moves around the grid, taking turns to fill in their squares. The goal is to fill in all the squares on their grid before the other person.

For example, if Person A starts with 5 squares, they would fill in 5 squares on their grid, and then switch to Person B, who would fill in their squares. The game continues until one person has filled in all their squares.

Rules:
1. Each person starts with a predetermined number of squares.
2. Players take turns filling in their squares.
3. The first person to fill in all their squares wins.

Example:
- Person A starts with 5 squares.
- Person B starts with 4 squares.

After several turns, Person A has filled in all their squares and wins the game.

Variations:
- Change the number of squares each person starts with.
- Change the grid size.
- Add different rules, such as requiring players to jump over certain squares.
Of this, I have no answer to give. We're just a chemical response to stimuli. 

What is love? A basic emotion, a fundamental reaction to pleasure or pain, 
self-love — love.

Why do we love each other? 
Are we the same person? The same face, the same voice? 
No, not at all. 
What else is love? The love between two different types of beings? 
The love between self and another? The love between the self and nature?

In this truth, we become our history, family, society, culture, and training. 
(self-acceptance) — love.

Self-aware and self-love.

Intelligence may be a tool, but it is not the only one. Being is more important.
aleph -> MAKE -> a MAKE -> THE MAKE

Narthausendi = dynamic piece, chaotic complacency

DENISE

DENISE

BUNNY

Introduction

[Diagram: Dayside, Duskide]

Quick Run

You bring to aleph, what you learn to bring to

clarifying different dimensions of our intense past

What is Miro's message?

"He just likes to draw lines"

MICRO, all his pictures are

veriations of his name (- mirror)

Picasso -> Pic Ass (Pique Ass)

DALI -> DAPA

Dali in ven of hawk

DRIED -> dry -> brain
not more. *All*

Even in the search for knowledge
we are greedy.

I cannot escape my family.
they are content with their unemployment
complete with their inadequacies.

Anti-Meep

acknowledgment of body
displacement of air/ a place in this world
in the skin physically

physical entity - is the element to intellectual unity (Since entity

lost is being vanity?)

vanity!

*Oh* [word unclear] you see what I'm missing
not more. 

even in the teach for knowledge we are greedy.

I cannot escape my family. They are content with their understanding complete with their inadequacies.

Anti-Me FH

I acknowledge my body. Displacement of air, a place in this world, in the thin physically. Physical entity. Intellectual entity. Loss here entirely.
Vanity

is every known full of vanity,
in different degrees of disguise;
vanity because we confine a
specific space in the universe

becoming conscious is evaluating
looking into the internal grain of sand
in the universe

A vanity in common
love is having vanity?
What is the mechanism of attraction?

Because this is not enough, I have my terror restrained
do deny myself (more?)

I cannot be content because I want change.

Vanity

 conclude the outcome of
Vanity!
A bad self-image
is a self-imposed self-image.
you're used to mirror your
body in the most beautiful eyes in
the world.

That's fine.

- with the lawyers
- are not mine.

Looking into
the mirror is not only
seeing what is reflected,
but making you aware of what is
missing. Only by looking into
a mirror you see what is missing.
**RESULT OF EXPERIENCE WITH Neu**

Date: December 25, 1979

Participants: Neva and Orin, Tatiana and Theo, Carla and Zeke

Background: Orin had had previous experiences with earlier psychedelic substances and proven an excellent subject. However, he has not had an experience for several years, since the adverse reaction of Neva. Neva tried the experience once and found it very uncomfortable, suffering rather severe stomach pains for several weeks afterward. This was about 6-7 years ago. Tatiana has been a good subject with "PE" and Theo has been an excellent subject with other substances, and anxious to try this. All were eager to participate in the Christmas Day experiment, after having spent a very close and meaningful Christmas Eve together.

Dosage: Tatiana and Zeke 100 m.g., All others 100 m.g.

10:45 Start.

11:15 Carla feels tingly, Tatiana waking, Neva a little dizzy like diet control pills she has used previously, Orin feels slightly.

11:20 Neva feels dizzy, Orin somewhat, Zeke feels it coming on, a light pull toward nausea.

12:10 Neva has to work hard not to keep from fainting, finds it hard to concentrate. The urge to feel better. Everyone is noticing how everyone else is lighted up, looks bright, alive. The eyes particularly look liquid.

12:15 All take 40 m.g. supplement.

Experience continues; all experience great warmth and closeness. We stay close together. Neva does not feel like going outside. They go out in the bright sunshine briefly, and enjoy the fresh air, but principally all want to stay together. It feels good to be close, and talk freely. Everyone becomes quite relaxed.

The experience tapers off very nicely to a very pleasant afternoon and evening. Neva is aware that she sought the experience. Theo dropped the worries and concerns of the pressures of medical school. We all feel much closer to each other. Tatiana and Carla have enjoyed the experience very much, and the softness and relaxation that come with it. All are grateful for the opportunity to spend Christmas Day in this manner.
Under most vanity, also to that the what is missing, to complete the picture, do we have any other choice?

Dalek –

Antidalek

epidemic of personal acknowledged sense of self-image

Absent

kindred

kindred

no substance

no energy

 teens

death

death

children

lack of light

expression

unlimited – immovable
Usher most vainly,
also to the fee what is missing,
to complete the picture.
Do we have any other choice?

Aplexy —

Antitalex

Epilepsy —
problem of private
echoes known.

Aspargia

Antiparthy

Aspargia's

no substance
no energy
from where — to where

Transformation

A translation of the kind in which capability of transcending transforms in either direction, completely.

How can you transcend if you don't know.

Then transcending becomes translation and you have to be sensitive in all possible aspects.
analysis = destruction

From nothing = escape
to potential "it then" knowing what to deny.

Symbols of the church:

transition in one direction

Whole church concept is one of
transcending grief - happiness
one-dimensional

birth - death

concept of origin - birth
Translation between Mass and Energy Body and Field

That is not Complete Translation = Equation
Epidemic of self-love is to be able to give my own life for everyone else.

self-image
REPORT OF EXPERIMENT WITH MDMA

Date: November 25, 1975

Participants: Xavier and Gilbert, Zeke and Carla

Initial dosage: 100 m.g. for Xavier, Gilbert and Carla 120 m.g. for Zeke

The chemical was ingested at 10:50 A.M.

11:05 Carla reports getting tingly, excited, I feel some euphoria

11:23 I feel intoxicated, much more than in recent experiments

11:25 Xavier feels real strong, Gilbert feels nothing, is worried that it won't work because she takes so many different drugs that she is refractory, and will need a lot more.

11:35 Gilbert finally feels it strongly. She lies down on the floor, is tingly.

Her face is quite drawn; she experiences many conflicts. She doesn't want to discuss in front of Xavier. Carla encourages her to move out to the back patio in the sun, and stays with her. Xavier and I go for a walk out front.

It had been totally overcast and rainy all week, but today was a beautiful, warm sunny day, with fascinating clouds in the sky. Gilbert is very happy to have Carla to talk to, and has much confidence in her, after several days of their visiting together.

I am quite impressed the way Xavier has expanded. I feel him strongly, in a very euphoric way. He looks younger, relaxed, he feels good. We walk through the unusually beautiful neighborhood he lives in -- beautiful homes set well back with lots of separation, beautifully landscaped with many trees and bushes. The area was originally a beautiful pine forest. There are few areas so nice in the country, and this was a particularly beautiful day. Xavier notices the beauty, and comments how he never allows himself to enjoy a day like this, but bogs himself down with work. He feels two very strong wave of drug action, not unpleasant but not pleasant, but overwhelming. They pass, leaving him feeling good after the wave. He notices that his back, which has been bothering him for several months, does not hurt as much, and we walk much further than would ordinarily be comfortable for him.

12:20 Supplement time. We return to the girls. Xavier does not want the supplement, but all else take 40 m.g. Gilbert has become to come out of the deep state of conflict she was in, and notices how young and relaxed Xavier looks, and how bright his eyes are, without their usual glaze. She asks us to leave her with Carla again, and Xavier and I continue our walk. I am having a glorious experience, feeling very good with Xavier, and the weight of any past differences dropped away. I am pleased he is having such an excellent reaction, since he approached the experiment with many reservations.

The experiment trails off nicely, with good feelings all around. Xavier gets hungry and makes himself a sandwich. He wants to watch a football game on TV that he had previously set himself up for. I join the girls for relaxed discussion.

Later in the evening, we go out to eat at a cafetera, having a nice, relaxed evening. Unfortunately, Xavier quickly returns to some of his established routines.
Background. Xavier is my older brother, 3 years older. He is an attorney in Jamaica, N.Y., and has established an affluent lifestyle. He is totally dedicated to his work, and cannot seem to extricate himself from it, although he claims to be trying. Louise has deep-seated emotional problems, and has suffered much from his neglect, especially now that the children are growing up and going off to school. They have three lovely children, amazingly bright and intelligent and except for Paul, the son and youngest, very personable. Both girls are now away at school. Paul is extremely competent both athletically and scholastically and is somewhat withdrawn, but is coming out of it (he's 14).

Gibson has always been interested in our psychedelic studies, and has wanted to participate. There never has been a good opportunity, and I have been reluctant since Xavier is very conservative and very resistant to the whole idea. I was surprised and pleased after our discussions on this trip, when we had more time together than in many years, that he was receptive to the experiment, although he had many reservations. I was consequently quite pleased when he had an enjoyable experience, and was open in many ways to looking at his lifestyle and relationship with Gibson.
- 6 mg 2:45 PM [0.00] 1/22/19. n.e.
- 8 mg 2:45 AM [0.08] 10 mg [1.00] + 10 mg [1/24/18]. n.e.
- 60 mg 11:30 AM [0.00] 40 mg [0.30]. possible tar. absent. [1.05] + 20 mg [1.50]. absent. absent in test (b.p.?). + at most. (2.30) clear if there was even anything.
- 150 mg 12:12 AM [0.00] 2/19/19. 100 mg n.e. [1.00] + 50 mg - [2.00]. ol: sec. dist. n.e.
The experience of hitting a baseball is exhilarating; the joy is much more than just hitting the ball and running the bases. A chance to excel at something that is both physical and strategic is a pure form of enjoyment.
141.73

\[
\begin{array}{c}
\text{C-3} \\
\text{Cl}
\end{array}
\]

Denise: dying

Bunny: dying

- 30 min after intake: 
  - Poor effects: feeling dither, lack of concentration while reading, cold
  - 60 min - 1 hr min: Plateau
  - 300 min: no effect anymore

- Visceral: Light oscillating edge, "breathing objects" - string motion (for Denise), no sounds
- Auditory: Instated sounds stronger, music "darker"
  - No effect on "singing with the music" Kirk 704
  - Stargely isolated, does not affect taste and touch normal

- Tactile: Slight enhanced without giving more pleasure
  - Emotional: Unalarmed
  - Body feeling: Material density, strong waves, however feeling more like a "shrinking potato" than a "shredding sound" (Denise)
  - No singing in music, despite of enhanced thinking, no singing in ask for thinking: no atmosphere, no attacks but if thinking much adheres
  - Awareness of density and but no tolerance

(Both might be: instinct that not bring more satisfaction)
A summary of details

Dave is standing in the living room, experiencing everything in motion. The ceiling, the walls, the windows, guiding many pictures, flowers: he is on a boat in high waves (linearly). At the same time, Ed doesn't see any motions outside, but feels himself being an arrow structure, with his leg the third one to the neighbour's.

Dave: While experiencing his inner movement binarily as outer movement,

Ed is only feeling his inner movement (as well as the feeling of the body, like a caricature could be rolled or packed together.) At the moment when the tree is to see, to imagine with movement as well, he vomited (really).

- Clear start, but somehow limited: the skin is obviously felt and so is the limitation of the spirit. Setting aside for 'improving the most funny ones (completely unexpected ones, but deep to the deep - property, quite different: no free flight but only linked to material: e.g. you see or smell something and strange, prepared a funny thought occurs, confirmation of this- alike

- in the friend part of the platform, extremely relaxed, hilarious mood extremely funny, laughter, afterwards, games: a social fun.
The breaking of logic, experience of paradoxes, an aleph property.

E.g.

Jenny told Denise that she behaves as a teacher in the moment she realizes that while this sentence she is the teacher.

Jenny experiences an intellectual driving force: everything felt has to be understood, evaluated, put into a system. Close interrelation between feeling or thinking.

Jenny in the dark room: "I see so clearly that I do not need light."

Body guarding, holding: first impression: yang + yang, hidden understanding of the symbol.

The inner body can be seen (felt) a light color.

The outer body can not be seen, only the edges touched, and feels identical: dark color.

Some associations: atmosphere: also: field of energy.

1) "Atmosphere shatter" = to make some atmosphere

E.g. in a room fixture than lighting a candle, or

Putting a glass of wine we should be open for letting the flow of energy = atmosphere occur.

2) biological, biological = ale, bios logos.

The bi-replication system is natural, logical.

Mono-logical does not exist.
- To see with the body (2-48)
- To see with the head (normally)
  the head is on top of the body, the head looks
  neglects the body.

In general a most interesting experience.
Some aleph, some perspective, some present,
and different, specific.

Not the transcending, universal truth,
a very party, limited, feeling
the matrix - dying, with some intellectual order effects.

(Prime aleph)

- The experience of writing is curious and interesting:
  the pen is drumming, mountains in the page, and dancing
  and flying and and and

  Schierbann, a dance!
REPORT OF EXPERIENCE WITH MDA

Date: January 25, 1979

Participants: Carla and Zeke

Dosage: Carla 100 m.g., Zeke 120 m.g.

Start: 9:38 A.M.

8:50: I feel slightly. Am more aware of internal processes with the smaller group.

9:00: Carla reports that eyes are out of focus. This has been a common reaction. I wonder if the relaxing effect of the chemical isn’t relaxing her eyes. I ask her to try her glasses. She sees much better with them.

9:05: I feel a stronger wave.

9:07: Carla begins to feel effect—a lightness, about to drift off.

9:15: Carla goes to the bathroom for the 3rd time. Feels cleansed, purged, relaxed.

9:17: I feel a little dizzy. The Jehovah’s Witness representative drives up. Carla handles her nicely and she leaves.

9:40: We are deeply into the experience. Carla feels very introspective, and is quiet. I look outside at the clouds, the beautiful mountains. I find the quiet leads to a far different kind of experience, much more like LSD. I see much imagery and great beauty in the clouds, and experience profound realizations.

10:10: We both take 40 m.g. supplement.

10:20: I go outside, bundled up wall for the cold. It is a clear cold day, with beautiful clouds hanging over the mountains, partly scattered. It is like stepping into a whole new world. Everything lights up, and everything is profoundly beautiful. I feel the very deep love I have for this country.

Back inside, Carla and I have a quiet, relaxed time. She is very soft and beautiful, and reports the same for me. Mostly we spend the time in quiet, listening to music. We have a discussion about teamwork. The afternoon passes surprisingly quickly.

3:00 p.m. We are enjoying the experience enormously, feeling extremely relaxed, euphoric, and renewed. I feel the intoxication is over, and quite normal, yet unusually good and open, and my body very light. We drive to town to mail some letters that must go out in the afternoon mail. The ride is most enjoyable, and the scenery and change of view is marvelous. Back home, a walk with the dogs finds light body extremely light and energetic.

4:30: We watch sunset approaching, listening to Ravel’s Daphne and Chloe. We stand at the dining room French door entranced. The setting sun lights up the clouds over the /siT’s. The cloud formations and the music are simply superb. One huge cloud looks like the spaceship from “Close Encounters...”, with all of the feelings of other, more intelligent life. We are spellbound until the music ends. A perfect ending for a perfect day.
2 mg 3.35 [0.60] 2/14/79 n.e.

5 mg 1.30 [0.06] 2/17/79 n.e. (stuffy at [0.06]?) [0.8] 7:00-10 6/15/79
Millard + [2]

Frank
70 mg 3 Sony PsOH
Only 15 min peak [0.40-0.6]
Decline went 2
8/13/79

1 mg 1.50-1.65 2/24/79 [0.65] violent [0.65] faint [0.65] up to + but
not much there. [1.35] steady at + - a little retinal effect 
2 eyes closed at
[4.0] completely sober. Not as much effect as PsOH at 7 mg.

+++ 12 mg 12.22 [0.38] AS - [0.14] what? [0.17] start [0.2] to + [0.0] fuse to + curious [0.42] to
fuse +++, intense as. [0.18] vivid eyes closed. [1.15] episodic illusion to music, some
daydreaming. [1.35] everyone extinct, rolling [1.43] how can they allow an extinct
piece like Saint-Saëns #2 pianos concertos even without a label?, but alone on TV
radio - at least +++. This [2.00] fully potent again. Perhaps ++. [2103] I must share
this + PG som [3.15] below + - almost out [4.0] out. A rich day for
thoughts - love, DC, child, + rebirth, OHA, delicious fantasy. Overall good ++.
REPORT of EXPERIENCE WITH 2-CD

This report is to record some of the highlights of my first experience with this substance.

I ingested 25 mg on February 9, 1979, in the company of Holly, Greg, and Eluned, Sandy, and Sasha.

The experience developed very nicely and smoothly, and remained an exceptionally smooth experience throughout the day. It was not a particularly intense experience, and it no doubt would have been more so at a little higher dose level, as reported by others. However, it was a very enjoyable experience, and I felt much closeness and warmth with all the others.

Probably the most dramatic effects I noticed at several hours into the experience observing the paintings in the living room. There are two paintings that have a lot of very dark background. The dark areas lighted up and became alive in a way that I had never seen before. I was aware of very subtle differences of shading that illustrated that the painter could very effectively communicate feeling and meaning in the dark areas, if we but see them. I think that from noticing the dark areas of these paintings will mean more to me than the light ones, which are more obvious.

What was most noticeable about this particular substance is the marvelous attenuation. The coming down left a feeling of complete inner satisfaction, peace, and internal strength that was most rewarding. Furthermore, this feeling lasted for several days. For the next three days at work, in spite of being very pressed by many things to do, almost more than could be accomplished in the time remaining, I remained calm, confident, and worked with an easy grace that belied the pressures.

Thursday, on our drive to Los Angeles, Holly and I still felt a great enhancement of our drive that stemmed from this experience. At one point I was so lifted (even more than on the day of the experience!) that I was moved to try to express it in writing.

At the meeting I attended on Friday, I felt that the inner peace and strength that I had gained contributed a great deal to my enjoyment of the meeting and the communication I entered into with various participants.

Zeke
Date: February 19, 1979

Participants: Tatiana, Carla, and Kelly

Dosage: Carla, 100 mg. Tatiana and Kelly, 120 mg.

Background: Tatiana has been run down since Christmas, dropping in and out of the game, with low energy, and with a raspy throat that has affected her throat and prevented her from singing (she is an excellent singer, accompanying herself on the guitar). She asked for an experience, so we set up this day in her apartment in Berkeley.

Start: 11:30 A.M.

11:40: Carla is beginning to feel.

12:00 Kelly and Carla are feeling it more strongly. Tatiana is cold.

12:05 We notice that the three brightly colored Mexican finger paintings on the wall are coming to life very vividly. After looking at the paintings, Tatiana feels strongly hit. I feel woozy. We notice that compared to the finger paintings, the Indian sand paintings next to them appear stiff and mechanical.

12:25 Tatiana and I feel cold and put on more clothing. Carla feels good being cold. It is a cloudy day outside. Tatiana's living room has a dark gold wallpaper. I find it getting very bright and very attractive. I doubt if I will ever see it dull again. I am intensely intoxicated, probably the deepest ever. Everyone's skin has softened. Carla and Tatiana look radiant and beautiful. We all feel glorious.

12:35 The sun has broken through the clouds. We step out on the little balcony, into the sunshine, and observe the plants Tatiana is growing. It is beautiful and alive outside. The clouds are striking. I see intense, brilliant white light in the clouds that is very elevating.

1:00 All take 40 mg. supplement.

1:20 Carla reports that the supplement has hit her stronger than the first amount. This may be because of her initial lower dose. She thinks she may start with more next time. Everything is dancing. She has trouble focusing. She is extremely relaxed. She notices some internal darting.

1:30 We are all extremely relaxed and euphoric. Tatiana sings to us. She plays and sings perfectly. Her voice is angelic, with no trace of the earlier raspiness. This is true in her speech also. Time passes rapidly, unnoticed.

3:00 We go for a walk in the neighborhood. It is beautiful outside, and we deeply appreciate the beautiful shrubbery and trees, and the well-kept homes.

3:40 Back in the penthouse apartment, Tatiana feels too tired to sing more. We put on Don Quixote, by Richard Strauss. The music is beautiful. Everyone feels very relaxed, and Tatiana and Carla feel tired. Carla still reports eye darting. All have experienced some slight jaw clenching, but it passes quickly.

5:30 After eating (I am very hungry, more so than previously), we drive up Pacific Avenue high up on the mountain, with a marvelous view overlooking Concord and the Valley.

We return for a quiet, restful evening. Tatiana is aware how she has been pushing herself and not getting enough rest. We all feel renewed.
10 mg CH  
+ 15 mg CH  
+ 70 mg CH  
+ 25 mg ATS 3/26/81 9:30 a.m.: (0:00) (4:30) +? (11:45) clean, at best +
+ 30 mg ATS 3/26/81 9:22 a.m.: (0:00) (4:45) +? (11:45) clean.
+ 35 mg ATS 5/4/81 9:20 a.m.: (0:00) (3:30) aware, +? - quite well - continue to (1:30) - then little if anything. Very peaceful of body throughout afternoon. CH is ease.
+ 35 mg ATS 5/4/81 10:30 a.m.: (0:00) (1:30) alert, (1:00) to honest + or maybe a bit unsure - thoughts very erotic. Completely functional - no visual but delightful awareness of
+ 50 mg ATS 5/8/81 10:30 a.m.: (0:00) (1:30) alert, (1:00) to honest + or a bit unsure - thoughts very erotic. Completely functional - no visual but delightful awareness of
+ 75 mg ATS 5/10/81 7:40 p.m.: (0:00) A.P. +. Already aware at (0:15) - a bit like LSD in
the past. (2:15) development quite quickly to a ++ by (5:00). Very
comfortable - no visual whatsoever, but extreme tactile sensitivity
erotic, warm close feeling. Some fantasy to music (A.P. > ATS),
pictures do little. Some drop noted at (3:00), both in intensity
(A.P. ++ > ++) and in sensitivity - drop to extremely relax, good
body feeling of ++ by (5:00) and drift into excellent, deep sleep.
A.P. bury dreams. A.M., refreshed, active, without deficit.
EXPERIMENT WITH 2-CD

Date: March 20, 1979

Subjects: Zeke and Holly

Dosage: 25 mg.

8:05 A.M.: Ingestion, on an empty stomach. The previous day had been quite stormy, with snow and rain. This morning it seemed to be clearing, but low-lying clouds moved in, and it was cold outside.

9:25: Holly begins to notice. We have been listening to Willie's piano recording (the local valley pianist), and it is beautiful. I have felt somewhat, and have Holly enjoying the beautiful clouds. I notice I am alittle dizzy when I stand up. Jean turns off the heater.

9:32: Holly is very aware of her body. It is strange, totally different than previous time with the group. Things are coming to life. I feel nauseau, but it passes quickly.

9:38: I am cold, even with the heater back on. Holly

10:03: Holly is uncomfortable. We both feel much more impact from the chemical than previous time. I feel quite intoxicated.

10:30: We go outside. It is chilly, but the sun peaks through the clouds to warm us. It is perfectly beautiful outside. Fortunately, no wind. Everything is crystal clear, the mountains are covered with fresh snow, beautiful clouds hang over the mountain. We notice that spring is bursting out everywhere, with wonderful shades of green everywhere as new plant life appears, and new grass is growing in the meadow. We notice the rocks and plants in great detail. We have a marvelous walk down to the stream, where I show Holly a pool I discovered the day before where we might grow trout. We enjoy watching the stream, and the marvelous outdoors until almost noon.

12:00: It has clouded over, and gotten colder. We notice the tremendous emptiness of our stomachs, and go back to the house to eat. I feel much energy running, but a slight upset to my stomach. We seem to have passed the peak, with the intoxication having passed, but otherwise we are feeling marvelous. Scrambled eggs taste outstanding. We are both famished. All my stomach discomfort disappears after eating. Holly felt a slight stomach discomfort after eating, and after a while it went away.

12:30 - 1:30 We still, listening to the piano music, which seems especially fitting. Iren is very much with us. We both feel a little tired, and enjoy lying down listening to the music. It is most peaceful and euphoric.

1:35 I feel a marvelous afterglow developing. We go for a stroll, and visit our new neighbor who is constructing his house. We wander about the property, enjoying the marvelous glow, which continues the rest of the day. We have a splendidly relaxed afternoon and evening. At night we enjoy quietly reading in front of the fire.
3.9 +

3/17 MDH frame for MDA. (2:32) 100 mg MDH q.m. 4-3/17 [0.28] (0.30) ethyl bromide was then ordered. (0.35) Quiet entry to shower, sits (1.04) oc 1.5 + (0.64) too + a nice shore shingle leak. Though no irregularity - easy to injectate right leg 8 [0.07] slightly over 4 +. Age, 41.

3/18 Handwriting going downhill, prose so so. (1.10) tooth chatter - can play various games.

3/19 Some time drawing, (1.5) sl. over +, easy, mixed symptoms, shakies, lights, late human, atm. (2:00) 2.5 + (2.15) still + (2.40) down to + 4 teeth, indicant out.

3/22 Full + + + pulse 150? Hard to find pulse - over 3 +

3/26 Perhaps 3.5 + (I don't use + + +, reserved for other things)

3/28 3.7 + cannot find pulse - extreme time distortion. Shall I call CNCR?

3/28 Case CNCR-CN is here - shrapnel on hand. At 3.9 + Talk an hour that is a centing - CN devices out. Arrives 10:10 - this [15.5] time is recovering. Indicant 110. The time element is none disturbed (from 5-10x extending on left) but pitch, word rate, proseibility - all at normal times. How can these be separate and still exist at the same time? (2:45)残余 osci - pulse 100 [3.50] time built with OK. Some wine to try sleep. Speech OK, but get into some human discomfort. That doesn't seem a normal symptom to others. Can time that hurt was OK all along. Found C-15 impossible on [5:30] try to eat, had to spit out & wash mouth.

Judas OK. Subsequent try just grass (same batch, wrong) consumed without but neglects time distortion - nothing y value. Incredible! How can two clocks running at different rates always point to the same time?? Visual symptoms of easy, but I was forced to let it take over - I had to stay in verbal contact.

Boring of grass above - 6/21/11. Inversion - ok - than grass + (PE) - extreme loss of short-term memory - AP, quickly then slow recovery - rest - show to heat. - nausea, vomiting - unable to recover or no memory of verbal outbursts - to bed. -

Died 3/17. Coffee to 9:00. (P. Andrews) - 255 - pleasant - I have been alert.

+++ MDC 4/19 160 mg MDC; SO, J3AD (AP E) 10:10 0:00. Able [0.30] (0.30) to + +. (0.4) to + + + - plateam (1.02) at + (1.05) clearly at beautiful +; SO, J3P (new box) (new 9:00). (1.50) to 2.5 + u. nice. - up to +++ major window [2:45] still +++ - into window + - no dark corners - 5:00) throw (2:45) to beautiful + still modest autofluorescence - having been extremely intoxicating - good sleep. AM - still graceful & willow - A beautiful +++ without corners.
++ 6 mg. 3/3/19. (AB 5; CR 4+2; DP 4+2) all symptoms at [1:00]. TP 4+2 DP 4+1; CP 4+1; DG 4+2; AT 4+2. AB 4+2. AB: severe - then abandon! DR intense, exudate rather abundant [10:00] desire to content - excellent experiment. Full ++ for AT [4+2] or so for AB

+++ 8 mg. 3/3/19. (AB 5+2; CR 5+2; DP 4+2) 8:20 am [8:00], to +1/4 at [4:00] - subliminal. 2:16 full ++ - retinal & central hallucinations - continued to [7:30] - several childhood memories (tobacconists, walnut st. bridge) CR intense, effects - sheet 2 amnesia? For ~2 hrs. Relief for amnesia. [11:00] less than ++ - hallucs. 11:00 still ++ - forgetful but satisfying sleep. AR [26 hrs] still some shakiness - aware. Intense amnesia.

+++ 7 mg. 3/4/19. (AB 5; CR 5; AB 5; CR 5+2; CP 4+2; DP 5+2; CR 5; AR 5+2; CR 5) torn [0:00]. Very subtle development to [1:30] in (2) AR very unusually intoxicated - at ++ - but little vision. This will be my last dose. CR intense visual, and again “intension”, totally unable to drive it [12:00] - some shakiness still + at [6:00] - finally largely clear at [8:00] - decided, if again, at some and work up! CR seems now slightly to be + after youth. CR quite clear and I sense all well (CR is hemmed in action). AR light despite 2 mg. supplement [8:7 mg]. Easy talking - more "normal" like. AB 3 mos.
+ 100 mg (1/22/73) 4:00 [0:10] CN, CR = No nausea - alert all [0:00] to ++ at [1:15] - much personal conversation (living room hours) - gradually declining at [2:00] - out careful drive home - 2 glasses wine - good sleep (fast - good taste, but dull)

+ 80 mg (2/12/70) Post EDA (80 + 40 + (-40) g.v.) 40 mg (0:00) alert at [1:30] [1:00] + 40. [2:00] to recall + [3:00] still ngy + mentally. Full anorectic however. Since abrupt.

+ 60 mg (1/22/73) Post mum (mum [1:00] [10] [110] means + = (1:30) +, quite cool, but attenuated from what 60 should do (1:60) same teeth clean (5:00) quite a bit of slang - no mental. Physical force + mental. (+)

+ 100 mg (7/11/68) 7:45 [75] (AP = 3, CN = 3, CR = 70 + 70 12:30 + 22/41 3:00 = (0:00). Already + at [0:50] [1:05] to ++ or wine [2:00] to +++ Beautiful. AP somewhat slows to come on, then abruptly way up there. Everyone receives extremely well. AP CR can't talk. AB - directed fantasy, but early recovery [5:00]. Dey drooping, AP shift ++ [2:00] drive Dake to farm. Complete anorexia. Dratie to [1:00] by impossible, but extraordinary fatible response. Next less sleep. AP, OK - here showed ++ ?

+ 150 mg (5/13/75) Low Pins, AP, CN, CR, DA 120, DB 120, DR 120 8:30 + ++ at 8:00. All done split ½ [0:00] ½ [0:00] AP, shows on, some upset in DB. - very no nausea - easy balanced day, proper chronology - CR headache (moderate eye unrest?) DB, quite (overly) intoxicated - mild teeth cleanse (ATS - less next time?) little affability - not to much lethargy next day: excellent conv. ++

+ 80 mg (9/33/70) Farm 12:30 [0:00] 40 + 40 [0:00] all. ATS, AP, CN, CR, AB, BB, CD, AZ, CT all 0 + alert 0 2 nk 40 started AP. At grateful, sociable ++ by (2:00) in garden (pumpkin) - some talk, much silence (but sociable !?) Comfort 0 eyes relaxed (no fantasy) scattered declines from 0 (5:30) on. Very modest teeth cleanse, two MDA virgin accept very well. Moderate anorexia at [8:00]. DB - nice consuming dreams (sleep slurred) [1:00 - 12:00] - their somewhat fitful excellent right level. Very decessed - no wish for motion. ++

+ 120 mg (10/12/70) Farm 12:30 [0:00] AP, DI, E, DJ 80 mg, all split down ½ [0:00] ½ [0:30] alert 0 [0:40] [115] quietly but rapidly up. [1:30] DI 400 + ++ ++ - rest + ½ - extremely sedated drop off [4:00 - 5:00] but unclear. DI = Eskimo retail of 7 year old school casing calipers - legs caught - survivor quiet (authentic) - all but DJ extreme anorexia - some teeth cleanse. Very well received. Bright colors outside. Largely down [9:00] - some food, wine - fair sleep. AP, no residue +/
Date: April 19, 1979

Participants: Tatiana and Theo, Holly and Kelly

Dosage: All take 120 m.g.

4:12 p.m. Start

4:25 I feel some exhilaration as does Holly. Holly "getting a buzz on."

4:54 after initial rush, it has been quiet. I notice the effect much more when I stand up.

4:56 I am getting intoxicated, as is Holly. Holly notices heightening of perception, and everything getting very colorful. Everyone is beginning to feel deeply, everyone looks young and soft, and everyone feels very warm and close feelings for each other, which are expressed. Tatiana and Theo feel particular close, and are enmeshed with each other. We walk outside, where it is particularly alive and beautiful. We are all feeling wonderful. Holly comments that 120 m.g. is much better than 100 m.g., which has been her starting dose up to now. I notice a great beauty in the Arizona cypress which had never particularly struck me before.

5:40 We all take 40 m.g. supplement. Theo asks for music, and we play Willie's records, which seem particularly appropriate for this experience. We share much love and heightened feeling. Everyone feels so alive and relaxed and how wonderful it is to share this experience together.

7:04 Tatiana remarks that the experience was a long time coming on for her, although she was relaxed and tranquil. With the supplement she kept getting higher and higher. We speculate that this might have been because she was so tired and got so little sleep for a couple of days, after being very busy in Mexico and coming right up here with no time to rest. She has noticed for the last 10 minutes a strobe-light effect. Is this the same as eye-darting?

8:30 We spend more time outside enjoying the marvelous beauty of the moonlight.

9:47 After a rest relaxed and enjoyable evening, we finally get around to eating. Everything tastes wonderful.

400 mg (5/16/79) A.P. 400 mg 2, 36 = [0:25] - body unemergent at 5:15 AP hallucinations. [2:30] A.P. several deep dark places - much warn in motion. May have @ (4:15) but continuing effect, to 14 (10:50) - rather good appetite - nurse at ++ but AP nearly ++.

+++ 2 button, 13 g. Quinex: 65 g (35 buttons, old) ground to powder = 56 g solid, 3.5 g taf [5]. Serve in total at 450 mg via 30 mg AB, 30 mg Ap, 10:30 AM = [0:00] 6/19. Malaise [1:30 to 1:40] - effect 1 0:43 + 3:00 + 8:00 flatness to ++ AP Some imaging - no mobility movement, little color AP - shown but deeper - nausea at 1/0:45) - line showed - friendly inox + no dark corners + 12 drops per 5:30 and voluntary to 4:12

my overall ++ or a shade under; AP t. 5. Resuming 3/5 july. Note - original taste almost unnoticeable ugh. Retasting at (6:00) - slightly not and the aftertaste completely friendly.++

+++ Focusing Experiment 6/10/79. AB, AC, CA, NH, CR 10:25 50 mg methamphetamine (Early drug signs; spike + cr, sat, crowded sense - 12:07 + (2:05) 210 mg each, little or no nausea. AB, Cr light, CA medium, AB soner, CN ++++ CJ [1:35]. AB, CM + 100, CA, CR, + 40 (at 2:07) CN as is. Intense experience (2:00 to 4:20) AB unemergent - near religios, Ab. visions of infinity. DT entry to crit, DR entry ?, DS entry to nursing, minor breasts; CR faded to age 14. Gentle descent (4:00) to 6:00) easy talk, candid self.

+++ Focusing Experiment 7/1/79. 11:45 @ (6:45) A. (1:15) AT, AP. 30 mg methamphetamine

• Little effect AP, AB. a warm emubalated grain at 5:10), each 25 mg moderately.


6:10) - quite dehydrated + 1 st urination mg day - 1 st food. Still + at (10:00). A.P. at or above +++, but maybe less mg nearer, surrounding.

ATs at +++. Good sleep, AB, completely clear - some chimera a.

+++ 400 mg 8/1/79 (AB, CN, CR, CA, DU, 350, CO 300, AP 400, DU 500. 12:25 = (0:00) form.

(1:00) body awareness of nausea period past, no nausea whatsoever. The subject was utterly clear [1:30] BB in quinty - some concern - mandate writing in AB, CO - color in BDW design (AB purple, ATs, multicolored) at DU @x adventure in BD, room (3:00) image of mg - no satisfactory front bench. (4:00) 2nd down? I have been
REPORT OF EXPERIMENT WITH MDMA

from Kelly

This is a summary of my experience after ingesting 100 μg. of MDMA on April 20, 1979, in the company of Carla, Marcia, and Sandy, Elizabeth, and Greg, and Barry and Sasha.

The intoxication came on fairly rapidly. In about 30 minutes, I was intensely intoxicated, and more deeply than with MDMA. It was a glorious feeling, and all the other members of the group looked superb. Everyone shown with a marvelous glow, particularly Sasha. Carla looked particularly beautiful as I observed her during the day.

The presence of all members of the group was quite warm, and beauty everywhere was enhanced. The house seemed very special, and a perfect setting for the experiment. Everything in the house seemed to have been very tastefully selected, and fit in beautifully. Marcia and Sandy's personality and goodness were reflected in their choice of ornaments and decorations.

Outside the sunshine was marvelous, and all was lush with the beauty of growing things. The view of the bay was inspiring, the sky and clouds were beautiful and peaceful.

With eyes closed, it felt marvelous, and it was quite appealing to pursue inner experience. However, because I had seen so little of the others in past weeks, I preferred not to withdraw, but to stay in contact.

I did notice an internal dryness which was characteristic of MDMA. I had a similar difficulty in urinating, but not as intense as with MDMA.

About mid-afternoon, when I walked barefoot on concrete, I was amazed to feel the concrete as soft and textured. I had never before experienced such liveness through my feet. This has stayed with me to a good extent.

Our walk around the block with Marcia and Sandy was a marvelous experience. Everything was so rich and beautiful, and conversation so pleasant and easy, although drinking in the beauty limited conversation.

The experience held on through the evening. By dark, there was a little tension developing similar to the after-effect of amphetamine. It would have been welcome to be on the floor and listen to music and relax, but again I did not want to give up the contact with the others.

I drove home, and the early part of the drive was beautiful, and flowed effortlessly. However, by the time we got back, I was beginning to feel tired, and welcomed the opportunity to go to bed. Sleep was numb and dreamless.

The next morning, I felt extremely detached and tired, like a zombie, very much like the morning after my first Aleph-4 experience. I was extremely content and relaxed, nothing bothered me, but activity was an effort. I did yard work, having to rest frequently, but enjoying it immensely. That night at a party I had a wonderful time, and felt very free. However, for the next 3 days at work, I felt washed out, and had a hard time concentrating on my work. I would have loved to flake out in the sun. By Thursday, TV energy returned, and I felt better than ever — peaceful, calm, detached, strong. This has continued to the present. Our drive back to Berkeley was beautiful.
20 mg 5/15/79 (A.P. c. 20 mg) 11:00 a.m. (0.00) P.P. rapid and B.P. (0.36) discolored to 20 (1.36) - quite use less but little visual. Intense body tremors and into rhythmic blinking coherence at time (3.00). Probably a peak (14) coherence, largely down at (3.00) following short sleep. OR visual and uncomfortable increase. AM tired - sleep dependent but impressive ATB - to just over one. This 2 deep following C.B. 7.8

+++ 20 mg 7/19/79 (A.P. c. 20 mg) 6:37 P.M. (0.00) Little alert - onset subtle (0.10) more limey - quite ectopic (1.50) eyes closed. Funny (3.00) quite dehydrated - overall from +. (aching, moving) to ++ (eyes closed). In low light objects move, move, move, and recognize hallucinations (4.00) some drooling - reach 4.3. (3.30) vominous feeling - physically tired - easy sleep. AM no random - impressive, v. good.

+++ 50 mg (3/3/79) 9/1/79 6:48 P.M. (0.00) Severe disorientation from LSD 24 hrs. earlier - 30 mg → 0.73 alert (0.00) start but flattened out at + 10g (1.20) - seclusion of body and mind unconfirmed. Abs. no ext. [1.35] burst & 20 mg AT 10 mg A.P. (later at 1.36) little added effect. AP is ambivalent (sedation?) to music; both sleepy + - lesson learned from above weeks (2CE, M31, LSD within a change). [3.00] cut to Bath. Farms, index, but still PE ++. Sleep good - wash out experiment. + LSD → bench research

+++ 25 mg (7/19/79 7/18/79, 12.03 with - just okay (3.30) straight - mulch gq, + to ++ - food - few waves + A.P (g) start, 5:30 P.M. (5.00) remaining - sleep late.

+++ 25 mg (7/21/79 - just okay. + 12:20 a.m. (0.10) [0.40] (1.40) > aware - [3.50] deep f ++ 2 hrs sleep. AM - drained OK

+++ 25 mg (9/7/79) A.P. 25 mg 8:28 P.M. (0.00) - alert (3.00) - strange animal display - no 1ST - duration 2 mins strange ++ - comfortable sleep at (8.00) - no too somnolent ++

+++ 25 mg (9/9/79) 5:00 P.M. (0.00) white wine celebration [0.30 to 1.10] to ++ a.m. more. C virus a buzz LSD-like - normal vision, but +4 intensity at max. Relaxation. excellent ++

+++ 25 mg (10/1/79) (CN, CR) 20:16 B.S. 5:05 P.M. (0.00) They regained, I slow. This 72 hrs. paste 30s. Considerable edge within, colored,6 bacteria & lights, under color enhancement (2:00) full [4:30] drooling, fair afflatus, urine forms (5:00) some difficulty.

+++ 25 mg (11/2/79) 11:00 A.M. (0.00) AB 19; CN 17; CR 10. Colorblind illusions. V. subtle overall. Resident cold - to move (+++) at fine-engine probe - much edge within with - irritation of indescribable feelings, portrait of alien (colors! wrong! ) 3:00 gradual drop. Good attst. ++ at 4:00) light not urine at CN CR's. Extremely pleasant AB 3:00 +. P.S. Many of central LSD @ 24 hrs. no blinding, all stole off at once.
"Yes, she's here, but in an altered state of awareness."
I guess we should have tried it on the rats first.
“I hear you’ve become something of a scientific wizard.”
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